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BEFORE

AFTER

CANCER HAIR LOSS

Often it is the unknown that is overwhelming, however it is our goal to help educate patients on hair loss and support them through their journey of renewed health. Along with their hair, it is seeing the expressions and light in their face return that we find most rewarding.



BEFORE

AFTER

FEMALE HAIR LOSS

Never give up on your hair – have hope and keep trying. That’s our motto as we unveiled a new stem cell treatment using the latest technology. This technique will rejuvenate follicles & stimulate hair growth naturally.

Featured in 2017 in:



MALE HAIR LOSS – JOHNJAY VAN ES

Johnjay Van Es, Radio DJ & social media guru, uses his platform to share his hair loss journey with followers. Johnjay has been struggling with hair loss for years, has tried an array of hair loss treatments, and openly discusses his success with National Hair Loss.



BEFORE

AFTER

FEMALE HAIR LOSS – LETITIA FRYE

Letitia’s career as an auctioneer keeps her in the spotlight and feeling confident in her appearance is important. She struggled with hair loss because of unforeseen event and found hope in National Hair Loss, their team, and their treatments.



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MonaLisa Touch News Update:

The MonaLisa Touch has now been FDA approved in the U.S. for over 3 years and at Arizona Women's Care more than 1300 procedures have brought amazing results to women across the Southwest region. This amazing NON HORMONAL treatment for vaginal dryness, painful intercourse, frequent bladder or vaginal infections and other symptoms that result from a lack of estrogen has revolutionized our success in treating these disheartening issues.

In a recent Stanford University study, reductions in dryness and painful intercourse were especially marked, dropping an average of 75% and 66% respectively. As Lindsay (age 56) states, "I was skeptical, but I needed to try something. After the 3 treatments, intercourse was so much better I could not believe it. I actually asked my husband if we could do it again, and he was shocked! It has made such a difference in our relationship."

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to regenerate collagen and rid the vaginal mucosa of the dry atrophic cells. Three simple treatments in the office 6 weeks apart have shown incredible improvements in vaginal atrophy. These treatments take about 5 minutes and are virtually pain-free, no anesthesia is needed.

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One last testimonial from Rhonda (age 61) sums up why we do what we do, "Thank you Arizona Women's Care for offering me the MonaLisa Touch! It is an amazing treatment. I am 100% back to feeling like I did 20 years ago!"

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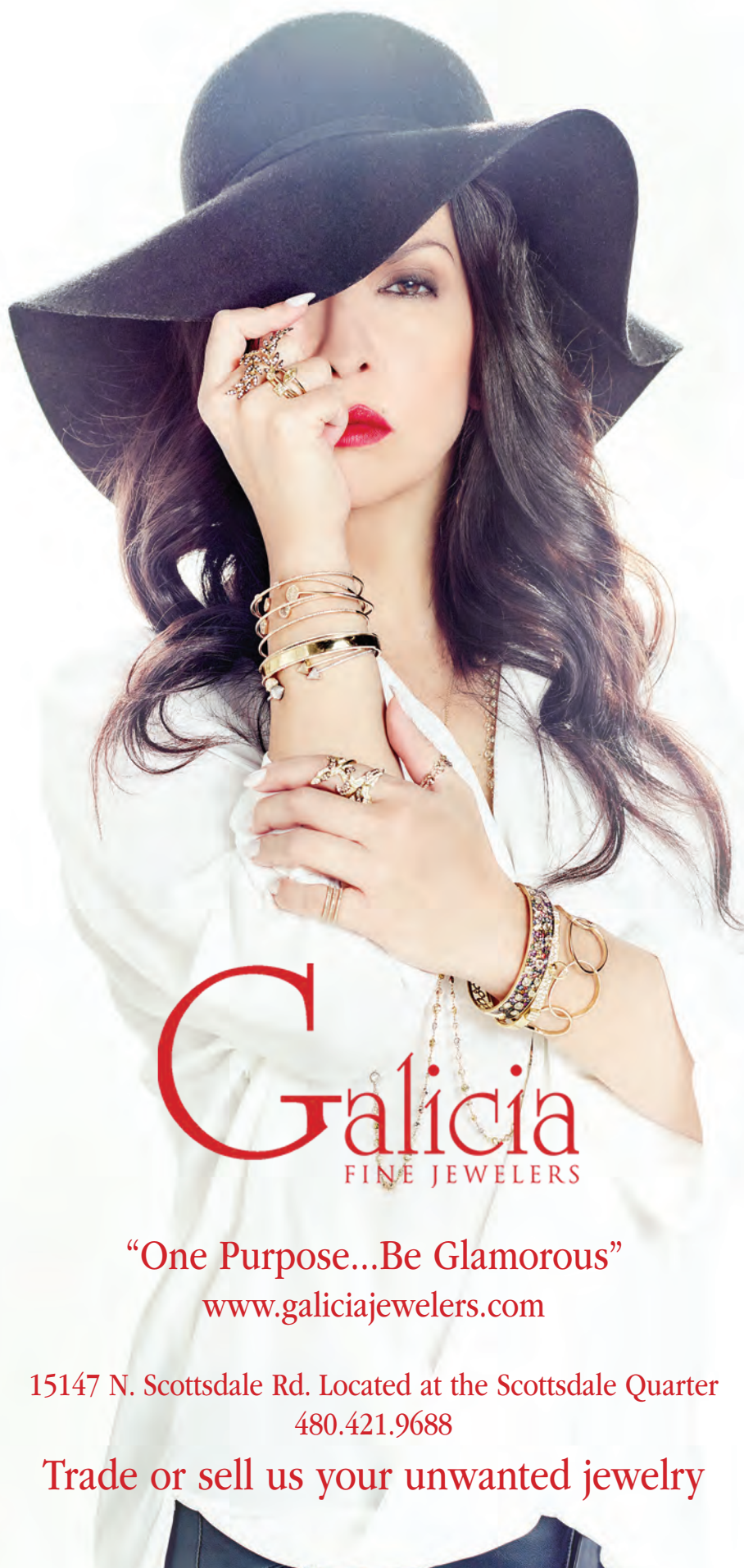
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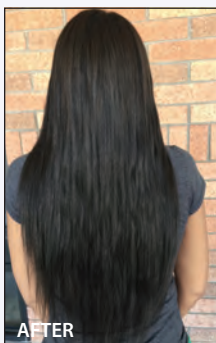
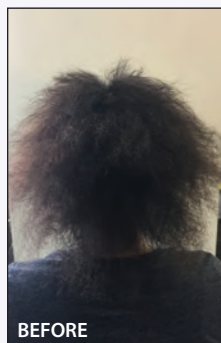
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Parisian Perfection

A one-on-one interview with renowned French stylist Jo, owner of Jo Paris Salon

Jo Paris Salon features the lavish, luxurious surroundings you would expect in any upscale locale, but there's a crucial difference within the welcoming atmosphere, suffused with a familial warmth that puts you instantly at ease. And the differences don't end there; in every facet of the experience is the evidence of a deeply connected team, each member striving to provide premium-quality services and unforgettably gracious treatment.

The salon is the kind of place its owner and namesake, Jo, had always dreamed of opening. With an innate sense of beauty and talent, he began his career in Paris mentored by France's most celebrated stylists. After moving to Cannes, Jo quickly gained an illustrious reputation as the premier stylist of the Cannes Film Festival, where he spent a decade styling celebrity clientele. But it was another move, this time to Arizona, that led him to open Jo Paris Salon – and the Valley has never looked better.

We sat down with Jo to find out a few things about his salon, his stylists, and which products he can't live without.

Q: Your salon has quite a sizeable staff. How do you choose your stylists?

A: I make sure that we don't have a revolving door of stylists. We try to make sure we hire stylists with years of experience who add something to the team. Everyone has a specialty, and we try to showcase that strength – we are one of the few salons that can accommodate just about any client with any kind of hair.

Q: So you have specialists for every need? Amazing! What services do you offer?

A: We offer almost anything. Color, cuts, extension, ombre, balayage, perms, relaxer, keratin treatments, updos and Olaplex. We offer services to men, women, and children. We also have an amazing aesthetician and offer Microblading.

Q: With such a variety of services, you must use a lot of products. Are there certain lines you swear by?

A: We use four different styling lines. The most prestigious line we offer, and we are incredibly proud to have, is Oribe – they're the best products I have ever used. They are specially formulated for every hair type and super-concentrated. I'm not sure I have ever used an Oribe product on my client and they aren't absolutely in love with their hair. The smell alone keeps people coming back, but it really does what it says it will do. For curly hair, we are also a Ouidad salon. Our color



line, Goldwell, is the only one that actually has hair preserving protein in the color itself. It's easy to work with, true to tone color that lasts much longer than most. It's also one of the few color lines that we found to be friendly for people with sensitive skin or color allergies. We also happen to have our own in-salon Goldwell educator as part of our staff, so the education we get for color trends makes us experts in the line.

Q: Do Jo Paris Salon stylists participate in any other continuing education?

A: Yes. You never stop learning, and we try to expand our knowledge. The staff is constantly choosing to learn new things and stay ahead of the trends. They love what they do, and it shows!

Q: Your friendly, hospitable service makes everyone feel comfortable. Why is that important to you?

A: Everyone deserves to be pampered. We do have some very prominent clients, but we also have everyday regular people. I wanted to make a place where someone could come in as they are, have a cup of coffee and maybe make a friend while doing it. Our guests can expect that every experience they have with us will be a great one, from their very first visit.

Jo Paris Salon & Spa is located at 14202 N. Scottsdale Rd. and at (480) 663-8994 or visit their website at www.joparissalon.com

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January ushers in a season for all things new. For many people, that means a fresh start on goals that have lain dormant and the promise of a new beginning.

For us, it's reason enough to localize our bucket list to include places that are making their debut in 2018 – plus those that arrived late last year. We've rounded up 65 of the latest places to shop, dine, play and stay in our feature on page 98.

Beyond those, there are still plenty of exciting experiences just waiting to be had. Book a room at one of Arizona's most historic inns (page 126), have some laughs (page 94), explore hundreds of artists at

work (page 88), and warm up at the hottest coffee haunts (page 92).

On a health kick? Check out some fun workout wear (page 110) and get the scoop on 15 good-for-you dishes (page 132).

And be sure to make your plans for two of the biggest events of the year: the Waste Management Phoenix Open and the Barrett-Jackson Scottsdale Auction. In fact, our cover highlights the heart behind Barrett-Jackson, an organization that is so much more than the cool cars that cross the docket.

At its core, it's all about philanthropy – to date, Barrett-Jackson has raised more than \$96 million for charity. This charitable giving is in huge part thanks to Carolyn Jackson, the organization's vice president of brand strategy, the wife of Barrett-Jackson chairman and CEO Craig Jackson, and the chairman of the 2018 Phoenix Heart Ball. Get to know Jackson and why giving back is so important to her on page 44.

This month, my hope is that we help you kick off the next 365 days with some fun and sense of discovery about what's right in your own backyard.

Here's to the year ahead and all that it may bring to you.

**Happy New Year,
Chelsea Young
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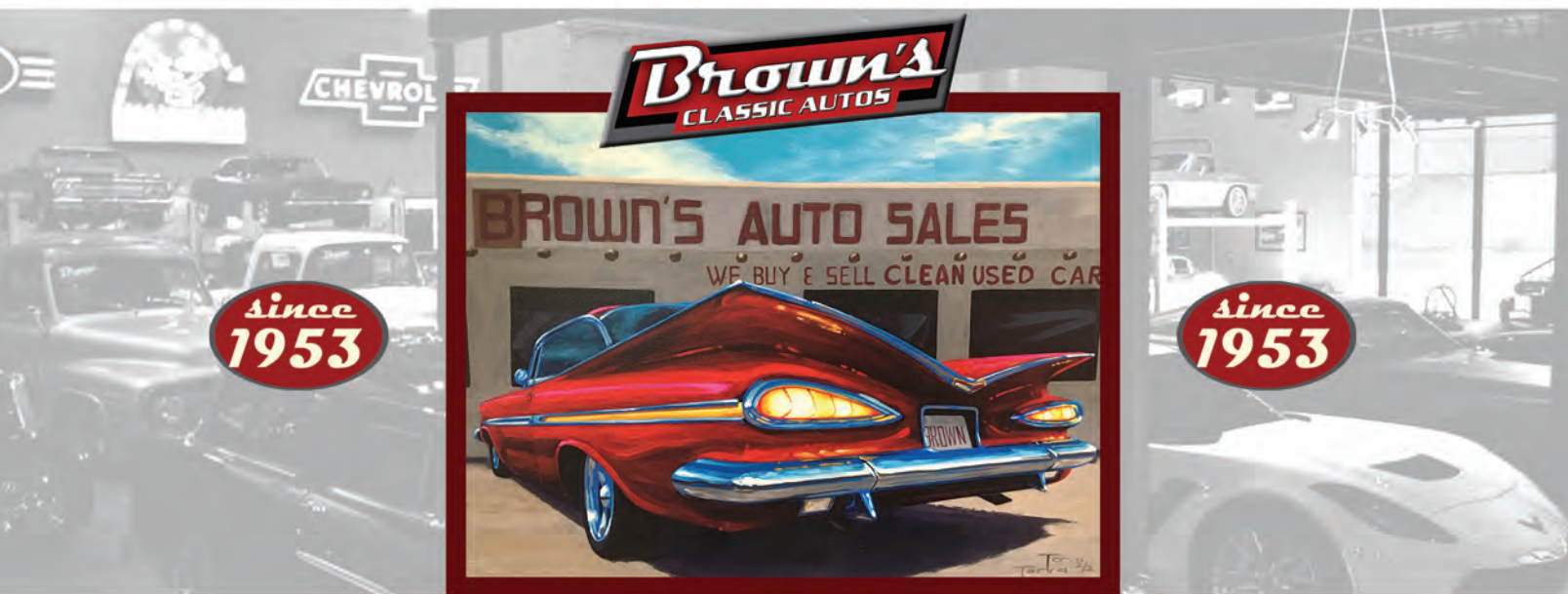
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UP CLOSE / BEAT / HIS STYLE / HER STYLE / NOTICED



BY EMILY GLYNN / PHOTOS BY CLAUDIA JOHNSTONE

RIDING TANDEM

Jon and Molly Krick open Pedego Electric Bikes in North Scottsdale with family, fun and fitness in mind

If anyone could shatter the stale cliché that opposites attract, it's Jon and Molly Krick. The native Midwesterners, who are currently working to heighten family values through an increased prevalence of casual biking in their North Scottsdale community, fit one another like a well-worn Titleist golf glove.

At their separate alma maters, Jon and Molly reveled in the discipline and structure afforded by collegiate golf (Molly split her time between the fairway and the basketball court at University of Wisconsin-Stout). Whereas Molly didn't harbor aspirations of turning pro, Jon's remarkable performance at University of Illinois

paved the way for a professional golf career.

"I had always grown up around golf," Jon says. "Since I was a kid, I was playing with my dad and my dad's friends. It's not only a passion – it's who I am."

His game, paired with a longing to escape the brutal Midwestern winters, eventually led him to Arizona. Molly, tired of shoveling snow in May, had the same idea. Soon after their respective arrivals, the two were introduced by a mutual friend who recognized their shared love for golf and the outdoors. The rest, they say, is history. Jon's professional career continued to unfold as he and Molly established a life together in Scottsdale. Unfortunately, the wear and tear of grueling practices and regular tournaments began taking their toll, and in January 2016, he tore the ulnar collateral ligament in his left hand.

High Gear

After a gritty year, Jon was forced to make one of the most difficult decisions of his life: keep fighting and risk further injury, or walk away from his professional career. With Molly's support, he chose the latter, opting for elective surgery that required a three-month recovery period.

"To me, it didn't matter what he did," says Molly of Jon's decision to leave the sport. "I just wanted him to be happy, and if he wanted to keep trying, that's what we would have done."

The procedure left Jon with a cast and a pin in his thumb, both of which needed to stay completely dry in order to heal properly. In other words, no sweat-inducing physical activity. Being relegated to the couch didn't sit well with Jon or Molly, and the couple soon found themselves killing time in La Quinta, California, counting the days until they could resume their thrice-weekly gym sessions and cherished hikes. It was during this little escape that they discovered Pedego Electric Bikes. It was love at first ride.

"We liked taking our bikes to happy hour and local restaurants, but it was always frustrating because, even though we're young, it wasn't enjoyable to feel like you're going to workout and then go and have cocktails," Jon says. "So, we got these [Pedego bikes], and we thought they would be great for this community."

More so, the bikes were a welcome distraction for Jon who, after weeks of being sedentary, was finally able to get moving without disobeying the doctor's orders. With state-of-the-art motors and a pedal-or-not option (ideal for those with injuries or for assisting with rigorous trails), the bikes served as the perfect way to reintegrate Jon into the active lifestyle he and Molly were forced to put on hold during his rehab.

"I got on this bike when I literally couldn't do anything," Jon says. "At the time, I couldn't even go on walks because of the heat. It was mentally freeing to finally get outside and feel the wind in my hair."

Despite having limited entrepreneurial experience, the couple wasted no time laying the framework for their own electric bike shop, and, in October 2017, they proudly opened Pedego McDowell Mountain. The store, situated near luxury resorts, golf courses, paved paths, and trails close to DC Ranch and



McDowell Mountain Ranch, features 12 different electric bike styles, as well as electric skateboards, traditional pedal bikes, and a full accessory shop.

"Jon really built everything from scratch. He's put so much effort into the smallest details and aspects I didn't even think of," says Molly, who works full-time as a sales representative for Maui Jim Sunglasses. Apart from occasional merchandising, she credits her husband and his willingness to log 12-hour days for the store's early success.

Cruise Control

With their business firmly established, the Kricks have been busy with a new project: welcoming a healthy baby girl. The shelves of their Pedego shop have been inundated with infant- and toddler-friendly accessories in preparation for Molly's February due date, which they hope will be the first of several. Golf has taken a logical backseat in recent months but Jon, who continues to play recreationally, will always keep the sport close to heart.

"It's still difficult today," he says, reflecting on the decision to leave his pro career behind. "I love everything about the game but right now, I'm focused on the store and being the best father I can be."

Perhaps his injury was a blessing in disguise. Though painful, literally and figuratively, it has served as an opportunity to discover and advocate a brand that facilitates the things he and Molly value most: family, friends, fitness and fun.

Pedego Electric Bikes range from \$2,200 to \$4,000 each. Learn more about Pedego McDowell Mountain and its repertoire of riding gear at www.pedegoelectricbikes.com.

Who Did Your Hair?

SCOTTSDALE'S HAIR COLOR GURU, ROD GENTRY, IS THE GO-TO EXPERT FOR COLORING YOUR TRESSES

HAIR COLOR IS TRICKY.

Ensuring the perfect shade, finishing the process with hair that is still healthy, creating the perfect look—there are not many who can do it all or who are known as the go-to expert in color.

But now Scottsdale has a color guru. Rod Gentry, one of the industry's color experts, has relocated from Chicago—where he spent 24 years working in the field—to Scottsdale.

His clients know four main things about Rod: They'll receive undivided, personalized attention at their appointment (no double booking!); he'll use only the top and best products to ensure their hair stays healthy; his wealth of knowledge and expertise will allow them to achieve the look they want; and that the color will be perfect, every time.

Rod approaches hair color differently than others, first working with a client to determine the look they want, and then taking into account the client's complexion and lifestyle to make sure that the end result will be something that is both flattering and workable.

One of his main focuses is always on the health of the hair, and so he uses only high-end, enzyme-based developers (rather than peroxide-based ones) so that hair is left in a better condition, and extremely shiny. He also always finishes a color process with a conditioning treatment as part of the color service.

"You can have long hair and great color, but if it's damaged, it won't look as good," he explains.

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He relentlessly pursues education to stay at the top of his field, traveling worldwide to learn about the newest innovative techniques, products and knowledge, training in such places as London and New York.

"I really think that education is the key to success," he explains.

Rod's services include single process color, highlights, color gloss, color paneling, ombre, extended conditioning, color correction, color removal and more, as well as cutting-edge haircuts.

"I guarantee my work. Period," he says.



Rodney Gentry can be contacted on 480-639-2000, or at www.rodneygentry.com. Visit him at 10201 N. Scottsdale Road, Suite 28, Scottsdale AZ 85258.

SENSIBLE SENSEI

Damion Lupo loses a fortune, wins a life

BY ALISON BAILIN BATZ / PHOTO BY CLAUDIA JOHNSTONE



Damion Lupo is equal parts success story and cautionary tale.

He started his first business at 11 years old. By 20, he launched a makeshift bookstore in his dorm, which – while a success – got him kicked out of school. In total, he attended four colleges, kicking himself out of the other three.

“I went to school because I was supposed to,” says Lupo, who physically ran from his final attempt after disagreeing with an entire class about the economy.

Once he focused on building businesses versus cramming in coursework, Lupo amassed a \$20 million net worth before age 30, primarily via real estate.

“But it was never enough,” Lupo says. “Never enough money, cars, houses, anything.”

Lupo’s life came to an abrupt halt during the real estate crash. Destroyed overnight, Lupo’s anxiety over losing everything in a matter of weeks landed him at Mayo Clinic.

“Stress really can kill. I thought I was dying, when it was actually all just stress wreaking havoc on everything,” says Lupo, who delved into yoga and martial arts to help lift him out of the darkness.

Lupo became a fifth-degree black belt in Aikido and a sensei, or teacher, of the discipline before founding Yokido (www.yokido.org), a fusion of yoga and Aikido, in 2013.

“It’s the practice of lethal kindness. Breath and presence – two of the keys to life – are required,” Lupo says. “In a way, developing Yokido was the ultimate healing process.”

Ever since, Lupo has published five books – on everything from investment advice to reinvention – and now owns several businesses. He also hosts Transformation Nation, a podcast on breaking people loose from money bondage and into financial freedom.

His mission? To impact 1 million people to live financially free and create a rich life by design instead of a poor life by default.

“I train people to build their money confidence by asking tough questions and offering fresh ideas to help them gain control over their financial and spiritual lives,” says Lupo, an in-demand national speaker on the topic whose sixth and seventh books – *Unicornomics* and *The Money Mentor* – are due to be published this year.

Learn more about Lupo’s books and podcasts at www.damionlupo.com.

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HIP IN HEADBANDS

Colin Jared takes his one-of-a-kind wares from the court to the runway

BY BRITTANY MARONEY / PHOTO BY MARK MORGAN



Colin Jared had a habit of unwinding from his lucrative law career by playing basketball. He was known on the court for his trademark bandanas, and when he didn't have one on hand, he'd cut up T-shirts and make his own.

"The idea didn't start out as a business; I was just making headbands for myself," Jared says. "Then people started to ask about buying them. MCA Headbands was born from my trademark basketball court style, but I had zero fashion industry experience. Let's just say it's been a process of learning by doing."

Named for the acronym Multi-Colored Animal, Jared's one-of-a-kind headbands – each created from repurposed T-shirts – are made for people who want to stand out from the crowd. They are available (and searchable online) in an array of colors and subjects, from animals to famous actors to colleges. The headbands are also an incredibly earth-friendly fashion option.

"Applying the concept of repurposing, with innovative yet simple design elements, we're expanding the scope of sustainable fashion with headbands that are new and different," Jared says. "Moreover, they're a great way to give new life to that favorite graphic tee."

MCA Headbands launched online in March 2016, with a pop-up shop at McDowell Mountain Music Festival around the same time. The fashion start-up quickly gained notoriety and was selected by Phoenix Fashion Week as one of four accessory designers to participate in its annual Emerging Designer Bootcamp, a program known for discovering top emerging fashion talent. In 2017, MCA Headbands was awarded Phoenix Fashion Week's Accessory Designer of the Year.

The label also produces headbands featuring logos and graphics that brands, businesses, schools or events can use for promotional purposes. And, they take individual orders to repurpose T-shirts from personal collections, just like Jared did years before.

Recently, Jared left a career as a successful attorney to focus on his newfound foray into fashion.

"I'm stoked to be following my passion, and MCA is poised to become a new star player in the headband game – the sky is the limit!"

MCA Headbands are available at www.mcaheadbands.com, and their pop-up shop can be found at many local music festivals and artisan events.

The background of the advertisement is a black and white photograph of a city skyline at night, featuring several tall skyscrapers. A multi-lane highway with multiple overpasses is visible in the foreground, with its surface reflecting the city lights. Overlaid on this background are four pieces of gold jewelry. In the upper left, a wide, curved gold bracelet with a channel-set row of small diamonds is shown. In the upper right, a pair of long, rectangular gold earrings with a similar channel-set diamond row is displayed. In the lower left, a long, rectangular gold pendant with a channel-set diamond row is shown, attached to a thin gold chain that loops across the lower right. In the lower right, a wide, cuff-style gold ring with a channel-set diamond row is shown.

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SHUTTERBUG

A snapshot of Eric Cassée's signature simplicity

BY EMILY GLYNN / PHOTO BY CLAUDIA JOHNSTONE



Despite his breathtaking portfolio and impressive list of high-profile clients, photographer Eric Cassée insists that nothing ever comes easy.

"There are a lot of unknowns in the freelance world," he says. "You love what you create, and you're putting it out there to be judged and affirmed. It can be really tough."

One sure-fire constant amidst the temperaments of the creative realm is Cassée's understated wardrobe. He usually opts for Italian-made black leather ankle boots from To Boot New York, slim-fit denim, a synthetic belt he picked up at a military surplus store, and light weave cotton T-shirts in shades of black and gray.

"Like a photo, if there's too much going on, it becomes distracting and nothing stands out," he says. Even on special occasions, Cassée's approach is minimal; he's a huge fan of tailored Hugo Boss Super 130 suits.

His tried-and-true uniform kept the photographer focused during a recent shoot for the Arizona Animal Welfare League's annual "Models, Mutts, Meow" calendar, a philanthropic project Cassée has donated his talents to since 2015. This year's take, a collection of monochrome photos featuring models alongside puppies and kittens, is stunning and artfully simple – the epitome of Cassée's style in every way.

Which pieces do you find yourself wearing again and again? Regardless of my intent, I end up back at nice T-shirts. Armani said that the T-shirt is "the alpha and omega of the fashion alphabet." I think he is correct.

What is your go-to outfit for a long day of shooting? I call it "The Uniform" – a fitted V-neck T-shirt, soft denim pants with a tie waist and cargo pockets, a beanie to keep my hair back, and comfortable shoes.

Who or what inspires you? Personal relationships and, of course, my soon-to-be wife. Her presence in my life motivates me to become the best version of myself.



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1991 Acura NSX



1970 Plymouth 'Cuda

NATURAL-BORN FASHIONISTA

Style is second nature for lifestyle blogger Katrina Fox

BY **EMILY GLYNN** / PHOTO BY **BEVERLY SHUMWAY** / HAIR BY **CASEY KIRBY**
MAKEUP BY **ERICA MENDOZA**



Ever since she was old enough to sit upright in a stroller, Katrina Fox perused the mall with her mother in search of emerging trends and figure-flattering pieces. These cherished shopping trips would serve as the catalyst for a full-blown fashion career. Years later, after holding merchandising positions with Macy's and Dillard's, Fox channeled her style prowess into founding The Foxy Kat Blog (www.foxykat.com).

Though she spends much of her time inspiring and styling other women, Fox's own image never suffers.

"When you embrace your style, it definitely shows and radiates beauty," she says.

Her daily ensemble, a classic combo of Joe's Jeans, ankle boots and neutral blouses, is often embellished with Kendra Scott jewelry and oversized watches. Her black leather Gucci Soho purse is a compulsory accessory.

Colors and prints are reserved for weekend photo shoots with local designers, and while Fox's readers swoon over her picture-perfect collaborations, she admits to swooning over others' styles herself.

"Jennifer Lawrence and Taylor Swift inspire me – I love how they are both genuinely themselves," she says. "Observing them has helped me learn to embrace my own imperfections and create uniqueness in my own personal style."

What makes The Foxy Kat Blog unique?

I talk about clothing, hair, makeup, shoes, etc. so the entire style is portrayed and readers can translate a look into their own personal style.

Which new looks are you most excited to try in 2018?

I find ruching to be very flattering in the right fabrics and placements. Same with asymmetrical necklines. I love the off-balanced look.

What did you wear to ring in the New Year?

A perfectly constructed silk cream/blush dress I purchased from the Brian Reyes' showroom when I worked in New York City.

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Age:

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Married:

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Children:

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Job outside home:

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Exercise:

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Lbs gained each pregnancy:

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Number of years thought about Mommy Makeover:

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Only regret:

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Added bonus of Mommy Makeover:

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Dr. Sean Lille previously a Lt. Cmdr in the Naval Reserve and a faculty member at the Mayo Clinic Scottsdale has served as a consultant for ABC News 15 and has authored over 70 publications. Dr. Lille understands the demands of busy mom's as he is married and the father of four children.



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PROMISE BALL

The Juvenile Diabetes Research Foundation held its annual fundraiser at The Phoenician

BY ELIZABETH BARRY



Leigh Piper and Tara Goldman



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HEART BALL

The Phoenician played host to this 58th annual gala benefitting the American Heart Association

BY BEVERLY SHUMWAY



Carolyn Jackson



Tracey Lytle



Camerone Parker McCulloch



Aimee Josette



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Sandra McGann

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PHOTO BY MICHAEL FRANCO



Heart of GOLD

Carolyn Jackson talks life in the fast lane at Barrett-Jackson
Auction Company and why a little heart matters

BY BRITTANY MARONEY



When you first meet Carolyn Jackson, you can immediately tell that she is smart, driven and kind-hearted. She's also the heart of the hugely philanthropic organization that is the Barrett-Jackson Auction Company. Since its inception in 1971, the reputation of Barrett-Jackson has been built on selling world-class vehicles and specializing in providing products and services to astute collector car owners and enthusiasts from around the world. But, it's also been built from a philosophy rooted in giving back.

To date, Barrett-Jackson raised more than \$96 million for charity. The organization has primarily focused on charities benefiting medical research, children and veterans, including the Juvenile Diabetes Research Foundation, country music artist Zac Brown's passion project Camp Southern Ground, and Paralyzed Veterans of America. It's no small feat, and at its fundraising helm is Carolyn Jackson, the wife of Barrett-Jackson chairman and CEO Craig Jackson. Now serving as the organization's vice president of brand strategy, she oversees the everyday philanthropic programs as well as spearheads the nonprofit partnerships that

are so ingrained in Barrett-Jackson's mission.

"I like to think of the Barrett-Jackson mission as one that is multifaceted," Jackson says. "The importance of preserving automotive history and heritage has been important from day one, and we are committed to growing that by introducing the collector car hobby to new generations through a number of initiatives.

"Most importantly, we take the philanthropic side of our business very seriously. We are honored to provide a platform for a unique form of philanthropy – the auctioning of vehicles for charity. Working with manufacturers and other valued partners to create innovative and dynamic collaborations for important causes is incredibly rewarding and will continue to grow."

Jackson has always been altruistic and ambitious. At a young age, her parents instilled in her that it wasn't enough to do well, and that one must also do good. Jackson would go on to obtain degrees in marketing and finance, later becoming a licensed stock broker and commodities trader. She thrived in intense situations and enjoyed the laser focus that the industry required.

"Commodities trading was all about pressure and timing;



every split second counted," Jackson says. "That skill set played an important role in every facet of my working life going forward. It's why I can juggle so many activities and why I never let the pressure get to me."

Later, Jackson would transition into the luxury real estate industry, representing several high-profile estates. Though, in 2010, Jackson's life took a U-turn. She was set up on a blind date, and it was none other than Craig Jackson who walked through the door. She was immediately struck by his sense of integrity and attracted to his frank honesty, his kindness, and by the way he kept to his word. On Craig's part, he was impressed not only by her innate beauty but also by her intelligence and natural charisma. In 2012, the two married and began collaborating to drive the growth of the Barrett-Jackson brand.

"Carolyn works tirelessly to elevate our company and the customer experience. She is also fiercely committed to causes that are meaningful to her," Craig says. "I respect and admire my wife's drive and determination as well as her optimism and enthusiasm, as she spearheads our yearlong charitable initiative. Carolyn's commitment to the charitable aspect of our business honors the memory of my mother, Nellie, who always placed a high value on giving back to the communities we serve."

It may be her job but Jackson admits it doesn't feel like work, that it truly is a dream come true for her. "I have the unique ability and privilege to do work I love, alongside the man I love, with a team I love. The cars are certainly fun, but it's all about the people and passion. Part of that passion for me is the charitable aspect of what we do."

A HEARTFELT CAUSE

While revving up for the Barrett-Jackson Scottsdale Auction this month, Jackson is also on to her next philanthropic adventure. She was recently named the 2018 chairman for one of the Valley's most lavish galas, the annual Phoenix Heart Ball.

"I am extremely honored such an esteemed group of women deem me worthy to work for them next year to help such an important cause as the American Heart Association," Jackson

says. "Heart disease has hit close to home for both Craig and myself; we both have lost many family members and friends to heart disease. It is my hope to engage local businesses and the community throughout the year, which will be critical in raising funds, increasing awareness, and improving the heart health of those around us."

And the Phoenix Heart Ball and American Heart Association are thrilled to have her. Education and awareness is something the organization always needs, and Jackson has proven herself accomplished in both arenas.

"The Phoenix Heart Ball has been raising funds for the American Heart Association for the past 58 years," says Susie Wesley, the 2007 Phoenix Heart Ball chairman. "In 2018, we will be focusing our messaging on how the funds raised in Arizona benefit Arizona. We're excited about how Carolyn Jackson can play a part in the endeavor."

Jackson plans on incorporating her skills as a marketer with the unique opportunity that Barrett-Jackson provides – meeting deeply philanthropic patrons, many of whom have also been touched by heart disease. She also looks forward to kicking off Driven Hearts, Barrett-Jackson's first-ever yearlong charity initiative focused on fundraising for the American Heart Association. The event will be introduced at the 2018 Scottsdale auction, with the auction of a very special vehicle to benefit the association.

"The recent passing of our beloved friend and customer Dave Ressler prompted us to donate a 1988 35th Anniversary Corvette for this purpose," Jackson says. "This is a very special vehicle and was originally gifted to Craig and Nellie Jackson by Dave on the auction block at the 2006 Scottsdale auction. It has been an honor to continue working with charities and cars that were important to Craig's mother, Nellie, and to extend our arms even wider to bring together the worlds of philanthropy and car collecting. She, like me, believed that if you work in your passion, as we do, work doesn't ever really seem like work."

The 47th Annual Barrett-Jackson Scottsdale Auction and this year's Driven Hearts initiative will kick off Jan. 13, 2018. For tickets and a full schedule of events, visit www.barrett-jackson.com.

NEW LIVE-WORK-PLAY DESTINATION TO TRANSFORM TEMPE

The Watermark, the first vertically integrated mixed-use development in the city, to radically transform the landscape with a unique lakeside destination

Tempe's skyline—and its destination options—will soon be dramatically more unique, with a 1.9 million sf project that creates an emotional link between the old and the new spaces of the city. Nestled against the northern bank of Tempe Town Lake and its boardwalk comes The Watermark, a new development unlike any other locally, created by and for Tempe's current and future residents. In a unique move, The Watermark's creation was a collaboration between the developers and current city residents, who provided input as to the project's vision. The result is a pedestrian-friendly, inviting, vibrant and sophisticated destination that will be the backdrop for heartwarming memories for generations.

Sporting 1.9 million square feet upon completion, The Watermark is a high-end, mixed-use project by Fenix Development. Currently under construction, it features stunning architecture with breathtaking features, and will include luxury apartments, premium office space, carefully selected restaurants, retail shops, and a business-class hotel. Exquisite attention to design and details was central to the one-of-a-kind project, which has already attracted high-level restaurants and shops.

The project will also be central to the current rise of Tempe as a tech hub, offering an attractive office and living space option to the many companies relocating from Silicon Valley and Austin, Texas.

"The Watermark is a new chapter in the history of north Tempe. This project will be the Valley's preeminent live-work-play environment, setting a new standard for [the city]," says Mike Loretz, Project Manager of Fenix Development, the Los Angeles-based real estate and development company.

Phase I of the project is currently underway and includes a 250,000 sf office



tower, 43,000 square feet of restaurant and retail space, and 360 luxury apartments. This phase is scheduled to be completed in January of 2019.

Future phases include a second 360,000 sf office tower and an additional 20,000 square feet of restaurant and retail space, and a 170 room hotel.

In the office tower, details will include floor-to-ceiling glass around the building, offering spectacular views of the Valley and Tempe Town Lake; an impressive Sky Lobby with amenities such as the Game Room, Fitness Center, Lounge, Conference Center and Sky Terrace; and a Skywalk Bridge that will connect a parking structure to the eighth floor Sky Lobby. Additionally, the Skywalk Bridge will be lit at night and will display kinetic shimmer-



ing dishes, resembling fish scales glimmering in the sun.

The 85-foot-tall residential building will include two resort-style pools; a 4,000 sf, glass-walled fitness center overlooking the lake; an aquatic activities center; an outdoor movie theater; a business center; and a clubhouse.

Other development features include a splash pad located in the center plaza of the development.

"The entire project was benchmarked to be one of the best in the Valley in terms of design, finishes and amenities," says David Norouzi, President of Fenix Development, "and given the site's lake-frontage, easy access, abundant parking and proximity to the 202 Freeway, we hope Watermark will become Tempe's new gathering place."

"The Watermark is a truly great example of forward thinking and will set a new standard for a live-work environment in the Valley," says Tempe Mayor Mark Mitchell.

The Watermark is located at 430 N. Scottsdale Road, Tempe. For more information, visit www.watermarktempe.com.





People

to Watch in 2018

There's no doubt Valley businesses are booming and that the people behind them are innovative, intelligent and, above all, influential. As we delve into 2018, we're eagerly looking ahead to those who are advancing their fields, growing local commerce, and forging the path to success – across all types of vocations. From what they're doing now to the plans they have for the remainder of the year, take note on the people to watch this year.



The Upside of Aging CarolAnn Tuteria and SottoPelle®'s Advance

CarolAnn Tuteria is the face, owner and CEO of SottoPelle® an international medical company with numerous affiliated physicians/medical practices across the globe. Under CarolAnn's guidance, SottoPelle® is assisting thousands of patients every day with hormonal imbalance issues that impact their lives.

The SottoPelle® success story isn't going unnoticed. CarolAnn was recently named an Arizona Business Leader in 2017 for unwavering leadership and vision as the driving force of SottoPelle®'s evolution. SottoPelle® is also #1 ranked hormone therapy clinic in 2016 & 2017 by Ranking Arizona.

No one wants to get, look or feel older, and all of us question - how do we find the upside of aging? SottoPelle® was founded to respond to the innate desire to counter the impact of aging due to hormonal imbalance. "Health and aging don't have to be mutually exclusive. Our mission is providing a medically based, safe, and

effective Bio Identical Hormone Pellet Therapy (BHRT) for improved and sustainable quality of life." says CarolAnn.

"Although our protocol is technology driven we never lose sight of our patients and their very personal needs. We are proud that we have earned a powerful and positive reputation for a natural approach to the patient's overall health and needs. We don't treat a symptom, we treat people. Many people think that BHRT is just for menopause but there are many other valuable applications for the therapy," stated CarolAnn. "What sets us apart from imitators is our concierge atmosphere and approach that reaffirms to patients that they come first. When quality of care is valued and maintained it attracts attention and accolades from notable celebrities, athletes, and anyone seeking a true medical partner in health management."

CarolAnn noted, "SottoPelle® has become synonymous with dedication and quality. It is a transforming experience to see how we are helping people every day

resume their normal life activities without debilitating symptoms or concerns they suffered with for years. For those impacted by menopause, andropause, Traumatic Brain Injury (TBI), or any other hormonal imbalance SottoPelle has proven to be a game changer in their quality of life."

2018 is bringing exciting growth and expansion of our technology and services for both patients and physicians. We are excited to be on the forefront of our newest clinical assistive technology and infrastructure that is changing the integrated approach with which doctors treat SottoPelle® patients.

Patients trust SottoPelle® for BHRT, and they are working hard to maintain that respected position. As a founder and leader in BHRT, they remain determined to allocating countless resources to growing and supporting our best assets – our physicians and patients.

Contact SottoPelle® at 480.874.1515 or www.sottopelletherapy.com. 8412 E. Shea Blvd., #101, Scottsdale, AZ 85260.



Skin Care Specialists

Dr. Anne Walter makes skin care a priority

The mission of Dermatology & Skin Surgery Specialists is simple: provide expert medical, surgical, and cosmetic dermatological care in a professional and comfortable environment. Dr. Anne Walter and her team use state-of-the-art techniques to improve the health and appearance of skin and create customized treatment plans to help each individual patient achieve his or her goals. Dermatology & Skin Surgery Specialists recognizes the impact of skin health on a patient's confidence and overall quality of life.

"We prioritize the patient experience at Dermatology & Skin Surgery Specialists. The health care industry is very focused on the "business" of medicine – physicians are challenged with ever-increasing regulation and reporting requirements. Small practices are being consolidated into larger mega-practices and physicians are finding themselves in large groups with restricted decision making," explains Walter. "At DSSS, we value the traditional practice model. We don't ever want a

patient to come into our practice and feel like they are just a number waiting to be called. From the front desk to the back office, our staff takes a genuine interest in our patients and their health. Our patients enjoy being met with familiar faces as we pride ourselves on our high staff retention."

Dermatology & Skin Surgery Specialists is a one-stop shop for all skin-care needs. Dr. Walter is a Board-Certified Dermatologist, as well as a fellowship trained Mohs Surgeon. The clinic has a highly trained physician assistant, Jennifer Davis, PA-C, who has over eight years of dermatology experience, and has a licensed esthetician / laser instructor, Lisa Styp CMLE, on staff who has been in practice over 15 years. So whether you have a rash, acne, skin cancer, or are just want to look your best – you are covered!

"I wanted to be a physician since I was a toddler. My grandfather was a general surgeon, and I grew up wanting to "be like Poppie". Furthermore, my mother had sensitive skin and eczema and was

always bringing me along on visits with her dermatologist," recalls Walter. "Later during high school and college, my interest in skin care evolved into taking care of my own skin. I started using nicer products and getting facials and chemical peels. Finally in medical school, I gained more exposure to dermatology and fell in love with it."

Dr. Walter strives to achieve optimal skin health and satisfaction in all of her patients. She is persistent and committed to achieving the desired result for each patient. She regularly reviews publications and attends conferences to stay at the forefront of the latest research in her field in order to provide her patients the highest quality of care.

"Ultimately what separates us from other dermatology practices is our small boutique style of delivering the highest quality care," said Walter.

Contact the Dr. Anne Walter at 480.405.4184 or www.skinspecialist-sofaz.com. 8415 N Pima Rd Suite 212, Scottsdale, AZ 85258



Apart from the Rest **Dr. Lawrence Shaw created an incomparable team**

With over 30 years performing surgical and non-surgical cosmetic procedures in the Valley, Dr. Shaw and his dedicated team have a tremendous amount of experience to share. The staff photo above represents 158 total years of employment at The Shaw Center!

"The cultivation and bringing together of the most talented and committed aesthetic providers, in one place, is one of my greatest accomplishments," said Shaw. "At The SHAW Center, I have created an environment to attract the best team possible to promote innovation and exchange ideas to fulfill our mission."

The Shaw Center for Aesthetic Enhancement, founded in 1986 has evolved into a multi-specialty center offering the highest level of comprehensive cosmetic plastic surgical care and medical spa services in the Southwest.

"This is certainly a group of the best of the best and is not a surgical practice or medical spa that has been created

overnight. Patients comment all the time after years and years of coming to our practice that they still see familiar faces throughout the Center," said Shaw.

Dr. Shaw limits his practice to cosmetic plastic surgery of the face and body using platelet rich plasma (PRP), autologous fat transfer, endoscopic, ultrasonic and laser enhanced techniques. His widespread, excellent reputation is known for his commitment to the highest standard in patient care, meticulous surgical technique and natural results.

Dr. Shaw also understands modern day lifestyles and the need for non-surgical, minimal downtime alternatives like CoolSculpting, SculpSure, and Kybella for fat reduction or Novalyft threads for minimally invasive face lifting.

The Center's aestheticians, medical providers and laser specialists are certified to provide the many services that will leave your body and your skin looking healthy and vibrant.

These services include Botox, the

newest Injectable Fillers, Kybella, Chemical Peels, Therapeutic Facials, Femtouch Vaginal Laser Rejuvenation, Nova Thread Lifts, CoolSculpting, SculpSure, Laser Peels, PicoSure Tattoo Removal, Laser Hair Removal, Intense Pulsed Light Treatments, Fractional CO2 Skin Resurfacing and Tightening, Micro-Needling, PRP Enhanced treatments and more.

"Our team helps patients look and feel better by delaying, preventing and reversing the signs and symptoms of environmental damage and aging," said Dr. Shaw.

"We strive to be the plastic surgery center and medical aesthetic spa of choice where we consistently meet or exceed our patient's expectations. Caring for our patients, assessing and realizing aesthetic goals in a safe, comfortable environment is always our top priority."

Contact The SHAW Center/The SPA at The SHAW Center at 480.767.1900 or www.theshawcenter.com. 8913 E. Bell Rd., Suite 201, Scottsdale, AZ 85260



Hair Care Extraordinaire Debora Capaldi, the master behind Pucci Salon

Debora Capaldi wears many hats: skin care specialist, makeup artist and businesswoman. And, they all come together in perfect harmony at Pucci Salon. She opened Pucci Salon in Scottsdale over 25 years ago. Since the grand opening, Pucci Salon has become Arizona's elite salon, with an experienced and innovative team that focuses on the latest techniques and education. Pucci Salon prides itself on offering the finest products and services available for hair, skin and nails.

"It all got started as a few friends needed help with makeup for their theater company, they were short handed for a performance. I helped out and was hooked instantly," said Capaldi. "During my college years I worked at a hair salon as a receptionist, and I also helped one of my friends open up their own salon. It was at that point I knew I wanted to do: open up my own grand salon."

Pucci Salon is renowned as a leader among salons and spas in the Valley,

and has been consistently ranked one of the top salons in the country by local and national media outlets, including the prestigious Salon Today, InStyle Magazine and Elle.

"Our smiles, our personalities and our expertise is what shines through, and makes, our brand, and I'm always thrilled when it has been recognized," says Capaldi. "Besides offering unmatched products, services and experiences, we also make the best cappuccinos in town! It is just another one of our complimentary services that our guests have come to expect from us, and look forward too at their services. It is the extra step that everyone remembers about you and your business."

In addition to having the best cappuccino reputation in town, Pucci Salon also makes it a point to give back to their community. "I engage as much as possible with what charity organizations that my clients are involved in. If you are invested in your clients, your clients are

invested in you," said Capaldi. "I always try to donate service gift cards or a gift basket full of amazing products for my clients' charity events and charitable organizations. But, the most rewarding is when we are able to participate in the actual event and offer hands-on services for hair and makeup. Donating my time is most rewarding – because you can see the difference you are making within your community."

Whether it is a subtle change, a dramatic makeover or a classic style, it can be experienced and found in a friendly and creative atmosphere, where everyone knows your name and is glad you came. And, that's the atmosphere that Capaldi has strived to create at Pucci Salon.

A final piece of advice for aspiring businesswomen: "Give thanks, and take nothing for granted."

**Contact Debora Capaldi at
480.443.3030 or www.puccisalon.com.
7293 North Scottsdale Road,
Scottsdale, AZ 85253**



Age Defying Procedures

Lisa Williams helps turn back the clock

Lisa Williams, ANP-C, Nurse Practitioner, Scottsdale native and Arizona State University alumni, offers a comprehensive approach to cosmetic dermatology. She has been practicing cosmetic dermatology for over 14 years.

"Our mission is to help anyone coming in to look younger, refreshed and more attractive," said Williams. "We want to help you look, and feel, better going into the office, gym, really – anywhere and everywhere you go!"

Ultra Smooth Skin specializes in high quality, non-invasive and non-ablative cosmetic treatments such as Botox and Juvéderm and laser treatments to clients that are interested in looking younger, and enjoying healthy and smooth looking skin.

Williams is an expert with laser hair reduction, BOTOX® Cosmetic, Restylane, Juvéderm, spider vein therapy, scar & stretch mark reduction, laser skin resurfacing, radio frequency skin tightening, laser treatment of: wrinkles,

blood vessels, telangiectasia, melasma, rosacea, and hyperpigmentation. She also performs IPL Photo Rejuvenation, acne therapy, chemical peel and microderm-abrasion treatments.

"Our mission is to only perform safe and effective treatments," said Williams. "I attend the same continuing educational aesthetic and laser courses and conferences every year, learning from the experts in the field of cosmetic dermatology and laser medicine. If you aren't evolving, you aren't offering your clients the best"

She utilizes state of the art procedures such as laser/light therapies to prevent and treat facial wrinkles, and other disorders related to aging, as well as problem skin.

In 2018, Lisa and her team will be offering the INSTALIFT sutures that provide a quick noninvasive volumizing and lifting of the face, and will be offering Botox and Dysport injections to help those with rosacea and redness problems. And, of course, the gold standard

continues to be CoolSculpting for body sculpting and with our new technology we can provide comfortable non-painful sculpting treatments in multiple areas within shorter periods of time.

She is also responsible for the testing and certification of aestheticians and nurse practitioners, as it relates to the operation and use of lasers, and developed tests and criteria necessary for laser certification, laser safety and training to all staff, as outlined by ANSI. It's the little things like this, that help set Ultra Smooth Skin apart from the rest.

"I, myself have performed over 10,000 procedures which makes us an expert. We are black diamond with Allergan top 1 percent in the nation out of 30,000 aesthetic medical practices," said Williams. "That is something that I am really proud of."

Contact Lisa Williams at Ultra Smooth Skin 480.582.0803 or www.ultrasmoothskin.com. 7477 E Doubletree Ranch Road, Scottsdale, AZ 85258



Turning House-Hunting Into Homecoming

Local Realtors work hard to make homebuying easy

Catching them between appointments, it's evident that Kathy Reisdorf and Cindy Metz, Realtors for Russ Lyon Sotheby's International Realty and founders of Reisdorf | Metz & Partners, have their hands full – but they wouldn't have it any other way. While many would be dismayed at such a demanding work schedule, Kathy and Cindy are thrilled to go the extra mile for a customer, even if it means making personal sacrifices. Because when you adore your career as much as they do, working hard is just a labor of love. Everything else can wait.

This unparalleled dedication is just one of the many factors that has sent Reisdorf | Metz & Partners skyrocketing into the blazing forefront of their industry. They have achieved thriving success, consistently landing among the highest ranks for sales in the entire state and earning multiple prestigious awards – and the accolades just keep coming. Whether modest properties or luxury estates, buyers and sellers alike have come to trust

Reisdorf | Metz & Partners to deliver incomparable customer service, and they're telling their friends; nearly 75% of their business comes from referrals, a testimony to its effectiveness.

A dynamic combination of professional expertise and genuine passion has turned Kathy and Cindy into a formidable duo. Thanks to extensive corporate backgrounds, they channel their business savvy into strategic decisions and negotiations that give clients an edge. Add a hand-picked team of credentialed real estate professionals, backed by the strength of globally-renowned brokerage Sotheby's, and it's no wonder that Reisdorf | Metz & Partners continues to garner a reputation for excellence.

They could certainly rest on their hard-earned laurels, but there's no time for that. "We like to track what's trending, and we're constantly analyzing comps," Kathy asserts, which inspires a commitment to continuing education; the team understands the critical importance of staying ahead of

the ever-changing landscape of real estate. They think unconventionally, employing innovative solutions to elevate their clients' experience from ordinary to exceptional – because clients matter above all else, and Kathy and Cindy feel privileged to provide guidance through one of the biggest decisions a person can make.

"We want our customers to be stunned at the degree of detail and insight," Cindy enthuses. For these driven, forward-thinking partners, there's no award better than a happy client, no honor greater than a rave review. And to achieve those things, they work hard, keep improving, continuously strive to be the best – and then, even better than that. Because Kathy, Cindy, and every team member know that their life's work goes far beyond simply selling houses: they're helping people find their way home.

Contact Reisdorf | Metz & Partners at 480.797.4977 (Kathy Reisdorf) or 602.803.2293 (Cindy Metz), or at www.RMPrealtors.com.



Turning a House into a Home

Nikki Groff Guides Clients Through Their Biggest Purchase

Nikki Groff, Chief Marketing & Business Development Officer for Wallick & Volk Mortgage Bankers, is truly passionate about her profession. Nearly 100 percent of her past production business was by referral from satisfied clients, trusted financial advisors and the most experienced realtors.

"This included reaching out to our client's team of trusted advisors, their CPA, Attorney, Financial and Estate Professionals to insure the client would be utilizing a mortgage to reach their long and short-term financial goals."

In Groff's early 20's while a Mortgage Advisor her responsibilities grew to also managing a mortgage branch. "This was the point in time where I discovered my passion of supporting my employees to reach their career goals; I found success in helping others reach their dreams. The dedication to my employees compounded with their hard work, utilizing business development and marketing applications learned in business school led to the unprecedented

growth and ultimate success of our team. Leadership is earned and relationships are built from trust." Groff starts her day by asking herself and direct team, "who can we help win today?" Currently operating as 1 of 5 Executive Officers for Wallick & Volk Mortgage, her leadership skills influence offices in Wyoming, Washington State, New Mexico, Texas over to California, with the largest offices here in Arizona.

Groff's mission is to continually focus on their employees' career and life goals. Understanding their goals allows her to be able to proactively mentor and offer support on their path of personal growth. Groff states, "You cannot substitute trust and loyalty. They are the reason for Wallick and Volk's past, current, and continued success. There is a fundamental difference between a manager and a leader. Leaders work for their employees and not the other way around."

Looking forward, Groff is excited for what 2018 brings. "With the rollout of our Wallick & Volk's new technology, we are continually striving towards making the

mortgage process as simple as possible... the simple mortgage everybody wants with the trusted mortgage advisor everybody needs. We love helping families achieve the great American dream of home ownership." Wallick & Volk is currently the oldest non-bank affiliated mortgage lender in the United States, assisting their first families in 1932 during the Great Depression. Wallick & Volk's dedicated mortgage teams stand ready to assist every client each step of the way. Nikki states, "It is important that each team has the support to deliver a 5 star service experience that clients can't wait to tell their friends and families about. From the early years, we never looked at it as being our job to choose the loan program for our clients, but it was our responsibility to guide and educate our clients on each available loan option; this allowed individuals and families to make an educated decision about their home purchase."

Contact Nikki Groff at 480.905.6727 or www.wvmb.com. 21040 N. Pima Rd., Scottsdale, AZ 85255



Putting the Client First Corey Bird helps clients reach long-term financial goals

A CERTIFIED FINANCIAL PLANNER™ practitioner with an MBA in Finance and a Master's degree in Psychology with an Emphasis in General Psychology, Corey Bird understands his clients and their families on a deep, personal level to create custom plans that complement their unique ambitions and circumstances. Corey's aim is to help his clients rest easy at night and enjoy the best things life has to offer.

Bird is a Washington native who began his financial services career while attending college in Seattle with an internship at one of Wall Street's leading firms. During his senior year, he became licensed and worked for a Registered Investment Advisor (RIA) in the Seattle area.

"My uncle, Timothy Rowland, invited me to visit him at his investment advisor business in Old Town Scottsdale after I graduated with my degree in finance. (Tim is a founding principal and Chairman of Rowland Carmichael Advisors.) During my visit, it became clear to me I could apply my

strengths and help people with their financial futures," explains Bird.

Rowland Carmichael Advisors, Inc.'s business plan is simple: "Put the client first," and replace the commission-based broker compensation model with a fairer and more client-friendly fee-based system.

"We get to know our clients on a personal level so we can create custom plans that complement our clients' unique ambition and circumstances. The family office and multi-family office model is changing, as are the demands of some of the skills and education needed to implement the vision of the family office founders while developing the next generations," he says.

Bird and the team at Rowland Carmichael Advisors, Inc. don't offer one-size-fits-all approach because every client has their own set of circumstances. From small goals to legacy visions, their approach allows them to offer unbiased advice without relying on third-party commissions or incentives. Rowland Carmichael Advisors only aim is to help their clients rest each night and

enjoy the best of things life has to offer. They accomplish this through objectivity, expertise, integrity, independence, and commitment.

"We work with our clients to help them accomplish their goals that take planning, money and time. Educating clients helping them understand the psychology behind their investment decisions, removing the emotions to promote good financial decisions," explains Bird.

In addition to helping clients make financial decisions, Bird is also involved in the community. "My wife, Kelly, and I are all about kids, faith and veterans. We are involved with the 100 Club Arizona, Scottsdale Young Life, Hospice of the Valley, Folded Flag Foundation, Sportsmen for Heroes and Barrow Neurological Foundation. I'm blessed to be involved with so many families that give to this community and the broader community worldwide."

Contact Corey Bird at 480.421.2660 or www.rowlandcarmichael.com. 7272 East Indian School Road, Suite 212, Scottsdale, Arizona 85251



Local Physician Making Families Bloom

Millie Behera, MD making dreams come true

Dr. Millie Behera founded Bloom Reproductive Institute with the goal of creating an atmosphere where patients can feel supported in every aspect of their journey dealing with Infertility. Their main practice philosophy is built around their touted “4 E’s”; Expertise, Experience, Ethics and Empathy.

“We like to say, “Everyone deserves a chance to make family bloom.” And we honestly believe that,” states Dr. Behera. “The entire team at Bloom shares these values. We even have plaques up on our wall, that read “Make Someone’s Dreams Come True Today” which not only reinforces the impact of what we do every day but reminds us to make sure that we do our best to help people through difficult times and support them as they try and grow their families.”

This career path was a no brainer for Dr. Behera, and her passion for the specialty of reproductive medicine is evident. “I’ve always wanted to be in this field,” she says. “It is the perfect combination

of patient care; medicine and surgery, scientific innovation, and helping people achieve their dreams! To help build families is an overwhelming honor for me and is something I take seriously. As a mother of four myself, I really want to help make the experience of parenthood available to all who struggle to reach this dream.”

What sets the team at Bloom Reproductive Institute apart is their patient care. Their practice philosophy is all about the patient. They consistently strive for the highest success and excellence in clinical outcomes, while fostering relationships of trust with their patients through customized, compassionate care.

“Our patients tell us that what sets us apart is not just the high quality of medical care that they receive at Bloom, but that the overall patient experience exceeds their expectations,” says Dr. Behera. Their attention to detail and unique approach to each patient allows them to achieve the highest success in achieving healthy pregnancies. “No two

patients are the same, and we do our best to obtain optimal outcomes based on each patient’s specific circumstances; medical, emotional, and financial. We are fortunate enough to have an exceptional team of clinical, embryology, and laboratory staff that hold this idea to heart and provide our patients with everything they need to achieve their pregnancy goals.”

Dr. Behera is nationally recognized in the field, with numerous research publications and annual speaking engagements. And she has reached “celebrity status” here in the Valley with frequent national television appearances on “The Doctors” and “Dr. Oz”.

“Being recognized as an expert in the field is a tremendous honor,” she says. “But sharing the joy of every baby born to each of our patients is the best success we can ever hope for.”

Contact Dr. Millie Behera at Bloom Reproductive Institute - 480.434.6565 or www.fertilitybloom.com. 8415 N. Pima Road, Suite 290, Scottsdale, AZ 85258



TRAVEL: Expect all you can imagine! Jane Borman creates a gift for all generations.

Have you ever dreamed of showing your grandkids the country of your heritage, taking them on safari in Africa, or visiting penguins in Antarctica? From a hands-on baking demonstration in a Parisian boulangerie, to a visit with local children at a Masai Mara school, to a Zodiac ride with a marine biologist in Antarctica.

Jane Borman is a Luxury Travel Designer with 27 years in the business. Jane has delivered incentive trips for Fortune 500 companies around the world and luxury vacations for individual travelers. In 2006, she translated her incentive experience to luxury travel, designing multi-generational family journeys with all the right luxuries and extraordinary experiences.

Are your children or grandchildren curious explorers? How about an expedition cruise to the Galapagos with a naturalist just for the children? Are they little artisans? Then off to Italy to experience great sculptors and painters. Perhaps

active adventure is more your style, Jane organizes bike, hike and multi-sport options for all activity levels, all in the same trip. Just say where. Just say when!

"Because of our relationships around the world, we secure exclusive use of boutique hotels, castles, yachts, villas, and lodges, all hand-picked based on the destination and your wishes. Every trip is as diverse as the family traveling and can include delightful surprises. Recently, we organized a castle trip to Ireland for an extended family of 32 that included a Medieval dinner where the kids dressed up as princes and princesses, Irish dancers performed and a knight in shining armor was the Master of Ceremonies." Imagine a private dinner in the Maui Ocean Center in front of the shark tank while a scuba diver joins the sharks holding a special sign welcoming your family. Imagine a private sunset sail in Bermuda, which wouldn't be complete without first shopping at Lilly Pulitzer for pink, yellow and blue dresses for the

ladies and at TABS for "The Authentic Bermuda Shorts", and navy blazers for the men.

Jane's vision for multi-generational travel is to craft a custom made, one-of-a-kind journey that speaks to a family's interests, passions, diversity and schedule. And, she is passionate about delivering an experience your family has always dreamed of taking.

"It is my greatest pleasure to design a travel experience that will enrich the lives of your family and provide a legacy of memories for all to cherish." So, sit back, relax and fully experience the gift of traveling together, knowing every detail has been handled. Leave the planning to Jane.

Welcome to JanesWORLD. Memories made together last a lifetime. Go while you still can.

**Contact Jane Borman at
480.397.2388 or janeborman.com.
7373 E. Doubletree Ranch Rd, Suite
B200-23, Scottsdale, AZ 85258**



Withstanding the Season

Hamid & Jasmine Salari creates one-of-a-kind patio furniture

Finding custom indoor furniture and houses are a dime a dozen these days ... but what about custom outdoor furniture? And custom outdoor furniture that withstands the Arizona temperatures? Well, that's another story ...

Hamid Salari saw a need, and found a solution. Salari founded CC Patio, the Valley's only custom outdoor patio furniture that also withstands the dead heat of an Arizona summer.

"We started CC Patio, the custom patio furniture design because we Arizonans spend a lot of time outside, and have zero places that customize furniture to withstand the seasons," explains Salari. "Arizona has designers and custom furniture makers for everything inside the home but, nothing for outside the home. Enter CC Patio."

With a flair for design and a background in construction the founders of CC Patio noticed a void in the marketplace of the "art of outdoor living". As defined by the name, Couture Customs

has the ability to custom design, tailor make, and transform any backyard into a resort style setting, allowing their clients to receive exactly what they envisioned for their backyard space. Attention to details, quality craftsmanship, combines for the ultimate customer experience. In a category of "sameness" CC Patio provides each customers with the unique and original all at exceptional value.

Residential, or commercial, no project is too large or too small for CC Patio's design and manufacturing team. Having the ability to control the design process, the manufacturing portion allows CC the ability to cater to any lifestyle or taste.

"I would say our greatest business successes so far is designing for high-end resorts, like Hotel Valley Ho and Mountain Shadows. We have also done the patio furniture at all Optima locations," says Salari. "We also had the pleasure of doing the furniture for the San Francisco Giants Stadium. As a result, I got the chance to throw out the first pitch at the

Cubs at Giants Spring Training Game – what a thrill!"

CC Patio prides themselves on building the highest quality furniture to withstand the Arizona weather, as not one patio furniture maker makes patio furniture to withstand the weather, highest grade of material possible. CC Patio makes the furniture to fit each individual space, bringing each client's vision and imagination to life. The furniture is custom built to fit every space perfectly (commercial or residential). The team comes out to each location, measures the space and designs the furniture for you.

The best part about CC Patio? Each part of the process is in house! No need to contract designers, manufactures and builders, it is all in house and done in one spot!

"We believe everyone should have access to well-designed, well-made and well-priced furniture," said Salari.

**Contact Hamid Salari at
480.949.4500 or www.ccpatio.com. 7001 E
McDowell Rd, Scottsdale, Arizona 85257.**



Personal Growth in your Pocket Brent Payne & Linda Baer Light Up Your Life

VIM lights up your life by the glow of a cellphone.

VIM is an app for your phone. But it's so much more. It is way to connect to a community. It is a method to increase your income. And, it is a step-by-step guide to making your light and your life burn brighter.

"Our mission for VIM was formed around a vision of helping millions of people all over the world to wake up and start living the life they've always wanted," said Brent. "To have more time freedom, more money than they ever thought possible and achieve fulfillment in their life."

Engaging instructional videos and audios are delivered 7 days a week, 365 days per year, through VIM. The VIM app is like having your own personal mentor right in the palm of your hand; the community is one of the fastest growing, most positive and uplifting groups anywhere in the world. And, the best part, it's based right here in Scottsdale, AZ.

Linda knows first hand that life can offer us some unexpected twists. "I lost my husband tragically right before my eyes in a diving accident," she said. "VIM allows me to connect with people and share with them, that life is still beautiful and amazing even after tragic events happen in life. Brent and I came together as he was going through a difficult time as well. We decided to go on this venture together of helping people live life to the fullest and always in a positive manner," said Linda.

Linda and Brent are no strangers to success, both owning and running multimillion-dollar companies. Linda partnered with a small Continuing Medical Education company that garnered \$250,000 in yearly revenue and in no time boosted that to annual revenues of over \$28 million, while conducting over 50,000 educational programs. Brent grew a start-up personal development/direct sales company from 12 people to over \$100 million dollars per year

operating in over 130 countries around the globe. Combining their professional and business senses with an innate passion for making a positive difference, they founded VIM and the success stories just keep on rolling.

"To a lot of people, self-improvement is a daunting prospect, and they don't know where to start. We've made it portable, individualized and fun! VIM is a simple but powerful goal achieving system that leads anyone to tangible results in their life and business. And the results can happen very quickly," said Linda.

In 2018, VIM will be hosting their first live event that will include music, personal development and the VIM community all coming together in an exotic and exhilarating destination. Check out VimNow.com to connect with Brent and Linda, join this community and support one another. Lighting up your life, one app at a time.

Contact Brent Payne and Linda Baer at 480.718.9111 or www.VimNow.com.



Bringing Paris to Scottsdale

Alex Beaudouin brings the style, one cut at a time

Alex Beaudouin has been in the salon environment for his whole life, and had no idea it would lead him to the life he leads.

"Growing up, I would watch my mom do hair in her salon. I was consistently going in at an early age with her," explains Beaudouin. "However, as much as I enjoyed going in with her, I didn't know it would lead me to where I am today."

Beaudouin mastered his craft in the fashion capital of the world – Paris. "After 5 years of Beauty School in France and passing my cosmetology license, I stayed in Paris learning and fine tuning my craft in prestigious salons throughout Paris. I was trained in hair cutting with Jean-Louis Desforges, a legend hair cutter and stylist in Paris. After Paris, I moved to Chicago to work for Jacques Dessange Paris and expand the salon brand in the US. My work was featured on the Jenny Jones Show in 1997, Chanel Boutique and fashion shows throughout the city. When I was working

in Chicago, the team and I held color and cut classes for outside Hairstylists. We were also traveling to New York to teach hair cutting and color," he recalls. "I moved to Arizona in 1999 and found myself bringing what I know best to Scottsdale – beautiful hair."

Beaudouin, who is licensed in Paris, Illinois, California and Arizona, owned a salon in Scottsdale for over 12 years formerly known as Maxim's Salon, and throughout his time was featured in multiple local and national publications. His spots ranged from featuring him as a stylist, and featuring his top clientele, as well as featuring him as a top influencer. Beaudouin currently works at Jo Paris Salon, in Scottsdale.

"I specialize in color and cuts, especially specialize in precision cut technique that I learned at one of the most prestigious salons in Paris," said Beaudouin. "Since moving out here to Scottsdale, I have found my client based to be mostly comprised of TV anchors,

professional sports players, as well as fashion shows and nation recognitions in hair magazines."

Throughout his practice, Beaudouin has made it a mission to give back to the community. Beaudouin and his clients donate their cut hair to the "Locks of Love" program, as well as he is looking to partner with "Dress For Success Phoenix" in the future.

"My philosophy is to elevate the spirit of my clients by giving them more self confidence, self assurance and happiness through my work. Every haircut grow out nicely and hairstyles are easy to duplicate and maintain since the layers fall in place nicely. Color, highlights or balayage are soft and natural. Ombres bring a little edge to the hair without being dramatic."

Contact Alex Beaudouin at 480.663.8994, Facebook at Alex-French Hairstylist or hairstylingbyalex.com, visit him inside Jo Paris Salon, 14202 N Scottsdale Rd, Scottsdale, AZ 85254



Making a Space a Home

Yvonne Faustinos gets clients their dream properties

Yvonne Faustinos specializes in residential real estate, second homes and investment properties throughout Arizona. Her sweet spot is showcasing properties in the prestigious communities of Scottsdale, Cave Creek, Carefree and Phoenix representing Sellers and Buyers who value integrity, knowledge and results.

"The Sotheby's International Realty brand harnesses the worldwide recognition and prestige of the Sotheby's International Realty name," says Faustinos. "I love what I do. I love the company I work for, the people I work with, the people I meet and most importantly, I love the end goal of helping people realize their dreams through real estate and I love that this is my journey."

It's taking the time to learn about her client's points of interests and unites them with the right community and property is where Faustinos makes her mark. "Being one of the few Arizona natives, I have lived and experienced the growth Arizona has seen. Through this, it is one of my goals to help each client make the most informed

decision about the community that fits them best." Her extensive background in business and corporate law enhances her ability to offer effective solutions, paying sharp attention to details and delivering exceptional results time and time again.

"Initially, I started out only doing our own personal real estate transactions and eventually others found out I had my real estate license so my business started growing by word of mouth. Little did I know just how much I was going to enjoy this side of real estate! I was quickly reminded of the amount of effort and details that go into each transaction, however, the people I meet, the lives I get to touch (it's more like they touch mine), the houses I get to walk into, the industry professionals I work with who all come together toward the same goal, it's an incredible thing," said Faustinos.

Clients can feel the passion through every interaction Faustinos has with them. Each homebuyer should have a Real Estate agent that is ecstatic about what

they do. They should have an agent that jumps out of bed to find them their dream home – and that's exactly what they will find in Faustinos. "The purpose of my profession is powerful. I help people realize their dreams of homeownership. And if they are selling or investing in a home, then I get to help them accomplish their real estate goals. Every client of mine is important and each closing is a highlight for me and honestly, I have the best clients ever, so helping each client in every real estate transaction will always be a highlight for me. It never gets old!"

Faustinos has three girls, one a graduate of Arizona State, another attending pre-med at University of Arizona, and the youngest enrolled in 7th grade at Scottsdale Christian Academy. College football season is the only time she is ok with a house divided!

Contact Yvonne Faustinos at 480.580.4524 or yvonne.faustinos@russlyon.com. 7669 E Pinnacle Peak Road, Suite 110, Scottsdale, AZ 85255.



Feeling Comfortable With the Curls

Marney Schoenfeld created a special bond with her clients

Marney Schoenfeld was one of the lucky few that knew exactly what she wanted to do throughout her life.

"I have been doing hair for 15 years professionally, but really almost 30 years, as I began my career around the age of 13 when I started doing my girlfriends and their mothers hair," said Schoenfeld.

After college she pursued her dream of becoming a hair stylist and enrolled in cosmetology school. "I wanted to do something fun and creative that involved helping others look and feel better about themselves," she states.

Marney Schoenfeld created a special bond with her clients due to the fact that she is able to teach them to be versatile, wearing their hair curly or straight and looking fabulous either way. The vision of her salon, Marney Curly, is to continue educating her clients with all the knowledge she has learned over the years by showing them how to overcome challenges with their curly hair.

"The cool thing about hair is that no two heads of hair are exactly alike, and most curl patterns on each head vary. It keeps me on toes trying to figure out what type of layers to cut or what products I will use on my clients," explains Schoenfeld.

One of Schoenfeld's greatest accomplishments is being certified in several different exclusive areas of the hair industry.

"I specialize in curly hair and hair extensions. I am Ouidad Certified, which means that I am one of the few people in Scottsdale that has been trained to cut and style curly hair with specific techniques and Ouidad products. I am also certified in different hair extension techniques. I offer Flashpoint, Great Lengths and Babe," she explains. "I am also certified in many different hair extension techniques for both curly and straight haired clients. It really is a boost of confidence for a client that has fine or thin hair to add just a little bit of length or volume.

They literally walk out of my salon feeling like a new person. Sometimes clients can be a little apprehensive about extensions, but the key is to get someone who knows what they are doing! Extensions can be custom colored and blended to match your own hair so that no one will ever notice."

No matter the challenge, Schoenfeld is up for it. From starting out so young, to where she is now, there have been several successes along the way.

"My biggest success so far has been opening my own salon suite, Marney Curly. It represents me, from the décor to the music to the weekly baked treats, and my clients really seem to love it," she exclaims. "I may have a client in my chair for 8 hours in one day, but I look at it as a fun project."

Contact Marney Schoenfeld at Marney Curly- 480.703.0172 or www.marneycurly.com. 13802 N Scottsdale Rd, Ste 120 Room 32, Scottsdale, AZ 85254



Selling Homes, Giving Back

Allison Cahill helps clients find their forever

Allison Cahill has lived in Scottsdale for over 11 years with her family, and has been a top Real Estate agent for close to six years.

"With the real estate crash, I felt it was the perfect time to build my real estate portfolio. I obtained my real estate license so that I could invest for my family. This resulted in friends asking me to help them build their portfolios. Before I knew it, I was helping not only friends, but friends of friends and referrals," explains Cahill. "I fell in love with helping others in real estate. I decided to make it a full-time job. I soon expanded my business by working with clients in both luxury real estate and in investment properties."

Whether it's a luxury property, first-time homebuyer, or investment property, Cahill focuses on the home ultimately being an investment. The goal, as is for any investment, is to have the potential for the highest gain. Just like the stock market, you want to buy low and sell high. However, the difference is that one has more control

over demand in real estate if the initial investment is chosen wisely.

"We help strengthen demand for our sellers by helping them create at least one "wow" factor in their homes by offering individualized staging that focuses on the strengths of their unique homes. In addition, our unique marketing system includes true video, a strong social media presence, extensive international marketing, and photography that focuses both on architecture and nature, and we offer the 3D tour. We capture architectural features of the home and the beautiful landscapes," she says.

Cahill currently works with Berkshire Hathaway Home Services Arizona. She works with private clients advising them on diversifying their portfolios in real estate investments. Her focus is on both long-term income producing properties and short-term investment. She also works with individuals in purchasing and selling luxury properties.

She also uses her home sales "for good". "I donate 2 percent of net profits to

the Phoenix Children's Hospital. PCH is dear to my heart. Three years ago, our son had to have a full spinal fusion for severe scoliosis. I am forever grateful to PCH for the life changing surgery for my son," she explains. "Unique to PCH, is the technology that gives each child an individualized treatment plan. PCH recognizes that each child they treat is unique and requires a specialized treatment to ensure success. Its important to me to give back to those who have given so much to me and my family."

Looking forward, Cahill is excited for 2018. "We will continue the growth of our business, but most importantly with the growth, we will reach the individualized needs of our clients. Each agent covers parts of the Valley where they are truly experts. By expanding the number of specialized agents, we can offer clients the expertise that they need and want."

Contact Allison Cahill at
215.262.7066, allisoncahillslp@gmail.com
or allisoncahill.com



Spaces That Thrive

Athena Vigil helps clients thrive in intimate spaces

Athena Vigil has built an illustrious design career and is presently recognized as one of the top Interior Designers in Scottsdale and Phoenix, all through Interiors Remembered. Her talents have transformed spaces large and small.

"I looked around and noticed spaces everywhere that were neglected and felt a need to make a difference," explains Vigil. "Spaces that people could thrive in and not just exist in whether it be work or personal creating more intimate spaces."

Vigil leads a team staff of skilled interior design professionals, with memberships in both the American Society of Interior Designers (ASID) and the International Furnishings and Design Association (IFDA), ARA. "We are a design firm that also holds a specialty contractors license, this allows us to be able to provide design and specification services for new construction or remodel. "We take our projects very seriously and

have done homes all over the United States so we have worked with different architectural influences," she says. "Our team is very relaxed and fun spirited group to work with. Interiors Remembered provides a full range of Interior Design Services including our stellar Concierge Service which is a complete reveal to make a property move in ready, we even have an adult Beverage Consultant that will install all sorts of adult beverages in preparation to receive guests."

Her goal for Interiors Remembered is simple – "To help people understand how important the spaces in which they exist tell an important story about who they are Spaces that people could thrive in and not just exist in whether it be work or personal more intimate spaces. I believe have a direct impact on their lives and their happiness. Through our designs we make dreams come true!" said Vigil.

Through the leadership of Vigil, the firms design expertise has been sought by professional athletes, corporate

powerhouses, and showcased by Martha Stewart Living, and utilized for projects both basic and intricate. She devotes the same dedication, warmth and professionalism to a client seeking a complete residential design or a first-time homebuyer. No matter the size or scope, each project receives the expert attention upon which Vigil's sterling reputation is built. Vigil is one of the top Interior Designers in Arizona, serving clients for 26 years.

Vigil's most recent accolade was winning a 2016 ASID Award, "We are honored by our clients continued business and keeping us with them as they purchase properties all over the US and Canada, allowing us to work in different design styles and spaces. I'm extremely proud of the relationships I have built with my clients," she says. "They are our Interiors Remembered, Inc. family!"

Contact the Athena Vigil at 480.921.4224 or www.interiorsremembered.com. 942 S Ash Ave, Tempe, AZ 85281



Exceeding Expectations

Wendy Walker, Above and Beyond, One Client at a Time

Wendy Walker leads the team at Wendy Walker Fine Properties to be as sensitive to client's needs as they are to the subtleties and complexities of today's transactions, a principle that has lead to her consistently closing 98 percent of listings year after year. Specializing in the luxury markets of Paradise Valley, Scottsdale, Biltmore, Arcadia and Phoenix, their success is measured one client at a time.

"My business mission is to provide superior service, innovative marketing and results while retaining the highest level of personal and professional integrity. By keeping our clients' best interests in mind, we are able to deliver results that exceed their expectations," said Walker.

Working her way up to the Top 1 percent in the nation for Coldwell Banker Residential Brokerage meant making key strategic decisions. Each member of Walker's team was personally selected for their area of expertise, so that together they can provide a level of knowledge, service and innovation that sets them apart.

The Wendy Walker Fine Properties team has been the #1 Team for Coldwell Banker Arizona for 2 consecutive years and they were selected for the Coldwell Banker Hall Of Fame Team 2016 award. Walker has also been awarded the Coldwell Banker International President's Elite & President's Circle Awards (Multiple Years).

"Having the right team and putting clients first is the foundation of our success. Then, implementing widespread digital marketing strategies, capitalizing on the national and international network of agent and client relationships we've built, and utilizing the worldwide marketing presence of Coldwell Banker Global Luxury, enables us to excel," explained Walker.

In fact, Wendy Walker is now 1 of only 4 Global Luxury Ambassadors for Coldwell Banker Global Luxury, which involves speaking and training luxury agents from around the world. In 2018 Wendy is scheduled to teach to real estate professionals in Barcelona, Spain as well as other national destinations. Aside from speaking and

coaching real estate, Wendy is planning to expand on her passion of teaching and mentoring others by writing a book in 2018.

"I was recruited into the business by a top luxury agent who saw my sales skills, work experience and business marketing/ psychology degrees as a perfect fit for real estate. As my mentor, she helped develop my skills. But she also inspired my purpose – sharing the knowledge and expertise I have gained to help others in the business," said Walker.

Recently, Wendy Walker gave a keynote to 6,000+ agents at the Tom Ferry "TomX" real estate summit in Las Vegas about the business of luxury real estate. When asked how it felt, she replied, "the opportunity to share my knowledge and to hear afterwards how I inspired others – it was one of the greatest blessings of my career."

Contact Wendy Walker Fine Properties at 602.468.888, wendy@wwfineproperties.com or www.wendy-walkerfineproperties.com. 3113 E. Lincoln Dr. Phoenix, Arizona 85016



Look Amazing, Feel Amazing

Charles Small helps clients gain confidence

Glo Medspa is dedicated to providing clients with an enjoyable atmosphere, and attention to every detail. Charles Small, owner of Glo Medspa, ultimate goal is to achieve a natural look.

"My philosophy and mission in business, is to make beauty affordable to everyone and not just those who can afford it," said Small. "What we specialize in is the non-surgical "mini facelift" with PDO facial threading. We also offer the most advanced techniques with all injectables."

Charles Small started Glo Medspa to help people feel better about the way they look, and in turn feel better on the inside as well as on the outside. He strongly believes that when you look amazing, in turn it makes you feel amazing. "I opened my business 5 years ago and it has become more successful than I ever imagined. I knew I wanted a more hip and trendy type of spa atmosphere, with a cutting edge in new procedures

and techniques, and that is exactly what we have accomplished at Glo Medspa. It's a safe, warm and inviting place to help ease people."

Providing exceptional client care and really listening to what people have to say, produces great results in the end. Small likes to spend time with all his clients and really get to know each one.

"Some highlights of my business are all the celebrities and high profile clients I have gotten to meet and perform injections on. I have had people from all over the world come to see me," explains Small. "Being trusted to perform injections on anyone is a huge honor."

Small has an extensive background working in critical care for the past 15 years. He has many certifications including basic and advanced techniques of Botox and Juvederm injections. He is also an active member of the Dermatology Nurse Association as well as the American Society of Plastic Surgical Nurses.

In addition to helping clients reach their cosmetic goals, Small and his team at Glo MedSpa are dedicated to giving back to all clients looking to change something about their appearance. "A few services I provide are cosmetic facial procedures for people who have suffered disfiguring or damage to their face due to birth defects at no charge. It's about helping these patients feel as comfortable on the outside as they are on the inside. I also donate to many charities such as ALS and Women's Abuse Shelters," said Small.

Looking forward to 2018, Small has big business on his mind. "In 2018 I will be traveling to the Middle East to open a training center for advanced facial injections, as well as opening another location. The more people we can help, the better!"

**Contact the Glo Medspa at
480.245.6881 or www.glomedspas.com.
6990 E Shea Blvd #218, Scottsdale,
AZ 85254**



PR Partners, Realty One Group Luxury Homes & Professional Athlete Relocation Specialists

Julie Pelle, Christina Rathbun, Carol Woodbury, Jennifer Mackay and Peyton September are the PR Partners Realtors with Realty One Group in North Scottsdale. With a specialized focus on luxury real estate and professional athlete relocation, their 70+ years of combined real estate experience have brought great results.

"Our goal is to provide an essential service where clients are truly valued. Nearly 100 percent of our business is based on referral from past clients, associates and other realtors," said Pelle. "Professionalism, knowledge, savvy negotiation skills, cutting edge marketing strategies and uncompromising integrity are the hallmarks of our business."

The PR Partner team provides a boutique-style service in which each client is personally guided through transactions, regardless of whether it's a sale, furnished rental or land sale. The team is by the client's side for every step from the initial meeting to the successful close. "Communication, service and passion is

what has made our business so successful" said Rathbun. PR Partners also assists out of state clients in relocating to the valley and cooperate with out of state Realtors, offering the best communication and service.

Each member of the PR Partners team has a history of success and hard work, that's one of the many things that brings the team together and perform so well. "All of the partners have entrepreneurial roots with strong family values in building relationships and giving back to the community. Although our family businesses were all different in nature, it has given each of us the positive structure for our own business. Blended with a love for architecture and design, real estate is a natural fit," explained Pelle.

The team is selective of their members in providing the absolute best in knowledge and service. Rathbun explains, "we recently added a new associate to our team and are adding more. This not only allows us to do more for our clients but provides a fresh perspective in a market that requires a cutting edge approach."

The PR Partners team has been able to establish themselves as an official boutique real estate service under Realty One Group and have experienced the success and expansion of the Group. They have also earned several awards including Homes & Land Top Agent, Women's Council of Realtors Top Women in Real Estate, Phoenix Business Journal Top Agents, Realty One Group Top 5 Arizona Realtors and Real Estate Executive 100 Most Influential Real Estate Agent in Arizona.

The PR Partners pride themselves in giving back to the community as well. "We are very involved with the local Grayhawk community and sponsor many of the PTO, Junior Golf and Elementary functions. We are also active sponsors of the local Arizona Children's Cancer Foundation organization. It's important to be involved in your community," said Pelle.

**Contact the PR Partners at
480.535.6648 or www.prpscottsdaleluxuryrealestate.com. 8711 E Pinnacle Peak Road D-110, Scottsdale, AZ 85255**



Life Lessons from the Limo

Dawn Billings & Rachell Hall help women find their powers

Have you ever thought of something when you were slightly tipsy with a friend that made you laugh so hard you cried and almost wet your depends? Dawn Billings and Rachell Hall have. Dawn and Rachell have very broad and diverse backgrounds. Both women are serial entrepreneurs, great friends and dedicated to helping others live extraordinary lives. Together, they created "Life in the Limo", funny and inspiring video segments to help women deal with the many challenges they face.

Rachell Hall, the founder of Classic Beauty Permanent Makeup in Scottsdale, is a fashion, beauty and lifestyle editor, magazine writer, food photographer, colon cancer survivor, and ardent advocate for helping women surviving breast cancer with her foundation "Bridging the Gap Between Breast Cancer and Beauty".

In 2008, Oprah Magazine and "The White House Project" selected Dawn Billings as one of the nation's emerging women leaders. Dawn is the founder of the

international women's networking organization, The Heart Link Network, author of over 20 books, a trainer and professional speaker, creator of the Primary Colors Personality Tests and Insight Tools, inventor of the patented parenting tool called Capables, director of the Relationship Help Resort in Arizona.

"We have both spent many years working with women facing difficult and challenging life and death struggles. They all have one thing in common, they are looking for answers, encouragement and insight. Between the two of us we have over 70 years of gourmet cooking, health and beauty, relationship counseling, communication, parenting advice, and marketing tips for women to enjoy, so we decided to do our NEW "Life in the Limo" humorous and sometimes serious, short video segments to educate and inspire, while we entertain and make women smile," explained Dawn.

"Our mission is to offer affordable, hysterical and effective ways for people in

the Phoenix area to market and showcase the products and services they love, so we purchased a Classic 1997 Cadillac Limo to use to make the video interviews more fun, certainly celebratory and memorable," both women agreed.

"Our video segments will use humor to help people find a funny common ground in an angry and divided culture. We will have film segments covering everything from personality, communication and relationship segments all the way to thermography, and other health modalities that we believe will serve, inspire and bring laughter to women. Our greatest desire is to showcase professionals of all kinds such as doctors, surgeons, fitness and beauty experts, branding experts, fashion experts, scientists, geniuses and other truly fun and interesting people. We can't wait to interview YOU, in the Limo!" Rachell says, toasting and lifting her fluted champagne glass.

Contact Dawn Billings & Rachell Hall at Life in the Limo 918.605.1492 or www.LifeintheLimo.com.



The Fountain of Youth At Injexts, aging gracefully is an option

We must all remember that it's not how old you look that matters, it's how old you feel. Still, it's a bit unnerving when our faces and bodies show their age long before we're ready. But thanks to Injexts – Scottsdale's premier injectable and freeze bar, and the brainchild of Dr. Ashleigh Ortega, Nurse Practitioner – we no longer need to accept wrinkles or wobbly bits ... and can look noticeably revitalized in as little as a lunch hour.

Two years after Injexts opened its doors, the practice has thrived its way into a new and bigger space, thanks to the unique experience and incomparable results it delivers. This means exciting and innovative developments – and even more ways for clients to look as young as they feel. As the Valley's premier on-demand injectable aesthetic practice, Injexts delivers restored youthfulness in minutes with an impressive array of rejuvenating solutions, including injectables such as Botox®, Juvéderm®, and Kybella®, B-12 injections and chemical peels, and medical-grade

skincare products (with a free consultation to boot). But that's just the tip of the antiaging iceberg. Now Injexts has the capability to utilize more advanced technologies, such as platelet rich plasma (PRP) to restore hair loss. With PRP, the patient's own plasma – rich with nutrients and growth factors – is separated from blood cells via an on-site centrifuge, then injected with micro-needles into the scalp, stimulating follicles to regrow hair. Another popular procedure is CoolSculpting, a revolutionary method of reducing fat without surgery. This FDA-cleared, non-invasive technique minimizes pesky trouble spots that just don't seem to go away, without the pain and downtime associated with other fat-reduction procedures.

Injexts' treatments may be quick and convenient, but Dr. Ortega takes her time to assess and accommodate each client's unique needs and preferences. The intimate boutique setting and bountiful amenities (a complimentary meal and Netflix or Apple TV during a CoolSculpting appointment, for

example) allow for an exceptionally comfortable experience. Most importantly, patients are secure in the knowledge that they're being treated by a highly-qualified medical professional in a clean, safe environment: Dr. Ortega has nearly two decades in the healthcare field, earning her Doctor of Nursing Practice (DNP) from ASU, completing medical aesthetics training in advanced injectables at The National Laser Institute in Scottsdale, as well as being certified to provide CoolSculpting at CoolSculpting University in California. "With Injexts, you're always getting a one-on-one experience with a healthcare provider," she says.

Combining an elevated patient experience with the safety of medical expertise, an artful blending of aesthetics and science, Dr. Ortega continues to make getting older a beautiful thing. And like its clientele, Injexts only gets better with age.

Contact Injexts at 480.586.3789 or www.injexts.com. 10201 North Scottsdale Road, Suite #19, Paradise Valley 85353.



Enlightening Your Soul

Tina Majerle helps women find their purpose

She is passionate about changing lives and inspiring people to understand their worth. As a Life Coach, Applied Positive Psychology Practitioner and Author, she believes women can cultivate happiness, beauty, power, purpose and connection through sisterhood and intentional living, all starting from within.

"I have always been interested in health, wellness, and nutrition since college, it is something that has always been in me, it is an intrinsic passion of mine. Twenty years ago, through an experience, God laid it on my heart to write a book for women to help bring a bond of sisterhood that goes beyond our friendships," explains Majerle. "It is more of a universal connection, and I couldn't be happier, that with my children getting older, I finally have the ability to take the time to fulfill this chapter of my life."

Majerle has an inspirational website, soulofawoman.com, where she shares stories and ways to help women get through some of the everyday worries and

life's tough chapters. In addition, she also hosts workshops for women, "I am a positive psychology practitioner, so when we do retreats and workshops for women we apply many of those methodologies, and they seem to help people really understand how to cultivate the happiness and life they want from within."

In addition to helping women through her self-help workshops and events, she gives back to her community with the same enthusiasm. "I truly believe we are called to serve others. So through my business and my personal life, I serve others through many different avenues. I sit on the Auxiliary board of NotMyKid, and I also have been on committees for The Heart Ball and other charities, and I have chaired Make A Wish foundations Wish Ball. I do mission work as well, which I find so fulfilling and rewarding. For example, we helped build homes and provide food and clothing while exchanging bonds of love with families in the village of Cristo Ray, Nicaragua. I believe the biggest and most important

part of our life's purpose is to exchange a moral transaction between another and ourselves. It brings light to our soul being in a way nothing else can."

"My mission is to help women cultivate their beauty, power, and purpose while building a connection for women in a form of sisterhood where we grow together in kindness, compassion, accountability and love for one another," she explains.

Looking forward to 2018, Majerle has some exciting plans. "My company just launched in 2017, and we plan on continued growth while helping to achieve attainable goals for others. My book will be published in 2018, and available for sale toward the end of the year. I am truly grateful that God laid this on my heart so heavily. It is something on which I am applying all my efforts and working very hard with the hope that it brings comfort, peace and purpose to many women.

Contact Tina Majerle at 480.363.0501 or soulofawoman.com.



From Heart to Home

Christine Espinoza sells community values

Residential real estate is not just a passion, it's in the bloodline! After graduating from college, Christine got her real estate license and began working with her father, selling a couple hundred homes in the first few years of being in the business. Her experience is extensive to say the least.

"My father, Charlie Stidham, began his real estate career before I was born and has been a broker/owner/trainer for over 40 years. I used to sit open houses with him in high school and worked in his offices over the summer when I was in college. After graduating from the University of Arizona and doing multiple internships in different fields, it became clear to me I wanted to be in the real estate business and had the perfect mentor...my dad!"

Espinoza has earned numerous real estate designations over the years including her "MCNE" designation (Master Certified Negotiation Expert). This comprised over 30 hours of negotiation training, which in her opinion is one of the

most important skills a real estate agent should possess. "I studied marketing and business in college and take a unique approach to marketing my listings. I utilize PR, Social Media and hands on networking to promote those listings. I also use video to market the listings and showcase the neighborhood where I specialize, McDowell Mountain Ranch," said Espinoza.

"Building relationships one home at a time" is my motto. I truly enjoy getting to know my clients, and being their resource for all types of referrals long after the sale or purchase of their new home," explains Espinoza.

In addition to selling real estate, Espinoza takes time to give back in a big way. "I started a non-profit women's group in 2012 called Platform Scottsdale. We host events throughout the year connecting women and supporting various local charities. I am on neighborhood committee that plans community activities and sponsor many of those events. My sons and I set up collection stations throughout the year

for items such as sneakers, hygiene items and canned goods that are needed by the charities I support. Helping others is a passion of mine, whether it's volunteering with the homeless or helping a friend's business to grow. I believe wholeheartedly the more you GIVE, it comes back to you 10-fold."

2018 is bringing big things for Espinoza. "In regard to real estate, I am focusing my time and efforts in North Scottsdale and more specifically in my community of McDowell Mountain Ranch. I'm partnering with a local agent in the neighborhood to combine our resources to offer our clients the best possible service, referral network and "off market property" opportunities. My women's group, Platform Scottsdale, is going to host our first Trunk Show this year to promote local businesses owned by women to showcase their unique products."

Contact the Christine Espinoza at 602.989.7492 or www.ChristineSellsScottsdale.com or www.PlatformScottsdale.com



Scottsdale's Own REALTOR®

Kevin Owens sells the Scottsdale dream

As a Scottsdale native, Kevin Owens is known in the industry for his unique property marketing strategies and expert representation, making him a frontrunner in the Phoenix metro area residential real estate industry.

"I have the in-depth market knowledge that only a Valley of the Sun native can offer. I was born and raised in Scottsdale, so I know the area very well! I am also recognized for my industry leading marketing strategies, coupling the power of the Internet with conventional time-tested marketing. My innovative marketing includes online video showcases, unparalleled international Internet exposure for my listings, and bespoke marketing campaigns," explains Owens.

Owens is powered by the strength of Coldwell Banker, the oldest and most established real estate brokerage in North America and known as one of the most innovative, forward-thinking real estate brands today.

"I am focused on providing client-centered service, offering the experience of

boutique-style service with the resources and strength of an international brand," explains Owens.

"Today, our parent company still makes the "World's Most Ethical" companies list. My team of support professionals ensures efficient communication with clients, while assisting with providing proactive concierge-level service beyond the transaction."

His continuing education means clients will be working with a REALTOR® who is immersed in the industry and understands current market trends. His ability to properly negotiate the sale, explain documentation, and interact with mortgage professionals means a seamless transaction for each client.

"Recently, I have been successful helping new clients sell their properties when other agents have failed to sell them. I rank in the top 6 percent of agents in the world and have been ranked in the top 10 agents in Arizona based on sales production. I have also been ranked as the top-producing agent in both our North Scottsdale

and Pinnacle Peak offices. I have been voted "Best REALTOR® In Scottsdale", "Top Luxury Agent", and "40 under 40" in Scottsdale," explains Owens.

Owens also focuses on giving back to the community through each sale. "I contribute charitable support from each home I sell to UNICEF, The Care Fund, and Phoenix Theatre. I serve as a mentor to new real estate agents, guiding them through coaching and building their businesses. As a mentor, I work to elevate the professional standards of the industry through working with new agents to work with consumers in an ethical and professional manner," he states.

Owens believes in providing his clients the personal level of service that most large real estate teams cannot provide. Owens and his efficient team of support professionals are dedicated to providing clients dynamic, world-class service.

Contact Kevin Owens at
480.217.9184, kevin@fineAZliving.com, or
www.fineAZliving.com. 7975 N. Hayden
Road Suite C-100, Scottsdale, AZ 85258



Leading the Pack

Dr. Kaye creates unique solutions for everyday problems

Dr. Mitchell Kaye began his medical career at Georgetown University School of Medicine in 1983. Four years later, he earned his MD and membership in the National Medical Honor Society. His philosophy of training with the best on the way to being your best, lead him to the Cleveland Clinic Foundation for his surgical training. Dr. Kaye completed six years of specialty apprenticeship in urologic surgery at one of the world's premier centers of medical education and excellence. Dr. Kaye has specialized in critical health issues affecting both women and men for 25 years.

"Natural Restoration Centers of America, NRCOA, an offshoot of Scottsdale Urologic Surgeons, has served as a vehicle for me to offer treatments that help the body harness it's natural ability to care for, restore, and rejuvenate itself," explains Dr. Kaye. "We have been able to focus on critical issues that affect the sexual health of

both men and women including erectile dysfunction, loss of sexual sensitivity and pleasure, and vaginal tone and health."

Throughout his career Dr. Kaye has strived to offer his patients "state of the art care." This pattern of practice started in the United States Air Force where Dr. Kaye served at what is now Joint Base Andrews, home of Air Force One, and as an Assistant Professor at the uniformed Services Health Sciences university.

It has always been the aim of my medical practice to bring state - of - the - art treatments and programs to the people I care for. As a result of this passion, I have helped pioneer numerous minimally invasive treatments in Arizona, most notably robotic surgery which has had a dramatic affect on the way cancers are treated," he says. "Several years ago, as part of my surgical practice, I pursued an interest in how the use of stem cells and growth factors might benefit the human tissue healing process. Today this has lead to cutting edge protocols that have

had a particularly beneficial effect for the sexual health of both men and women."

Dr. Kaye offers non-invasive/safe/low-risk procedures with little to no downtime. Vaginal rejuvenation and erectile dysfunction treatments are also associated with little to no discomfort, two of his specialty treatments. The center also offers various men and women sexual health services including, "the O-Boost", hormone treatments, "the P-Boost" and thinning hair restoration.

For 2018, Dr. Kaye has high hopes for the practice, "I hope to continue to distinguish NRCOA as a leading practice that capitalizes on the knowledge and expertise of a specialist who is capable of combining thoughtful alternative therapies and traditional tried and tested treatments. NRCOA is years ahead of most with protocols that address such personal issues for it's patients."

Contact Dr. Kaye at 480.405.0333 or www.nrcoa.com. 10210 N. 92nd St. Suite 100, Scottsdale, AZ 85258

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BY **CHELSEA YOUNG** / PHOTO COURTESY OF **WASTE MANAGEMENT PHOENIX OPEN**

It's time to gear up for the "Greatest and Greenest Show on the Grass" – the Waste Management Phoenix Open, held at TPC Scottsdale Jan. 29-Feb. 4. Now in its 83rd year in the Valley (and ninth as the Waste Management Phoenix Open), the tournament has garnered acclaim for being the most unique stop on the PGA Tour with high-energy holes and luxe skyboxes to catch all the action. Perhaps the most notable are those at the 16th hole as well as the newer Bay Club at hole 17. The fanfare will continue at night in the Coors Light Birds Nest, with notable acts taking the stage including rapper Flo Rida (Jan. 31), country duo Florida Georgia Line (Feb. 1), pop-rock band OneRepublic (Feb. 2), and another performer on Feb. 3 (not announced as of press time). Times vary. Tournament general admission, free-\$50 (Jan. 29-30 are free); VIP and package pricing varies. www.wmphenixopen.com.



AT THE SPA

Alvalora Spa at Royal Palms Resort and Spa has added two new treatments to its repertoire, delving into the therapeutic and age-old benefits of salt and sound therapies. The eco-friendly Himalayan Salt Stone Massage (\$170, 50 minutes) uses organic salt stones to balance the central nervous system, nourish depleted cells and detoxify. Additionally, a series of monthly Gong Bath experiences (\$20, one-hour group session) will be offered in partnership with Metta Yoga. Designed to bring about healing through brainwave stimulation, the gong bath – which bathes you in sound, not water – allows participants to achieve the brainwave frequencies that occur during daydreams, deep sleep and meditation. www.royalpalmsshotel.com.



DESERT DANCERS

After a five-year hiatus, Ballet Arizona and Desert Botanical Garden are collaborating for the return of MOMIX's *Opus Cactus*. In this otherworldly production, dancers from MOMIX – a company of dancer-illusionists – will transform into towering cacti, slithering lizards and fire. The enchanting work brings the landscape of the American Southwest to life through the illusionistic style of *Opus Cactus*, which was created in 1999 as a 20-minute act for Ballet Arizona. Jan. 12-13 at the Orpheum Theatre. \$35+. www.balletaz.org.



SUPPER AT SONATA'S

Just in time for the new year, Sonata's Restaurant has launched a brand-new menu, introducing a revamped patio and presenting a new executive chef, Vincent Contreras. The menu's Eastern European staples are now married with artful new interpretations of seafood, pasta and meat, such as pan-seared sea bass with Parmesan scallop potatoes and house-cut rib-eye steak with roasted root veggies. The refreshed patio connotes a quaint, relaxing garden vibe, perfect for lingering after a meal. www.sonatasrestaurant.com.



FOODIE FITNESS

Downtown Scottsdale bakery Super Chunk has a new, healthier treat – and they're pairing it with some exercise. This month, the bakery will introduce vegan protein and energy bars dubbed Vela Bars, adding to its repertoire of vegan items (such as their bagels). The bars will debut Jan. 20 in conjunction with a free urban bike ride led by co-owner Sergio Velador, who is an avid cyclist. Riders will get free coffee and samples of the bars, and, upon return, they'll get a discount on breakfast at Super Chunk's sister concept, New Wave Market. All levels are welcome, but you'll need your own bike. Sign up for the New Wave Riders group on the Strava app, or just show up that morning. 7 a.m. www.superchunk.me.

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WINE AND DINE

Back for its third year, T. Cook's Cellar Series has returned with an impressive monthly lineup of intimate events where executive chef Todd Allison will pair a custom, fixed-price menu with stellar wines from French, Napa Valley and Sonoma County winemakers. The next dinner is Jan. 17, featuring Napa Valley's Caymus Vineyards paired with a four-course feast and hosted by one of the winemakers. The series runs through April. Space is limited and tickets sell out quickly. 6 p.m. \$160++ per person. Call 602.808.0766 for reservations. www.royalpalmsotel.com.



NOT YOUR AVERAGE BURGER

Vegan? No problem, even at a place that's all about burgers. Say goodbye to fake-meat fails and head to Hopdoddy to try the Impossible Burger, which uses the Impossible Foods patty that's gained acclaim from *Forbes*, *Food & Wine*, and herbivores for being the only burger that looks, handles, smells, cooks and tastes like ground beef. Made entirely from plants, the \$14 entree is good for you – with no hormones, antibiotics, cholesterol or artificial flavors – and for the environment, as it uses significantly less water and greenhouse gases than meat to produce. www.hopdoddy.com.



MILESTONE MOMENT

With two Scottsdale locations (and one in Tempe), Asian eatery Flo's celebrated 20 years of delivering creative takes on traditional pan-Asian flavors last month. In honor of this milestone, Flo's is offering a special anniversary menu to customers that will be available and continually updated for most of the year. Try the likes of macadamia pineapple shrimp or rice wine scallops, and be sure to pop by Flo's for a longer happy hour (3-7 p.m. daily) and on Saturdays from noon to 3 p.m. for weekend specials. www.madebyflo.com.



FRIED & FIZZY

Following a debut at the Bentley Scottsdale Polo Championships, Fried & Fizzy has now launched as a stand-alone venture by polo owners and M Culinary Concepts, the Valley's largest catering company. Serving up fried chicken and Champagne, Fried & Fizzy is now taking bookings for groups, private parties and events – packages include a tent, tables and chairs, plus the food and Champagne. A food truck is in the works too. Interested? Contact Mandy McGee at 303.551.5315 or mmcgee@rosemoserallynpr.com.



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GREAT UPCOMING EVENTS

BY ELIZABETH LIBERATORE



Bespoke Yoga

Jan. 13, Mountain Shadows

Striving to put your health first in 2018? Kick off your New Year's resolution with Bespoke Yoga, a workout session that combines yoga with cycling. You'll begin with a bike ride through the neighborhoods surrounding the resort. Afterward, you'll be guided through a series of stretches tailored for cyclists and yogis alike. Post-workout, the resort's Living Room is an idyllic spot to unwind and reward yourself with delicious cocktail. Cycling and yoga, 4:30-6 p.m.; Living Room Victory Lap, 8 p.m. \$50 (includes guided bike ride, yoga class, parking and one cocktail); \$85 (includes everything plus a bike rental). www.mountainshadows.com.

Celebration of Fine Art

Jan. 13-March 25, Hayden Road and Loop 101

Located on the southwest corner of Hayden Road and Loop 101 is an art experience now in its 28th year. The Celebration of Fine Art is a juried show that takes place under big white tents and features 40,000 square feet of working artist studios and works of art across various mediums. The 2018 celebration will bring more than 100 new and emerging artists from throughout the country to show off their artistic chops. 10 a.m.-6 p.m. Two-for-one season pass, \$10 (good for the 10-week show). www.celebrateart.com.

Russo and Steele

Jan. 17-21, Salt River Fields at Talking Stick

Russo and Steele is a five-day auction where gearheads come to buy and sell more than 800 classic cars. It has become a one-stop shop for lovers of post-war vintage autos, both domestic and imported. The sprawling acres of Salt River Fields will be sprinkled with the very best in European sports, American muscle, hot rods and custom cars. Check the website for the full event schedule. Gates open at 9 a.m. \$20-\$30. www.russoandsteele.com.

Golden Masquerade Gala

Jan. 20, Phoenix Art Museum

This 50th anniversary celebration will feature a reception, silent and live auctions, a raffle, dinner, and an awards ceremony. This year's event is particularly special because it marks 50 years benefiting Back-to-School Clothing Drive (BTSCD), which provides students with new school uniforms, backpacks and school supplies necessary for academic success. Grab your most mysterious mask and help BTSCD continue to break down barriers to early childhood school and education success. 6 p.m. \$175. www.backtoschoolclothingdrive.com.

A Love Not Forgotten Gala

Feb. 3, JW Marriott Scottsdale Camelback Inn

Now in its eighth year, this gala hosted by the Alzheimer's Association Desert Southwest Chapter is dedicated to funding Alzheimer's care, research and support in the Valley. Matt MacLeod will be the event's keynote speaker, honoring his father, John MacLeod, who was the Phoenix Suns' longest-tenured head coach and inducted into the Phoenix Suns Ring of Honor in April 2012. Attendees of this black-tie affair will enjoy a reception and silent auction followed by dinner, special programming, a live auction and entertainment. 5:30-11 p.m. \$250. www.alz.org.

Galaxy Gala 2018: A Night in Pompeii

Feb. 3, Arizona Science Center

The Galaxy Gala is an annual celebration that benefits the Arizona Science Center's mission-critical STEM (science, technology, engineering and math) programs for youth. This year, the celebration will transport guests to a night in Pompeii. Event highlights will include a reception with cocktails and hors d'oeuvres, dinner, an auction, dancing in the Dorrance Planetarium, and an exhibition dedicated to the city of Pompeii. Additionally, the event will help support Fund-A-Bus, which provides transportation for youth field trips to the center. 6 p.m. \$500. www.galaxygala.org.



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CHILDHELP DRIVE THE DREAM GALA

Jan. 13, Arizona Biltmore

The 14th annual Childhelp Drive the Dream Gala will be a fairytale-themed evening chaired by Ivy Ciolli, Chrissy Sayare and Erika Williams. Expect to be whisked away with fine dining, cocktails and dancing as well as live entertainment at the black-tie affair. The gala will help meet the needs of thousands of abused children and their families that Childhelp serves each year. 5:30-11 p.m. \$1,000+. www.childhelp.org.

BY KELLY POTTS



GLENDALE'S GLITTER & GLOW BLOCK PARTY

Jan. 6, Murphy Park

Say farewell to the holiday season at the final day of the Glitters light display. Take in 1.5 million LED lights along with two dozen hot air balloons glowing throughout 16 blocks of historic downtown Glendale. Other highlights will include mass balloon glows and musical performances. 4-10 p.m. Free. www.glendaleaz.com.

SCOTTSDALE GOLF WEEK

Jan. 8-14, various locations

Ready, set, swing! Scottsdale Golf

Week will offer special pricing and vacation packages at dozens of the most celebrated courses, resorts and attractions. The week will include a variety of golf-themed special events, instructional clinics and competitions. Times and prices vary. www.scottsdalegolfweek.com.

ROCK 'N' ROLL ARIZONA

Jan. 12-14, Downtown Phoenix

Rock 'n' Roll Arizona is the perfect race for New Year's resolution setters with distances the whole family can enjoy. Run a marathon, half marathon, 10K, 5K or 1-mile run, with a starting point in

Downtown Phoenix and ending in Tempe. Times and prices vary. www.runrocknroll.com.

A PIANO TRIPTYCH

Jan. 13, Tempe Center for the Arts

Enjoy a night of jazz, all for a good cause. Three renowned pianists, Nicole Pesce, Stephanie Trick and Paolo Alderighi, will perform an evening on Broadway with two concert grand pianos. This performance will benefit the Sandra Day O'Connor Institute Scholarship Fund at ASU. 7:30 p.m. \$25-\$125. www.tempe.gov.

SUNDAY A'FAIR

Jan. 15-April 2, Scottsdale Civic Center Mall

This year will celebrate 30 years of Scottsdale Arts' Sunday A'Fair series, which will feature outdoor concerts by Valley musicians, an arts and crafts market, and fun activities for children and families. As a bonus, Scottsdale Museum of Contemporary Art will offer free admission during Sunday A'Fair. Sundays, 12-4 p.m. Free. www.scottsdaleperformingarts.org.

TALK CINEMA

Jan. 16 and 30, Scottsdale Center for the Performing Arts

Blending Hollywood flair with the element of surprise, Talk Cinema provides sneak previews of new independent and foreign films. Audiences arrive at the theater not knowing what will be screened and are among the first to see new movies and then engage in a discussion led by film scholars and special guests. 7 p.m. \$14. www.scottsdaleperformingarts.org.

GOODING & COMPANY SCOTTSDALE AUCTIONS

Jan. 17-20, Scottsdale Fashion Square

Head to Gooding & Company's automotive marketplace adjacent to Scottsdale Fashion Square. The viewing showcase will open Jan. 17, where enthusiasts will be able to enjoy the high-quality assortment of vehicles and connect with Gooding & Company's staff and fellow collectors. The auctions will take place Jan. 19-20. Times vary. General admission, \$40; auction catalogue, \$100; bidder, \$200. www.goodingco.com.

THE GUTHRIE BROTHERS

Jan. 18, Higley Center

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PHOTO BY JOAN MARCUS



HAMILTON

Jan. 30-Feb. 25, ASU Gammage

Catch the musical that's taken Broadway by storm! The show tells the story of America's Founding Father, Alexander Hamilton, an immigrant from the West Indies who became George Washington's right-hand man during the Revolutionary War and was the nation's first treasury secretary. As part of the ASU Broadway Series, *Hamilton* features a score that blends hip-hop, jazz, blues, rap, rhythm and blues, and Broadway music. While ticket availability is limited, more tickets may become available closer to the opening date. Times and prices vary. www.asugammage.com.

version of *Cecilia*, prepare to fall in love with the music of Simon & Garfunkel all over again. The Guthrie Brothers will take listeners on a journey of one of the most beloved folk-rock duos in this tribute performance. 7:30 p.m. \$23-\$44.80. www.higleycenter.org.

DANCE WITH ME

Jan. 19, Phoenix Art Museum
Guests will enjoy a cocktail reception, dinner, a performance by Ballet Arizona, and live music at this gala that benefits Ballet Arizona's performances, education and outreach. The black-tie soiree will honor longtime Ballet Arizona supporters Rose and Harry Papp. 6:30 p.m. \$600. www.balletaz.org.

SAVOR THE SYMPHONY

Jan. 19, Symphony Hall
Savor the Symphony is the signature fundraiser for The Phoenix Symphony, raising nearly \$1 million for programs that influence more

than 125,000 youth and adults in the community every year. This unique women's luncheon gives attendees behind-the-scenes access to the rehearsal of The Tenors (a vocal group) and a gourmet meal prepared by a local executive chef. 11 a.m. \$350. www.phoenixsymphony.org.

CAREFREE FINE ART & WINE FESTIVAL

Jan. 19-21, Downtown Carefree
This 25th annual festival will feature more than 155 juried fine artists, live music, and fine wines from around the world. A wine-tasting ticket includes a souvenir wine glass. 10 a.m.-5 p.m. Admission, \$3; wine-tasting ticket, \$10. www.thunderbirdartists.com.

FRANKIE VALLI & THE FOUR SEASONS

Jan. 19-20, Celebrity Theatre
This unforgettable evening will feature the original Jersey Boy,

Frankie Valli, and The Four Seasons showcasing their time-honored pop favorites. Doors, 7 p.m.; show, 8 p.m. \$66-\$126. www.celebritytheatre.com.

BARROW GRAND BALL

Jan. 20, Arizona Biltmore
The Barrow Grand Ball celebrates the philanthropic achievements of the Barrow Women's Board while raising funds for Barrow Neurological Institute. More than 300 of the Valley's leaders and philanthropists will attend the black-tie, invite-only event to enjoy a cocktail reception, dinner and dancing. 6:30 p.m. Tables, \$10,000. www.supportbarrow.org.

DOGGIE STREET FESTIVAL

Jan. 20, Steele Indian School Park
Celebrate and pamper your pet at this third annual event where you can sample the latest in pet foods, pet products and services, plus

get vet tips. There will also be a kids art area and music. Of course, dogs are welcome. 10 a.m.-3 p.m. Free. www.doggiestreetfestival.org.

DOGS' DAY IN THE GARDEN

Jan. 20, Desert Botanical Garden
Grab your furry friend for a walk on the garden trails, where you can meet other dog lovers, learn about local dog-related nonprofits, shop at the "Barketplace" for dog merchandise, and enjoy a dog play zone. 8 a.m.-2 p.m. Free with paid garden admission (\$22); \$4 for dogs, which benefits the Arizona Humane Society. www.dbg.org.

PAWS IN THE PARK

Jan. 20, Chaparral Park
Bring your favorite four-legged friend to the Chaparral Park off-leash area to talk with experienced pet professionals, visit information booths, learn about dog adoptions, and get great giveaways. Dog food donations will be accepted and will benefit Vista del Camino's Pet Pantry and rescue agencies. 10 a.m.-1 p.m. Free. www.scottsdaleaz.gov.

JERSEY BOYS

Jan. 23-28, Orpheum Theatre
Winner of the 2006 Tony Award for Best Musical, *Jersey Boys* tells the story of how Frankie Valli and The Four Seasons went from being unknown New Jersey kids to international pop superstars. The show features more than 30 crowd-favorite songs. Prices and times vary. www.orpheumtheatrephx.com.

IT'S ONLY A PLAY

Jan. 24-Feb. 11, Phoenix Theatre
Written by Tony Award winner Terrence McNally, this is a celebration of theater at its best and theater people at their not-so-best. The show takes place on opening night of Peter Austin's new play. At the home of his wealthy producer, Peter is joined by his best friend, the show's aging starlet, the director, and a drama critic, as the unlikely group anxiously awaits the late-night newspaper reviews. Times and prices vary. www.phoenixtheatre.com.

ART IN MOTION: A VIDEO EXPERIENCE ARTWALK

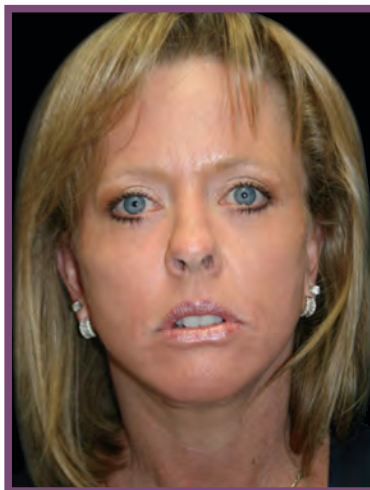
Jan. 25, Downtown Scottsdale
As part of Scottsdale's Gold Palette ArtWalk series, this special artwalk will focus on video works. While you can walk, there are also trolley and horse-drawn carriage rides available to transport you throughout the Scottsdale Arts District. 6:30-9 p.m. Free. www.scottsdalegalleries.com.

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ARIZONA FINE ART EXPO

Global artists set up shop in the desert for 10 fun-filled weeks

BY ELIZABETH LIBERATORE / PHOTO COURTESY OF ANTHONY BARBANO



IF YOU GO...

What: Arizona Fine Art Expo

When: Jan. 12-March 25, 10 a.m.-6 p.m.

Where: 26540 N. Scottsdale Road, Scottsdale

Tickets: Season pass, \$10; seniors and military, \$8; ages 12 and under, free

Information: www.arizonafineartexpo.com

Since 2005, Arizona Fine Art Expo, produced by Thunderbird Artists, has been a pinnacle of creativity. As a juried fine art show, the 10-week event is open daily as both an educational tool for the public and a community for artists and art enthusiasts.

"The expo is an amazing concept that connects the buyers with the artists. I value the unique relationship that can be formed when I, as the artist, meet the buyers of the artwork they love," says Christine Hauber, a photographer based in Santa Fe, New Mexico.

Located on the southwest corner of Jomax and Scottsdale roads sits the big white tents that have become synonymous with this event. Underneath them,

renowned artists from across the globe will create original pieces of fine art in outpost studios – 115 studios, to be exact.

Each artist has an open-door policy, allowing attendees to enter their studios to learn more about their passion, inspiration and techniques. For 10 weeks, participating artists will create countless masterpieces (which are for sale) including paintings, jewelry, sculptures, photography, glass pieces and much more.

"The Arizona Fine Art Expo celebrates the artist's imagination. It is thought-provoking and provides a deeper understanding of the artistic process, from conceptualization to fruition," says Anthony Barbano, a glass artist based in Arizona. "I am looking forward

to unveiling the newest innovations in the Barbano Glass Collection at this year's event."

In addition to new artists and collections, the 2018 expo is jam-packed with new sights and bites. Chef John Chambers of Sogno Toscano will give chef demos and share delicious samples on Jan. 20 and Feb. 10. Patrons can also stroll a two-acre Sonoran Garden, which includes a koi pond with a waterfall. Other highlights include a cafe, invitational garden parties, a special "Up Close with Arabian Horses" event, live music every weekend, and more.

"It has been a pleasure participating in the Arizona Fine Art Expo," Barbano says. "This event provides artists and art aficionados an exceptional experience."

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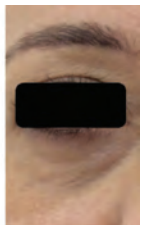
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You won't want to miss out on the world's premier automotive lifestyle event, featuring a selection of rare autos up for auction as well as luxe VIP experiences.

Notable Collections

This year's docket features a bevy of rare automobiles. Among them are a 1966 Shelby GT350 Prototype #001, a 1969 Chevrolet Camaro ZL1 (No. 59 of 69 ever produced), and a 2017 Ford GT with proceeds from the sale benefiting the Autism Society of North Carolina's IGNITE program. This will be the first current-generation Ford GT that has been donated for charity since the car was introduced. To date, Barrett-Jackson has raised more than \$96 million for local and national charities. Viewers can keep up to date on all vehicles crossing the block, the event schedule and ticketing at www.barrett-jackson.com.

Opening Night Gala

Taking place on Jan. 14, the Opening Night Gala is an exclusive event open to bidders, consignors and VIPs on an invite-only basis. The gala is the fastest way to rev up the excitement for the auction and hear about what to expect during the upcoming week. There will be an open bar, food from top local restaurants, entertainment and dancing.

VIP Experiences

Barrett-Jackson VIP Experiences provide exclusive access, all-inclusive hospitality and insider extras (think behind-the-scenes tours, Opening Night Gala tickets and more). Those wanting the red-carpet treatment can choose from one of four options:



Craig Jackson Skybox: Historically, access to the Owner's Box was available on an invitation-only basis for celebrities, million-dollar bidders or select VIPs. With this package, you can become one of these privileged individuals. \$7,499+ per person.

VIP Luxury Reserve: Experience the auctions in style with exclusive access to the VIP Skybox Hospitality Suite. Watch the action from the Skybox or your reserved floor seat and take advantage of other exceptional amenities. \$1,999+ per person.

Gold or Silver VIP: Both of these options include access to the Staging Lanes Hospitality venue, and the opportunity to see the cars up close as they get ready to cross the block. The Gold package also includes a floor seat in the auction arena. \$1,499+ per person (Gold) and \$1,299+ per person (Silver).

IF YOU GO...

What: 47th Annual Barrett-Jackson Scottsdale Auction

When: Jan. 13-21

Where: WestWorld of Scottsdale, 16601 N. Pima Road, Scottsdale

Tickets: All week pass, \$175 (advance), \$190 (at the gate); pricing varies for individual day passes

Information: www.barrett-jackson.com

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COFFEE TALK

Where to go for more than just your average morning Joe

Need a caffeine fix? A Wi-Fi enabled nook to work? A perfect place for a first date? Look no further than these cozy local coffee shops.

BY ALISON BAILIN BATZ



Altitude Coffee Lab

Located in McCormick Ranch, Altitude boasts an expansive patio with couches as well as tables that overlook a small man-made lake. Inside, the space is a little more industrial with a funky bar area that is popular for groups and meet-ups. The majority of the space serves as an in-house roasting facility for the shop. Coffee memberships, where customers can pick up new coffees each month, are available to guests as well as housemade drinks and a small bites menu. www.altitudecoffeelab.com.

Cartel Coffee Lab

Old Town Scottsdale is just one of the many spots this bustling local coffee shop and roaster has sprung up in recent years. Known as a perfect place to hunker down with a cold brew, piping hot espresso, or crafted coffee drink to get some work done, the space is always humming with young business professionals and work-from-home folks looking to get inspired outside of the home office. Lovers of all things local, the shop also offers an ever-changing menu of Arizona beers and wines as well as pastries. www.cartelcoffeelab.com.

Echo Coffee

A staple of the South Scottsdale community for nearly a decade, Echo is focused on all things fresh, organic and flavorful – from its coffee to its uber-popular pastry case. A micro roaster, the Echo team is versed in all of its coffees' origins and flavor profiles, even carrying out their own roasting experiments from time to time. www.echocoffee.com.

Maverick Coffee

Opened in 2015, this central Scottsdale hot spot was launched by three Scottsdale residents – including two Olympic athletes! Their coffee hails from San Francisco-based Ritual Coffee Roasters, and they are all about offering meticulous menu items in an ultra-relaxed atmosphere. This winter, they're also offering something for the non-coffee obsessed out there: a hot chocolate menu. www.maverickcoffee.com.

Press Coffee Roasters

A local coffee roaster since 2008, Press now has seven locations throughout the Valley, including at Scottsdale Quarter. A warm, inviting space known for its popular "Coffee 101" tasting classes offered every second and fourth Saturday for just \$20, Press is focused on providing coffee education as well as a home base for locals to connect, work and simply relax. www.presscoffee.com.

Sip Coffee & Beer House

Once a knitting shop, Sip in Downtown Scottsdale features specialty "washed" coffee from Cartel Coffee Lab as well as craft beer and a locally sourced food menu. Washed coffee – which is made via a wet method and not processed – has a pronounced sweetness and a brighter, less full body. The space is a lively place to "sip" no matter the time of day. www.sipcoffeeandbeerhouse.com.

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LOL!

Where to exercise your funny bone

They say that laughter is the best medicine, but it's no joke – laughing can actually benefit your health by strengthening your immune system, boosting your mood, diminishing pain, and decreasing stress. In keeping with New Year's resolutions, why not add the goal of laughing a little more to your list? Following are four Valley venues to get your daily dose of chuckles.

BY ALISON BAILIN BATZ



Rick Bronson's House of Comedy

This High Street comedy club is owned by an actual comedian, Rick Bronson, who has also worked as a magician, a producer and a musician. Rather than heading straight to your seats, House of Comedy has a modern lounge – appropriately called Hecklers – where you can enjoy a drink before the show. Seating is on a first-come, first-served basis for groups of seven or less, and once seated, the venue offers fantastic snack and dinner options as well as beer, wine, cocktails, and even a cheesecake menu (try the turtle variation!). Among the upcoming performers taking the stage are two *Chelsea Lately* alums: Fortune Feimster (Jan. 11-13), who also played *The Mindy Project*'s Colette, and Liza Treyger (Jan. 24-28). www.houseofcomedy.net.

Stand Up Live

The big, bold comedy club, which is Comedy Central-certified, only opened a few years ago, but is already among the biggest attractions in Downtown Phoenix. Like House of Comedy, seating is on a first-come, first-served basis and the in-show menu is impressive. But, as a bonus, Stand Up Live has a VIP seating package called "First Class" with reserved seating up front for a food and beverage minimum of \$50 per person (or bottle service which covers that minimum). In any given month, the venue may welcome big names such as David Spade and Joel McHale. And January is no exception, boasting Billy Gardell (Jan. 5-7), who starred in CBS' *Mike & Molly*, and Mad TV's Aries Spears (Jan. 26-28). www.standuplive.com.

Tempe Improv

For decades, Tempe Improv was considered the gold standard for comedy clubs in the country. But in 2012, the club was forced to close. A year later, Stand Up Live owners and others pulled together and re-opened the iconic space to great acclaim. Today, the venue shares the same menu and policies (including the "First Class" option) with Stand Up Live, but retains its charm, not to mention its walls of posters from the hundreds of comedians who have graced the stage since the 1980s. Don't miss the menu of dessert cocktails, which includes a triple espresso martini and a cognac-infused Bailey's creation. This month, notable acts include two former *Saturday Night Live* stars: Gilbert Gottfried (Jan. 11-13) and Jim Belushi & The Board of Comedy (Jan. 26-27). www.tempeimprov.com.

The Comedy Spot Comedy Club

Now in its 16th year, the very intimate Scottsdale Comedy Spot is a developmental club as well as stage for the actual pros. Their aim is to host both the national comedy stars of today as well as future stars who are on their way up the chance to shine. As such, the venue excels at offering classes, training and workshops on stand-up and sketch comedy, improv and even team building. Locals can try one of the ongoing stand-up comedy classes, which are offered every Tuesday at 6 p.m. for \$25 per person or four classes for \$100 per person. www.thecomedyspot.net.



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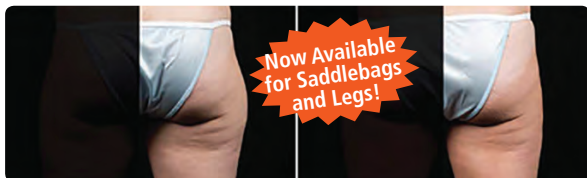
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AT THE ATELIER

Innovation meets art at the internationally acclaimed fine art foundry, Bollinger Atelier

BY OFELIA MONTELONGO



Originally established as Arizona Bronze Fine Arts Foundry in 1977, Bollinger Atelier acquired its name thanks to Tom Bollinger's purchase in 1997. The atelier – which is French for “artist's workshop” – focuses on producing sculptures at any scale, from miniature to monumental for many world-renowned artists. It also completes design and production services for artists, architects and designers worldwide, including project management, aluminum and bronze casting, fabrication, digital enlargement, and installation services.

Scottsdale resident and owner Tom Bollinger, who is also a well-known sculptor, managed several other fine art foundries before acquiring Bollinger Atelier, where he seeks to collaborate with artists to make their visions a material reality.

“Our goal is to develop pride in the artisans; we value creativity and the skills we bring to the creation of sculpture,” Bollinger says.

The Tempe-based studio fabricates primarily contemporary work in stainless steel, steel, bronze and aluminum, and it currently has a full-service digital facility, including 3-D scanning, CNC milling and rapid prototyping for enlarging and creating sculptures, along with “old school” analog sculpting.

Over the years, the fine art foundry has worked with more than 100 artists, including well-known sculptors Tom Sachs, Lorna Simpson, Donald Baechler, and Kiki Smith, among many others. The studio has also worked with local artists such as Ed Mell, Fritz Scholder, John Nelson Battenberg and John Tuomisto-Bell.

The atelier has also collaborated with Valley-based architecture and design firms such as Debartolo Architects, coLAB studio, Will Bruder Architects, CCBG Architects and Craig Wickersham Architects.

One of the foundry's keys to success is having a talented artisan team, including Bollinger's wife Kim Nikolaev, a fine art jeweler and director of special projects and marketing for the atelier. Largely recruited from collegiate fine arts programs, atelier artisans are nearly all working artists.

“We feel we are an extension of the artist's studio, and most of us are artists ourselves,” Bollinger says. Artisans are encouraged to perfect their skills, and they are given the opportunity to use the facility to create their own art.

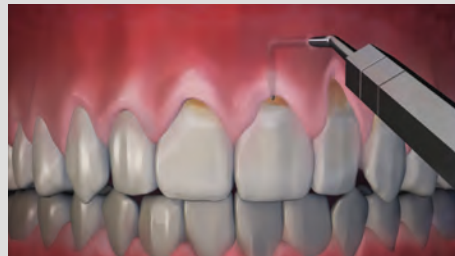
“We are creating artwork that will last for centuries, and solving production issues for what, at first glance, appears to be impossible,” Bollinger says. “I love to produce work that is difficult and requires all our expertise and experience.”

Even with its international fame, Bollinger Atelier plans to remain small and focus on refining its process with a limited number of works each year.

Learn more about the art foundry at www.bollingeratelier.com.

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New in 2018



BY CHELSEA YOUNG AND GABBY RICHMAN

The turning of the calendar into a new year often begs the question, “What will I do in the next 12 months?” That’s where we come in! We’ve done the digging, now you get to do the fun part. We’ve uncovered 65 new (or renewed) places set to open this year, spanning restaurants and bars to fitness studios and must-see attractions – plus those that opened in the last few months that you may have missed. Get ready to make the most of 2018!

PLAY

The Art of Ice Cream Experience

An ultra-cool pop-up art exhibit focused on icy treats has arrived in Downtown Scottsdale. Full of hidden delights, The Art of Ice Cream Experience is a colorful playground of eight themed rooms that pay tribute to ice cream flavors and frozen goodies. Ice cream treats from local creameries are available for sampling, too. Purchase tickets online through Feb. 28.

Casa Amigos & Skylanes

Scottsdale’s entertainment district is getting a new hot spot – well, two-in-one to be exact.

Housed inside the two-story space previously known as Livewire, Casa Amigos will transform the first floor into a stylish Mexican restaurant and lounge, while upstairs, Skylanes will be a boutique bowling alley featuring bottle service and high-energy music late into the night.

Desert Stages Theatre

In mid-2017, Desert Stages Theatre moved from its decade-long home into Scottsdale Fashion Square. After an extensive renovation, the original Harkins movie theater was transformed into a performing arts center that offers theatrical training and performing opportunities to aspiring young actors, while providing patrons with larger theaters and more shows.

The Lyceum

After three years in the making, The Lyceum, meaning “gathering place,” is expected to open this February. Located in the Melrose District at 7th and Montecito avenues, the park is a project of local nonprofit organization Community Alliance of Seventh Avenue, Clear Channel Outdoor (who donated the property that will house The Lyceum), and City of Phoenix Parks Department. The soon-to-be local hangout will include shaded areas, ample seating, low-water trees and plants, lighting, a stage, bike racks, and plenty of space to mingle.

Pangaea Land of the Dinosaurs

Take a step back millions of years ago to when

dinosaurs ruled the earth at this interactive exhibit and educational center located at Scottsdale's OdySea in the Desert complex. With more than 50 life-sized animatronic dinosaurs and true-to-life recreations of prehistoric habitats, Pangaea transports guests back to the age of the dinosaurs. Enjoy face painting, fossil digging, educational explorations, and even dinosaur go-kart rides.

Phoenix Indian School Visitor Center

Found in a renovated historic building at Phoenix's Steele Indian School Park, this once-Native American school campus showcases a piece of the past. Featuring a gallery with rotating exhibits, a conference room, a board room, a classroom, and a commercial kitchen, the center is currently open by appointment and available to rent for private events.

PAMPER

Alvea Spa

Just east of North Scottsdale, the Verde River Golf & Social Club is opening a new full-service day spa this month. While the club is exclusively for members, the spa will be open to the public, offering massages, hair and nail treatments, and naturopathic services that incorporate the natural, local surroundings.

The Drip Room: A Vitamin Bar

For those seeking to stimulate their health and wellness, The Drip Room recently opened a second Valley location at The Colony, delivering services including a variety of IV vitamin drips.

Drybar

In December, Drybar opened its third Valley location at Lincoln Plaza, specializing in blowouts in a sleek, sophisticated space. A fourth location is set to open at The Phoenician this spring.

Herbal Nails & Spa

Located at Arcadia Gateway Shopping Center, this salon offers pedicures and manicures with luxurious upgrades including organic ingredients, a hot stone massage and paraffin hot wax.

STAY

Arrive Phoenix

Projected to be completed by the end of this year, this hotel and dining destination will be housed inside a pair of architecturally significant yet long-neglected midcentury modern mid-rises located at the intersection of Central Avenue and Camelback Road. Totalling just over 2 acres and 45,000 square feet, the property will have 79 rooms and also host a coffee shop, poolside taco bar, gourmet ice creamery, and rooftop craft cocktail bar.

Hotel Adeline

Hotel Adeline is a stylish new boutique hotel opening in Old Town Scottsdale this month. The contemporary retreat will offer 213 guestrooms including five spacious king suites, a Mediterranean-American restaurant and lounge, a fast-casual breakfast and lunch cafe with a late-night grab 'n' go bar, a fitness center, a lively pool scene and pool bar, and private event space.

Mountain Shadows Condominiums

The developers of Sanctuary on Camelback Mountain and Hotel Valley Ho reopened Mountain Shadows in April 2017, revealing an upscale 1950s modernism aesthetic. With 42 condominiums and suites, the resort's luxury wing is designed for people seeking "lock and leave" resort-style living and completed the property in December.

The Phoenician

Over the past two years The Phoenician has undergone an extensive, multimillion-dollar refurbishment including redesigns of the guest rooms, casitas, The Canyon Suites, the main lobby, and select dining areas. New to the resort are Mowry & Cotton, a laidback American eatery that opened in October; Accents, a collection of shops that debuted in December; and a kids zone at the redesigned center pool that also opened last month. Debuting in 2018 will be a brand-new, three-story spa (spring), a state-of-the-art athletic club (spring), and a redesigned and rerouted golf club (fall).

Royal Palms Resort and Spa

This iconic, nearly century-old Mediterranean-style hideaway unveiled a new look last November including a revival of all 119 guest rooms and the Presidential Suite with earth tones, rich wood architectural elements, new

artwork, wood flooring and eclectic furnishings. Additional renovation highlights include Spanish hacienda-inspired corridor walkways, an updated mother-of-pearl swimming pool and lounge area, and new landscaping, including 200 towering palms across the 9-acre property.

The Scott

The resort formerly known as FireSky has been revamped and reopened as The Scott Resort & Spa this past fall thanks to new ownership. Near Old Town Scottsdale, it has completed phase one of a \$15 million renovation (phase two is set for completion in the fall) that updated the pool area, lobby lounge, restaurant, bar and several model rooms.

SHOP

Athleta

Athletic gear powerhouse Athleta found a new home at The Shops at Town & Country last September, selling active and sporty clothing, shoes and accessories for women and girls.

Modernique

Renowned Chicago-based interior and furnishings designer and top-selling author Julia Buckingham opened her first standalone retail shop at Uptown Plaza last month. Blurring

Desert Mountain Sonoran Spa

Ranked among the top private clubs in the nation, Desert Mountain finished a \$12 million renovation to its Sonoran Spa late last year. Upgrades and new services at the Scottsdale facility include additional exercise rooms for fitness activities; a youth activities center; expanded food service; and additions to its spa, salon and massage areas.





The Ritz-Carlton, Paradise Valley

The Ritz-Carlton, Paradise Valley master-planned community will span 122 acres and will include a 200-room Ritz-Carlton resort surrounded by 80 single-level Villas and 39 single-family Estate Homes. The Villas and Estate Homes will be whole-ownership and Ritz-Carlton branded with services including a dedicated concierge, priority access to resort amenities, and services such as in-residence dining and housekeeping. The 20-acre Ritz-Carlton resort will boast North America's longest resort pool at just over 400 feet, a 14,000-square-foot spa, a health and fitness center, indoor and outdoor meeting and event spaces, a citrus orchard, an herb garden, lush walking paths, and a grand lawn with stunning views of Camelback Mountain. It's all set to open by the end of the year.

the lines between modern and antique, the 1,900-square-foot space carries items from different genres and eras as well as Buckingham's own custom-designed furnishings and accessories line.

Scottsdale AutoShow

It's hard to miss the huge new auto complex along Loop 101 just south of Indian School Road. Opened in late 2017, Scottsdale AutoShow is a 70-acre automotive retail development located on the Salt River Pima-Maricopa Indian Community. It is the first master-planned auto park in the last six years and the first one on tribal lands in the U.S. Current tenants include Courtesy Volvo and Chapman Automotive Group's Chrysler, Jeep, Dodge, Ram, Ford, and Volkswagen dealerships.

Tal Barkel Designs

Tal Barkel Designs, a local jeweler offering handcrafted, one-of-a-kind and custom pieces, is opening his first jewelry lounge and showroom this month. Located in Scottsdale's Camelback Towers, it will offer a luxurious meeting space for customers to meet and collaborate with the designer.

WORKOUT

CorePower Yoga

This national fitness chain has made its way to Central Phoenix with yoga classes that range in challenge, flow and style designed to build strength, ignite intent, and concentrate on building a powerful – you guessed it – core.

Sweatshop on Central

The name says it all – get ready to sweat! As of last December, this Uptown Plaza tenant offers barre, spin and yoga classes in a state-of-the-art, eco-friendly space.

DRINK

Bitters

As one of the latest additions to South Scottsdale's burgeoning scene, Bitters is a bar focused on all things bitters. Located at ASU SkySong, it features craft, small-batch production spirits; thoughtfully curated wine and beer lists; and cocktails with clever drink names using the restaurant's moniker as inspiration.

The Casual Pint

Craft beer loves, rejoice! This recently opened Central Phoenix market and bar (which also has a location in Chandler and quite a few out of state) features 35 beers on tap, carries over 300 beer varieties in its market, and sells lots of fun beer-focused products, from dog beer to beer candles, soap, hot sauce, and candy. On the food front, enjoy pub grub like beer-infused tenders and Bavarian pretzels served with beer cheese.

Cider Corps

Veteran-owned and -operated, Cider Corps began as a hobby for two brothers and has now developed into Arizona's first fully dedicated cidery and taproom. Cider Corps released its first two ciders in September 2017, which are available at select Phoenix bars and restaurants. With a projected opening date of Jan. 9, it will be located in downtown Mesa, in an 1800s-era building that was once the Mesa police station.

The Gym Sports Bar & Grill

Get your reps in – or maybe just relax, watch sports and enjoy some food and drinks – at this North Phoenix hangout, boasting 33 TVs; \$2 domestic bottled beer daily; and a large breakfast, lunch and dinner menu featuring bar eats.

High Bar at Modern Grove Views

Scottsdale's latest place to grab a drink at the OdySea of the Desert complex is High Bar, which opened in November above the eatery Modern Grove Views. The bar serves up bruschetta, wine, cocktails and amazing mountain views. Plus, High Bar actually overlooks Dolphinaris so you can see the dolphins swimming in their pools below.

Highside

The Sunnyslope area's newest bar features a biker-friendly, open-road theme with a neighborhood vibe, and has been dubbed a "weekend warrior stop" for those looking to enjoy a drink in a relaxed, comfortable environment.

Press Coffee

The October opening of Press in the Biltmore Center II building marks its seventh Valley location, serving Press' award-winning espresso drinks, pour overs and cold brew as well as hosting its popular "Coffee 101" one-hour tasting class every Saturday. A location in Old Town Scottsdale is slated to open later this year.

DINE

BREAKFAST Hash Kitchen

Scheduled to open in the spring, the third Valley location of this local breakfast hot spot, located at Arcadia Gateway Shopping Center, will have a bigger version of its famous build-your-own bloody mary bar as well as a new look and feel reminiscent of the Hamptons.

Over Easy

Featured on the Food Network and in *Bon Appétit* magazine, this nationally recognized breakfast joint opened in the Biltmore Center II building last year and will add a new Paradise Valley location this month. Serving breakfast and lunch, options range from health-centric – like

RENOWNED CHICAGO-BASED INTERIOR AND FURNISHINGS DESIGNER AND TOP-SELLING AUTHOR JULIA BUCKINGHAM OPENED HER FIRST STANDALONE RETAIL SHOP AT UPTOWN PLAZA LAST MONTH. DUBBED MODERNIQUE, THE BOUTIQUE BLURS THE LINES BETWEEN MODERN AND ANTIQUE.



TruFusion

Set to open by early January near Kierland Commons, TruFusion is a cutting-edge group fitness studio offering 65 different class styles and 240 classes per week. Across its five exercise rooms, TruFusion will feature a blend of heated and non-heated yoga, cycling, Pilates, kettlebell, barre, boot camp, boxing and other classes.



a quinoa protein bowl – to more indulgent, Guy Fieri-approved offerings such as the Waffle Dog (sausage links wrapped in a vanilla waffle).

Scramble, a breakfast and lunch joint

The Biltmore Corridor will gain a new fast-casual breakfast and lunch spot in early February, offering the eatery's signature favorites including the popular "brizza" or breakfast pizza, French toast, breakfast burritos, and vegan specialties. New additions include a dog-friendly patio, beer, wine, and select specialty cocktails such as mimosas and bloody marys.

HEALTH-FOCUSED d'Lite Healthy On The Go

This restaurant uses high-quality, nutritious products delivered with convenience (there is even a drive-thru!). The Arcadia location, which opened last November, joins a location in Tempe and two in Scottsdale, with a third one on Camelback Road and Miller in the works. Must-order menu items include the Breakfast Buzz (caffeine boost-meets-protein shake) and the California club breakfast sandwich.

Farm & Craft

This month, The Colony in Central Phoenix will welcome this health-conscious eatery, known for its innovative wellness menu that offers breakfast, lunch and dinner options aimed for reducing inflammation, increasing probiotic levels, boosting antioxidant intake and minimizing overall stress.

Flower Child

Flower Child will open its fourth Valley location in the spring at Desert Ridge Marketplace. The healthy haunt is known for its sustainable practices – produce used is guided by the wisdom of the Environmental Working Group, and proteins are naturally and humanely raised without additives. Plus, the menu is very vegetarian-, vegan- and gluten-friendly.

Original ChopShop

Wholesome, flavorful, made-from-scratch food is at the core of this fast-casual restaurant, offering a menu packed with acai, pitaya and protein bowls; fresh-squeezed juices; protein shakes; salads and sandwiches. The Paradise Valley location opened in November, with North Scottsdale scheduled to open next month and Arcadia set for June.

Pomegranate Cafe

Owned and operated by a mother-daughter team, the Central Phoenix Pomegranate Cafe will be the second location (the first being in Ahwatukee) for the organic, vegan and vegetarian destination. Set to open late this month, the cafe will offer a made-from-scratch menu including its famous housemade POM Milk (made of nuts), organic vegan pastries and inventive entrees.

MARKETS

Arcadia Meat Market

This modern take on the classic corner butcher shop offers natural, free-range, pasture-raised, hand-cut meats on-site. Opening this month in Arcadia, it will carry grass-fed beef and lamb; pasture-raised pork; and free-range organic chicken, eggs and more. The market will also sell grab-and-go meals, housemade bone broths, frozen goods, seasonings, wine, charcuterie, and locally grown micro-greens, with plans to offer cold-pressed juices in the future.

Luci's at the Grove

Luci's at the Grove in Scottsdale is set to open in October and is the newest addition to Luci's Urban Concepts, whose other restaurants include Luci's Healthy Marketplace, Luci's at the Orchard, Splurge at the Orchard, and Pomelo at the Orchard. The new 4,100-square-foot project will be the brand's first venture into Scottsdale and will serve a variety of food and drink options, including breakfast, lunch and dinner.

Tempe Public Market Café

Set to open early this year, Tempe Public Market Café will be a casual, urban hangout – from the same people behind Phoenix Public Market – serving fresh market cuisine crafted with local, seasonal ingredients for breakfast, lunch and dinner.

ASIAN

Ahipoki Bowl

As of September, poke – one of the biggest culinary trends in the country – is now being served at the Camelback Colonnade. Ahipoki Bowl's make-your-own concept allows customers to select from a variety of sushi-grade fish along with exotic toppings, veggies and sauce to accompany it over a bed of rice.

Glai Baan

Meaning "far from home," Glai Baan – which opened last September – allows Phoenicians to explore the dynamic flavors of Thai comfort food. The Downtown Phoenix restaurant offers street vendor favorites native to Thailand as well as wine, beer and craft cocktails.

Koi Poke

Koi Poke is all about the love of poke; in fact, koi means love in Japanese. Founded by a group of entrepreneurs, Koi Poke is on the

fast-track with 12 new places in the works. It's already open at DC Ranch, with Arcadia, Gainey Village and the Scottsdale Waterfront up next. Awarded *Phoenix Magazine's* 2017 Best of the Valley, the "boat to bowl" concept features fresh, high-quality fish; a variety of organic toppings; and eight chef-prepared sauces (seven of which are gluten-free).

Sasaki Sushi & Bar

Tucked near Scottsdale Civic Center Mall, Sasaki Sushi & Bar serves up artfully plated sushi – think rolls presented in large ice bowls or within a photo-worthy ice chamber and adorned with edible flowers. The eatery also offers poke bowls, traditional Japanese appetizers, chef's specials, and creative desserts.

ShinBay/Sizzle Korean Barbecue

With a projected opening date of May, this joint venture will combine Sizzle Korean Barbecue (which has another location at Desert Ridge Marketplace) with ShinBay, a beloved Scottsdale staple that is reopening. Though located at the same venue, they will be two distinct restaurants. The new Sizzle will continue its tradition of a Korean barbecue experience with a grill at every table. The return of ShinBay will bring back acclaimed chef Shinji Kurita in a

15-seat counter eatery where Kurita will focus on his famed omakase (chef's tasting menu).

LATIN

Cien Agaves Tacos & Tequila

Get your taco and tequila fix at Cien Agaves' second location in Desert Ridge, which opened in December next to Harkins Cine Capri. The Old Town Scottsdale staple is bringing its 10-year reign to a new 4,800-square-foot space, which has 27 high-definition TVs, patio seating with a fire pit, lounge seating, and bar windows that open to the outside. Be sure to check out the daily happy hour from 3 to 7 p.m.

Gadzooks Enchiladas & Soups

This established Phoenix foodie favorite (which recently started serving breakfast) opened a second location at 40th Street and Camelback Road at the end of last year, where guests can create their enchilada order from the restaurant's infinitely customizable menu.

Taco Chelo

Valley restaurateur Aaron Chamberlin, local chef Suny Santana (St. Francis), and well-known Phoenix-based artist Gennaro Garcia will open their collaborative Mexican restaurant at The Blocks of Roosevelt Row in Downtown Phoenix

Barrio Queen

Barrio Queen opened its third Valley location at the end of 2017 at Desert Ridge Marketplace. The indoor-outdoor space was specially designed by an artist, featuring an outdoor lounge, an open kitchen, a private tequila tasting room, and artwork from local and Mexican artists. There will even be a trompo (a rotating vertical spit) for al pastor, and diners can watch tortillas being made from scratch.

PHOTO COURTESY OF J GROUP MEDIA





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RESTAURANT'S MONIKER
AS INSPIRATION.**

this month. Santana will make masa in-house and patrons can expect a menu featuring about nine items (mostly tacos) as well as a full bar.

Woody's Macayo

Opened in November and inspired by late owner Woody Johnson's original concept, this midtown locale serves up the same family Mexican recipes used over the last 70 years, with some new items added to the menu. The venue is designed with reused and refurbished pieces from other Macayo locations along with a hand-painted mural named *La Marea*, or The Tide, created by local artists Lucinda Yrene and Mata Ruda.

ITALIAN Blaze Pizza

Blaze Pizza is a modern-day pizza joint known for its custom-built pizzas (in just 180 seconds) as well as for its interactive open-kitchen format that allows guests to customize one of the menu's signature pizzas or create their own, choosing

from a wide selection of carefully sourced, high-quality ingredients – all for around \$8.

Forno 301

The wood-fired pizzeria reopened in its new location across the street from Phoenix Art Museum last September, serving its famous thin-crust pizzas as well as handmade pastas.

Lou Malnati's

The legendary Chicago deep-dish pizzeria – which already has one eatery at Uptown Plaza – recently opened a carryout, delivery and catering location in Arcadia late last year, with plans for a third (full-service) restaurant at North Scottsdale's Chauncey Lane development set to open this summer.

Pa'La

Opened in a remodeled Downtown Phoenix bungalow last November, this wood-fired eatery blends Mediterranean and South American

flavors on its menu, which changes daily, and is divided into tapas, schiacciata (Tuscan flat breads) and entrees.

Pitch

This quaint South Scottsdale pizzeria opened in November offering an eclectic menu for breakfast, weekend brunch, lunch and dinner. You'll find Italian staples like pizza and pasta intermingled with coal-fired burgers and surf-and-turf at dinner. Brunch delivers lobster mac and cheese, a short rib burrito, and even a filet and waffle combo. Bonus: The patio is dog-friendly.

The Sicilian Butcher

The Sicilian Butcher is a butchery-inspired concept from the folks behind Tomaso's Italian Restaurant. Opened in November, the Sicilian-influenced venue specializes in hand-rolled craft meatballs (they have 15 varieties), classic sauces, fresh-made pastas, butcher-style charcuterie, Sicilian wine, and craft cocktails.

SOUTHERN

Bobby-Q Great Steaks & Real BBQ!

The recently opened Bobby-Q Biltmore location – located on the corner of Camelback Road and 32nd Street – is just as finger-lickin' good as the first two Valley locations, with signature wood-smoked meats, farm-fresh salads, sandwiches, tasty sides and craft cocktails in a rustic, comfortable atmosphere.

the larder + the delta

Expected to open in Downtown Phoenix in the spring, this standalone full-service restaurant, which was previously a counter in DeSoto Central Market, will give diners all the Southern feels, from its front porch vibe to familiar down-home dishes and specialty veggies served.

Starlite BBQ

The team behind Ocotillo is launching a new venture focused on barbecue later this year. Located in Downtown Scottsdale, Starlite BBQ will be a dinner-only destination, serving smoked meats that pair local flavors with tried-and-true barbecue traditions.

AMERICAN

Cold Beers & Cheeseburgers

This neighborhood burger joint (and sports fan favorite) brought its popular juicy burgers, indulgent sides and vast beer selection to the Arcadia area last month, located in the newly developed plaza at the corner of Indian School Road and 40th Street.

Lincoln, A JW Restaurant

The JW Marriott Scottsdale Camelback Inn Resort & Spa recently revamped its main eatery into a sizzling new steakhouse. The menu spans prime cuts of meat, sustainably sourced fish, plenty of sides (especially on the potato front), and a must-try seafood tower.

Needle Rock Kitchen & Tap

Part of Verde River Golf & Social Club's new additions this month is a fresh eatery that's perfect for taking in the surrounding view – there are floor-to-ceiling glass doors, plus an outdoor patio overlooking the golf course and Mazatzal Mountains. Open to the public, the menu will feature shareable plates, wood-fired pizzas and seasonal dishes.



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Style

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BY CHELSEA YOUNG

Butterflies symbolize new beginnings, be that a rebirth, renewal or complete transformation. And with the start of a new year, why not make a fashion statement that also signifies a fresh outlook? The Claudie Butterfly Crossbody Bag by Sophia Webster – known for her whimsical, quirky aesthetic – stands out, both with pebbled silver leather and metallic butterfly appliques on the bag itself as well as on the shoulder strap. Rose gold hardware and touches of bright green (another symbol of renewal) round out the purse's ultra-feminine feel. \$795 at Neiman Marcus, www.neimanmarcus.com.

PATIO PLAY

Create a cozy outdoor atmosphere



Outdoor sofa with pillow back, price upon request at Brown Jordan, www.brownjordan.com.

Indoor/outdoor ikat rug, \$68.99-\$398.99 at Bed Bath & Beyond, www.bedbathandbeyond.com.

Brass-finished standing metal planter, \$79-\$99 at west elm, www.westelm.com.

Outdoor gas fire pit, Thomasville, \$3,750 at Horchow, www.horchow.com.

Two-toned lumbar pillow with buttons, \$25 at Pier 1 Imports, 480.922.3987.

*I've been busy in 2017
AND I look forward to an even busier 2018!*



Sold in Desert Mountain

| | | |
|--------------------|--------------------------|-------------|
| Painted Sky 68 | 11452 East Salero Dr | \$2,100,000 |
| Lone Mountain 56 | 9719 E. Madera Drive | \$2,300,000 |
| Cochise Ridge 88 | 41280 N 106th St | \$2,000,000 |
| Saguaro Forest 92 | 42011 N 101st Way | \$1,995,000 |
| Painted Sky 54 | 11247 E Apache Vistas Dr | \$395,000 |
| Gamble Quail 205 | 38155 N. 95th Way | \$845,000 |
| Turquoise Ridge 40 | 10475 E Palo Brea Dr | \$890,000 |
| Sunset Canyon 41 | 11106 E Rolling Rock Dr | \$415,000 |

Sold Around the Valley

| | | |
|-----------------|--------------------------|-------------|
| Paradise Valley | 5303 E Turquoise Ave | \$2,651,000 |
| Chandler | 4452 W Kitty Hawk | \$1,500,000 |
| Scottsdale | 1888 N 134th Way | \$860,000 |
| Scottsdale | 7414 E Soaring Eagle Way | \$510,000 |

About Linda

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- In-depth knowledge of the Desert Mountain community and personal knowledge of each "village" within the area
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AU NATUREL

Nail the no-makeup makeup look

Instead of committing to a “new year, new you” resolution, pledge to let your fresh-faced, natural beauty shine through. The #IWokeUpLikeThis minimal makeup look is a favorite among the high-fashion runway shows and takes little effort on your end to pull it off. Skip the heavy foundation, dark eyeshadows, thick liners, and heavy lipsticks – opting instead for these light, hydrating products that will make the perfect combination for a no-makeup makeup vibe.



Eyeshadow Primer Potion, \$22 at Urban Decay, www.urbandecay.com.

NAKED Flushed, \$34 at Urban Decay.

Clear Brow Enhancing Gelfix, BROWFOOD, \$24 at Sephora, www.sephora.com.

Daily Correct CC Cream SPF 35+, \$32 at Supergoop!, www.supergoop.com.

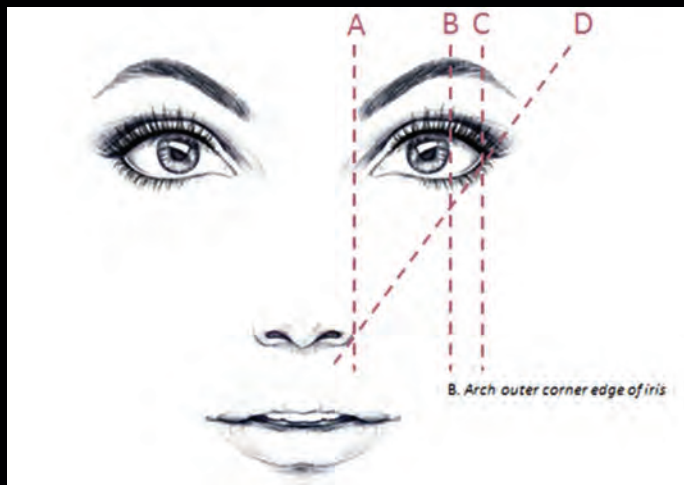
Toleriane Teint Correcting Pen, \$25 at La Roche-Posay, www.laroche-posay.us.

Renewal Lip Complex, AGE smart, \$27 at Dermalogica Scottsdale, 480.481.0054.

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Stretch TechLoom Phantom sneakers, Athletic Propulsion Labs, \$165 at Zappos, www.zappos.com.

Spiked silicon glass water bottle, bkr, \$40 at Nordstrom, 480.946.4111.

Gray camo capris, Reebok, \$35 at Dick's Sporting Goods, www.dickssporting-goods.com.

Floral print gym bag, Vooray, \$49.99 at Nordstrom.

Green running vest, Brooks, \$85 at L.L.Bean, www.llbean.com.

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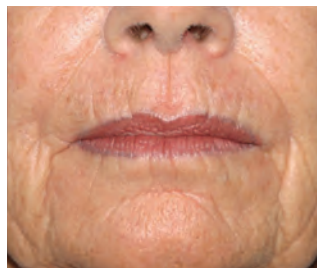
"The Wolin Team provided an excellent experience! They are all amazing. I interviewed many other surgeons and no one compared. Dr. Wolin and his entire team were professional, skilled, caring and competent start to finish, just an amazing experience."

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WINTER WEAR

Bundle up for the cold front



Knit and fur earmuffs, Eugenia Kim, \$245 at Neiman Marcus, 480.990.2100.

Down jacket with removable synthetic fur trim, \$280 at Columbia, www.columbia.com.

Multicolor wool-blend scarf, Diane De Clercq, \$325 at Barneys New York, www.barneys.com.

Brown faux fur boots, Aquatalia, \$495 at Saks Fifth Avenue, 602.955.8000.

Bow and pompom gloves, Kate Spade New York, \$48 at Nordstrom, 480.946.4111.

UNDERSTANDING NEUROPATHY

Dr. Richard Jacoby, Scottsdale's leading Podiatry expert answers your questions

Q: WHAT IS PERIPHERAL NEUROPATHY?

A: Your nervous system is divided into two regions – central and peripheral. The central system includes the brain and spinal cord, while the peripheral system includes all the nerve roots and extremity nerves emanating from it. It's a broad network, and all of these peripheral nerves transmit vital motor and sensory information throughout the body. A peripheral neuropathy may interrupt or distort some of these transmissions. Diabetic neuropathy and chemo neuropathy are two of the most prevalent kinds.

Q: WHAT CAUSES PERIPHERAL NEUROPATHY?

A: The most common cause of peripheral neuropathy is diabetes. Sometimes the cause is completely unknown (idiopathic). Here are some other potential causes for neuropathy:

- Autoimmune disorders rheumatoid arthritis or lupus
- Chronic kidney disease
- Infections such as HIV and liver infections
- Low levels of vitamin B12 or other problems with your diet
- Poor blood flow to the legs
- Underactive thyroid gland
- Toxin exposure such as lead, mercury, and solvents may lead to peripheral neuropathy.
- Pharmaceutical drugs used to treat infections, cancer, seizures, or high blood pressure.

Q: WHAT ARE THE SIGNS AND SYMPTOMS OF NEUROPATHY?

A: Signs and symptoms include:

- Numbness or tingling in the hands or feet that gradually move upward into the extremities
- Pain that is sharp or throbbing
- Severe sensitivity to touch
- Poor coordination
- Frequent falls
- Muscle weakness
- Paralysis



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Q: WHAT KIND OF TREATMENTS EXIST FOR PERIPHERAL NEUROPATHY?

A: There are several treatments available for peripheral neuropathy.

- Medications, including pain medications, neurologic modifying agents, non-steroidal anti-inflammatory drugs (NSAIDs), and antidepressants
- Surgery, including the Dellon® Procedure for diabetic neuropathy or nerve release for mono-neuropathies like carpal tunnel syndrome
- Calmare® device, a non-invasive FDA-cleared medical device shown to effectively alleviate pain associated with neuropathy
- Laser therapy using specific wavelengths of light having a strong anti-inflammatory effect on tissues that help decrease pain
- Injections, including steroids, numbing agents, and stem-cell rich anti-inflammatory injections

Despite treatments on the market, many patients come to Extremity Health Centers reporting their doctor was unable to alleviate their pain. Dr. Jacoby welcomes challenging cases and has achieved unprecedented results in many of these patients. If you suffer from peripheral neuropathy that has not been successfully treated despite medications, schedule a consultation with Dr. Jacoby today to learn more.





JACKET: Black tailored blazer, Theory, \$435. **TIE:** Feather bow, Brackish, \$195. **SHIRT:** Slim-fit cotton button-down, Eton, \$265. **BELT:** Black leather, Salvatore Ferragamo, \$375. **PANTS:** Tailored black, Theory, \$180. All from Saks Fifth Avenue, 602.955.8000. **Car:** Lot #1381, 1951 Talbot-Lago T-26 Grand Sport Saoutchik Coupe.

DRESSED *to* DRIVE

BY **CHELSEA YOUNG** / PHOTOS BY **MARK MORGAN** / HAIR AND MAKEUP: **KELLI LESLIE**, WWW.KELLILESLIEPHOTOGRAPHY.COM
STYLING: **STACEY RICHMAN** / MODEL: **FORD/RBA** / ALL VEHICLES PROVIDED BY **BARRETT-JACKSON**; 480.421.6694; WWW.BARRETT-JACKSON.COM.





SWEATER: Diamond V-neck, Eleventy, \$295. **SHIRT:** Navy jersey polo, Theory, \$95. **PANTS:** Gray, Theory, \$195. All from Saks Fifth Avenue, 602.955.8000. **Car:** Lot #1388, 1939 Talbot-Lago T-23 Cabriolet.



JACKET: Plum textured sport coat, Ermenegildo Zegna, \$1,495. **TIE:** Teal patterned, Brioni, \$230. **SHIRT:** Purple button-down, Ermenegildo Zegna, \$395. **PANTS:** Navy trousers, Saks Fifth Avenue Collection, \$228. All from Saks Fifth Avenue, 602.955.8000. **Car:** Lot #1285, 1965 Pontiac GTO.





VEST: Sea foam quilted, Peter Millar, \$175. **SHIRT:** Teal plaid button-down, Peter Millar, \$135. **PANTS:** Dark sand sateen stretch, Peter Millar, \$145. All from Saks Fifth Avenue, 602.955.8000. **Car:** Lot #1416, 1966 Shelby Cobra CSX3239 Roadster.





JACKET: Navy sport coat, Eleventy, \$595. **SHIRT:** Gray striped three-button polo, Eleventy, \$495. **PANTS:** Five-pocket white, Saks Fifth Avenue Collection, \$148. All from Saks Fifth Avenue, 602.955.8000. **Car:** Lot #1309, 1969 Ford Mustang 428 CJ-R Drag Car.





SHIRT: Tan suede button-down, Peter Millar, \$695. **PANTS:** Green denim, 7 For All Mankind, \$189. Both from Saks Fifth Avenue, 602.955.8000. **Car:** Lot #1346, 1956 Ford F-100 Custom Pickup.



SHIRT: Shadow plaid button-down, Vince, \$225. **PANTS:** Light gray sateen, Peter Millar, \$145. Both from Saks Fifth Avenue, 602.955.8000. **Car:** Lot #1411, 1971 Plymouth Hemi 'Cuda.





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BY CHELSEA YOUNG

There are a lot of cool cars out there, especially during the auto auctions this month. But perhaps there is nothing quite as superhero-esque as the Batmobile – and it is sure to turn your man cave into a serious Batcave. The Authentic 1966 Batmobile is officially licensed by DC Comics and is a roadworthy, street-legal replica of Batman's crime-fighting cruiser; in fact, it's so accurate that it takes nearly a year to construct. Built on a custom Lincoln chassis, it delivers 430 horsepower, and a rear-facing propane tank even creates the iconic afterburner effect. The vehicle honors the looks – and the gadgetry – of the original with features such as a blinking Batphone and a rotating red beacon. Fun fact: The No. 1 model sold at the 2013 Barrett-Jackson Scottsdale Auction, but up to eight cars continue to be produced each year. \$200,000 at Hammacher Schlemmer, www.hammacher.com.

SPOTLIGHT: VIEWS ALL AROUND



Located in Horseshoe Canyon of Silverleaf at DC Ranch, this private plan, 5,978-square-foot home resides on a desirable end lot siding to a wash. With gated entry, the north-south facing home is remodeled and features spectacular views of the park, mountains, city lights and sunsets.

With five bedrooms and five bathrooms, the home has hardwood floors throughout, slab stone countertops, electronic air filters, extensive lighting, three fireplaces, an attached four-car garage, and custom built-ins. The kitchen opens up to a breakfast nook and living area, and a formal dining area with a nearby wet bar are primed for entertaining.

Outdoors, a pool with a water feature and spa overlooks the landscape and surrounding desert. There is also an outdoor fireplace, covered patios, a built-in barbecue, courtyards, and additional outdoor living space perfect for catching the sun's descent.

Community features include a pool, a spa and guarded entry. Additionally, this home could be purchased turnkey as all furnishings are available on a separate bill of sale.

19474 N. 101st Place, Scottsdale, AZ 85255. Listed for \$2,450,000 with Lisa Westcott-Wadey, The W Group/ Russ Lyon Sotheby's International Realty; 480.229.3455; lisa@thewgroupaz.com.



2018 DODGE DURANGO SRT

The hot rod family hauler

BY JIM PRUETER



Dodge is the last automaker committed to building true muscle cars. Some will argue that Chevrolet has the Camaro and Corvette, and Ford the Mustang, but nobody does high performance better or on a wider scale than Dodge.

Dodge already has the rocket-sled 840-horsepower Demon and the 707-horsepower Hellcat, but this year it gets even better. Imagine a family hauler that goes from 0 to 60 mph in 4.4 seconds, and has an NHRA-certified quarter-mile time of 12.9 seconds. Well, it's here.

Dodge engineers took the three-row Durango SUV and built it on a new performance-tuned, all-wheel drive system with adaptive damping and three distinct suspension settings. They dropped in a 6.4-liter, 475-horsepower Hemi V-8 engine with 470 foot-pounds of torque and an eight-speed automatic gearbox, then added an active exhaust system and six-piston red Brembo brakes, and the tire-smoking Durango SRT was born.

With the Durango SRT, you'll be the standout vehicle in a school drop-off line that's overloaded with Toyota Highlanders, Honda Pilots, and minivans. Needing to cart around kids, dogs and cargo doesn't have to mean compromising your

automotive enthusiasm. As an added bonus, customers who buy a new Durango SRT will receive one full-day session at the Bob Bondurant School of High Performance Driving here in Phoenix.

In addition to having enough seats for the whole family, the Durango SRT is perfect for loading up fishing or camping gear for long weekend getaways, and it offers best-in-class, 8,700 pounds of towing if you bring a boat or camper along.

Visually, the SRT modestly differs from the six other non-performance Durango trim levels with a more aggressive front fascia and lower valence with cold-air ducts and LED fog lamps, a functional hood scoop, a revised rear end, large circular exhaust tips, SRT badging, a unique rear design, and 20-inch performance wheels.

The Durango SRT's interior is distinguished by standard leather and suede seating, an available high-performance Demon Red Laguna leather seating option, and new carbon-fiber trim.

The starting price is less than the top trim levels of the Chevy Tahoe, Ford Expedition, Toyota Sequoia and GMC Yukon. And for those with a car enthusiast in the house, it's the perfect family hauler compromise.

VITAL STATS

Base price: \$64,090

Price as tested:
\$73,360

Seating: 6

Engine: 6.4-liter
HEMI V-8

Horsepower: 475

Fuel economy:
13/19 mpg city/
highway

Fab features:
Sensation of brute
acceleration

Aggressive good looks

Offers practicality and
performance

ALL ABOUT ARIZONA

Uncovering the state's best historic inns

BY SUSAN LANIER-GRAHAM



PHOTO COURTESY OF FLAGSTAFF CVB

Go back in history while exploring Arizona – from the cacti-filled desert to urban landscapes with trendy restaurants to high mountain peaks dotted with lakes and ponderosa pines. Along the way, discover historic inns and hotels that have helped shaped Arizona's history, offering a unique glimpse into our state's past.

El Tovar Hotel

Starting in Northern Arizona, begin your exploration at the South Rim of the Grand Canyon with one of the state's most iconic inns, El Tovar Hotel, which opened in 1905. A former Harvey House, it is listed on the National Register of Historic Places, and is a member of Historic Hotels of America. The majestic lodge, which has welcomed presidents and celebrities into its rooms and dining areas, sits at the edge of the Grand Canyon, making it a prime place for sunrise and sunset views. Bonus: For accommodations, book one of the hotel's suites, which have balconies looking out over the Grand Canyon.

There is an ambiance of Old West here, but with classic touches. The lodge itself is made of native stone and Oregon pine and was designed by Charles Whittlesey, the chief architect for the Atchison, Topeka and Santa Fe Railway. He envisioned the hotel, which was designated a National Historic Landmark in 1987, as a cross between a Swiss chalet and a Norwegian villa.

Today, El Tovar retains its elegance and is widely considered the crown jewel of Historic National Park Lodges. Both hotel and dinner reservations book up months in advance. The property will undergo renovations from May through December 2018, so plan your trip for early this year, and stay up to date on El Tovar's website. www.grandcanyonlodges.com.

Hotel Monte Vista

Flagstaff offers another great historical stop. Hotel Monte Vista, which opened on New Year's Day in 1927, is a treasured hotel that marked an era of the great American West. It was originally named the Community Hotel in honor of the townspeople who contributed to its existence, and it continues to be one of the oldest fully operational hotels in Flagstaff.

Listed on the U.S. Register of Historic Places, the building is unmistakable, sitting on the corner of Aspen and San Francisco streets, located just off Route 66 in downtown Flagstaff. Back in the 1940s and 1950s, with Western movies so popular, Flagstaff was a favorite for the film industry. Hotel Monte Vista hosted such stars as Gary Cooper, Spencer Tracy, John Wayne and Bing Crosby and was featured in Hollywood scenes for the movies *Casablanca* and *Forrest Gump*.

Today, the hotel has fun, themed rooms named for actors and

entertainers including John Wayne, Michael J. Fox and Freddie Mercury. Book one of the king corner suites on the third and fourth floors. Beware, however, that one of the rooms is haunted. www.hotelmontevista.com.

The Hermosa Inn

The Hermosa Inn was recently named one the 10 best hotels in the U.S. by *Condé Nast Traveler* and the No. 1 hotel in the Southwest by the magazine's readers. This boutique hideaway in Paradise Valley is comprised of a cluster of luxury casitas centered around the inn's historic hacienda, known as Casa Hermosa, which dates back to the 1930s.

Once the home to Western artist Lon Megargee, known for his famous painting *Last Drop From His Stetson* that still appears on the inside of every Stetson cowboy hat, The Hermosa Inn is one of those places that is unmistakably Arizona. Though 43 luxury guest casitas are newly remodeled – with soaking tubs, fireplaces and private patios – the property still retains its historic charm. The grounds are quiet and peaceful, making it easy to forget you are five minutes from the bustle of Phoenix's Camelback Road. www.hermosainn.com.

Hacienda Del Sol

Tucson has a long history, with evidence of settlements in the area that date back more than 4,000 years. To get a taste of that history, head to Hacienda Del Sol in northern Tucson's Santa Catalina foothills. Inspired by early Moorish architecture, the desert retreat was originally built in 1929 as a girls school, and it became a guest ranch in 1948. The 34-acre property was always treasured because of its somewhat hidden location, often drawing Hollywood stars and politicians. Legend has it that the property's Casita Grande was a favorite romantic hideaway of Spencer Tracy and Katharine Hepburn.

In the 1930s, famed architect Josias Joesler rebuilt parts of Hacienda Del Sol, which is on the National Register of Historic Places and a member of Historic Hotels of America. Then, in 2015, 32 new Catalina guestrooms were added, offering breathtaking views of either the mountains or the lights of Tucson. Of course, you can still book a stay in the original rooms, suites or casitas.

Take off for a sunset horseback ride, where your guide will explain the local flora and fauna before whisking you up to a high plateau to watch the sun descend. Finish with dinner at The Grill, where flavors are enhanced with produce from the resort's organic gardens and other local farmers. You can also select wines from more than 700 options in the resort's collection. www.haciendadel-sol.com.



PHOTO BY DAVID B MOORE



PHOTO BY SUSAN LANIER-GRAHAM



ICE, ICE BABY

Cocktails with the coolest cubes in town



One of the hottest mixology trends has never been so cool: adding an artistic element to cocktails with carved, creative ice cubes. Here are 11 varieties of cube-focused creations – take your pick to experience the art of cool.

Fritz's Smoking Gun Market Street Kitchen

This smoky whiskey punch serves four and combines a whiskey blend, smoked mushroom syrup, rhubarb amaro, citrus and tea. The icy piece de resistance is hickory-smoked water frozen with charred cherrywood inside. \$24. www.marketstreetkitchen.com.

Especiado Thirsty Camel

Rum, lime juice, passion fruit puree, and honey syrup form this fruit-forward cocktail. It's poured over a small piece of dry ice and garnished with a fresh orchid flower to create a frosty smoke show tableside. \$13. www.thephoenician.com.

Barrel Aged Cranberry Manhattan

A traditional Manhattan made with Copper City Bourbon, it's sous vide – vacuum-sealed to infuse flavor – with mesquite wood and cranberry syrup then poured into a smoked glass with an artisanal ice sphere. \$14. www.qatthefarm.com.

Say No More Mon Amour Stock & Stable

Bombay Dry Gin, lavender-infused honey, and a squeeze of fresh lemon juice are combined and then poured over a handmade lavender-infused king cube. \$14. www.stockandstable.com.

Classic Martini with Handcarved Ice Bitter & Twisted

From spheres to cones, all ice used in the cocktail program at Bitter & Twisted is housemade and handcarved. Try the ice in a classic martini to start, then taste your way around the menu. \$11. www.bitterandtwistedaz.com.

The Count Tuck Shop

St. George Botanivore Gin, Don Ciccio & Figli Fennel Liqueur, Dolin

Rouge Vermouth de Chambéry, Campari, and a surprising addition of kumquat oil make up this stunner. The kicker – it has ice blocks with actual kumquat and flowers inside! \$11. www.tuckinphx.com.

Mango Elderflower Snow Cone Margarita Diego Pops

Return to your childhood with this adult snow cone. Made with Don Julio Blanco, St-Germain, triple sec, mango, and sweet and sour, it's served over a sphere of shaved ice. \$11. www.diegopops.com.

Spark Plug The Montauk

This is the perfect pick-me-up, featuring vanilla vodka, Irish cream liqueur, cold-brew coffee, and for an added kick ... an ice cube made from cold brew. \$12. www.themontaukaz.com.

Buttered Rum Punch The Gladly

Brown butter agricole rum, Giffard Banane du Bresil Liqueur, clarified buttermilk, Lillet Blanc white wine, and carved ice combine for this punch. In addition, an ice ball that's pressed tableside can be added to any cocktail for \$3, with \$1 of each purchase benefiting a local charity. \$13. www.thegladly.com.

Aqua Caliente Hand Cut Burgers & Chophouse

This mezcal-based cocktail features a mix of ginger liqueur, lime juice, strawberry, and basil, and it's served with a housemade strawberry ice bar. \$13. www.handcutchophouse.com.

Figgy Nights Sonata's Restaurant

Served with a custom-made sphere of ice and a side of Fig Newtons, this rye cocktail has fig compote, sage liqueur, and caramel maple syrup inside. \$10. www.sonatasrestaurant.com.

Taste

DRINK / CHEERS / CUISINE / FOOD FILES / DINING GUIDE



BY ALISON BAILIN BATZ / PHOTO BY DEBBY WOLVOS

Sizzle Korean Barbecue is more than a restaurant – it's a culinary adventure. The experience begins by selecting from a menu of high-end cuts of beef and pork including prime rib-eye steak, marinated bulgogi (thinly sliced beef), brisket, and Berkshire black pork belly. For something a little bolder, cuts of prime beef belly, beef tongue and even pork jowl are available. Personal chefs then cook the chosen meats in front of guests on the tabletop grill using seemingly endless Asian spices and centuries-old cooking techniques. Each perfectly marinated main course comes with a salad, a steamed egg, and a choice of one small side dish known as banchan; options include kimchi stew, dumplings and seafood pancakes. Insider tip: Pair your meal with a traditional Korean wine, beer or soju cocktail. At Desert Ridge Marketplace, 21001 N. Tatum Blvd., Phoenix; 480.265.9406; www.sizzlekoreanbbq.com.

THE AVIATION

Your taste buds are cleared for takeoff

In the Valley, January means the snowbirds are back, with more flying in daily.

So, it's only fitting to sample a plane-inspired cocktail that is anything but, well, plain.

Enter Proof at the Four Seasons Resort Scottsdale at Troon North's Aviation (\$14), which is crafted using high-quality American spirits and boasts flavors – plus an eye-popping color – that will certainly lift yours.

"A gin-based cocktail first developed in 1911 by a bartender in New York City, the Aviation gained national acclaim when *Recipes for Mixed Drinks* – the definitive guide to spirits, liquors and drink ideas of that time – chose to publish the recipe in its 1916 edition," says Proof's manager, Karma Tsepal.

As the Aviation's base, Proof uses Half Moon Orchard Gin from New York City in homage to the drink's original founder.

"We then add Lee Spirits Crème de Violette to the gin," Tsepal says. "Like Half Moon, it is an American-made liquor developed by the Lee Spirits distillery in Colorado. They use a fantastic combination of botanicals to elicit a floral flavor and gorgeous purple hue."

Freshly squeezed lemon juice is then added as well as a special ingredient to round it out: a housemade luxardo liqueur.

The shaker is then topped with ice and shaken vigorously. The vibrant concoction is double-strained into a coupe glass and garnished with a luxardo cherry.

"The result is a cocktail that has withstood the test of time, boasting bright acidity, mildly sweet undertones, and a touch of bitterness to create balance," Tsepal says.

Proof, 10600 E. Crescent Moon Drive, Scottsdale; 480.513.5085; www.proofcanteen.com.

BY ALISON BAILIN BATZ / PHOTO BY ELIZABETH BARRY



CHEF CONVERSATIONS

In the kitchen with Samantha Roberts of Riot Hospitality Group

Samantha Roberts serves as executive chef of Scottsdale-based Riot Hospitality Group, overseeing the kitchens and menus for each of the brand's eight restaurants across Arizona, including Dierks Bentley's Whiskey Row, Farm & Craft, El Hefe, and Hand Cut Burgers & Chophouse.

BY ALISON BAILIN BATZ / PHOTO BY DEBBY WOLVOS



You're a homegrown chef?

I am. I grew up in the Valley, graduating from Mountain View High School and then starting at ASU – dreaming of being everything from an attorney to a marine biologist – before realizing that the traditional career path wasn't for me. On a whim, I looked into culinary school and signed up at the Scottsdale Culinary Institute. It took a week for me to know I was where I belonged.

How did you get your start in the restaurant business?

While still in school in 2001, I had the chance to work for The Phoenician as well as take on a three-month externship at a lauded fine dining restaurant just outside of London. The Phoenician not only gave me the freedom to go on the culinary adventure of a lifetime, but they took me back after, eventually promoting me to work as a cook at the iconic Mary Elaine's.

England also boasts your personal culinary hero?

Absolutely. While abroad, I had the chance to volunteer in Gordon Ramsay's kitchen – and this is before he became a TV star. The experience changed my life and how I approach food.

When did you make your way to Riot?

In 2011, Riot had one location: El Hefe. But, they had plans to open the first Dierks Bentley's Whiskey Row by year's end, so I volunteered to work any job at El Hefe to be given the chance to help develop Whiskey Row's menu and open the restaurant. I eventually took on Whiskey Row's second location in Tempe, and then had the chance to develop our Hand Cut and Farm & Craft concepts.

What would readers be surprised to know about you?

I live on a working farm with chickens, a turkey and horses that I raise and train.

Find all restaurant locations at www.riothg.com.

LIGHT AS A FEATHER

15 delicious dishes that won't weigh you down

Okay, okay, the holidays were fun. And chances are, you might have over-indulged once or twice (or more). Even if that's the case, it doesn't mean you have to sit at home all month eating chicken and veggies. Instead, try any of these light, bright dishes that will fill you up without weighing you down for the rest of winter.

BY ALISON BAILIN BATZ



Top: Toro Latin Restaurant & Rum Bar **Bottom:** True Food Kitchen



Red Quinoa with Cilantro Jalapeno Hummus

Pita Jungle

The restaurant's award-winning cilantro jalapeno hummus is topped with red quinoa, baby kale, spinach, arugula, tomatoes, cucumbers, red onions, garlic, feta, toasted pine nuts, olive oil, and a lemon-cumin vinaigrette. It's all served with your choice of organic blue corn chips or pita. \$8.79. Multiple locations; www.pitajungle.com.

Tuna Tartare & Guacamole

Chelsea's Kitchen

Don't let the fact that this is a low-carb starter fool you: Get your fill with this sushi-grade tuna, made fresh to order with mouthwatering radishes and soy-lemon vinaigrette, topped off with tasty housemade (and low-carb) guacamole. \$16. 5040 N. 40th St., Phoenix; 602.957.2555; www.chelseaskitchenaz.com.

Lentil Cauliflower Bowl

The Herb Box

This nutrient-dense dish features cauliflower, rainbow quinoa, black lentils, pickled red grapes, crispy Brussels sprouts, honey Dijon mustard, and a heavenly lemon aioli. There is also an option to add a protein of your choice. \$13; \$19 with protein. Two locations; www.theherbbox.com.

Shrimp Pesto Pasta

Kale & Clover

Zucchini noodles replace traditional pasta in this flavorful dish. It also features sauteed shrimp, cherry tomatoes, broccoli, pine nuts and basil pesto. \$12. 20511 N. Hayden Road, Scottsdale; 480.568.8707; www.kaleandclover.com.

Lettuce Cups

Clever Koi

Brimming with shrimp, scallops, edamame, olives and peanuts, these are not your standard lettuce cups. They're topped with a flavor-forward sweet chili fish sauce (you'll be requesting extra for dipping!). \$10.50. 4236 N. Central Ave., Phoenix; 602.222.3474; www.thecleverkoi.com.

Inside Out Quinoa Burger

True Food Kitchen

Forget carb-loaded bread buns – this unique take on a “burger” uses quinoa patties as its buns and features hummus, tzatziki, tomato, cucumber, red onion, avocado, and feta within. \$14. Two locations; www.truefoodkitchen.com.

Hamachi Tiradito

Toro Latin Restaurant & Rum Bar

Similar to a ceviche, but originally from Peru, this tiradito uses a base of hamachi and combines it with smooth aguachile sauce, apples, onions,



Chelsea's Kitchen

and a hint of Sriracha sauce. \$16. At TPC Scottsdale, 17020 N. Hayden Road, Scottsdale; 480.585.4848; www.scottsdaleprincess.com.

Mediterranean Protein Powerhouse

Perk Eatery

This three-egg omelet is loaded with tomatoes, sauteed onions, garlic, spinach and feta cheese topped with housemade cucumber dill sauce and served with grilled chicken breast. \$14. 6501 E. Greenway Pkwy., Scottsdale; 480.998.6026; www.perkeatery.com.

Pacific Oysters

Thirsty Camel

Have your choice of oysters prepared one of two ways: with delectable hibiscus mignonette sauce or hearth-fired with smoked brisket, bloody mary aioli and fresh celery. \$15. At The Phoenixian, 6000 E. Camelback Road, Scottsdale; 480.941.8200; www.thephoenixian.com.

Toro Carpaccio

Sushi Roku

Even for those counting carbs, this dazzler of a dish is decadent, featuring sushi-grade toro topped with tamari soy, kizami (chopped) wasabi and oscietra caviar. \$42. At W Scottsdale, 7277 E. Camelback Road, Scottsdale; 480.970.2121; www.innovativedining.com.

Gem Salad

Weft & Warp Art Bar + Kitchen

Try this simple salad that packs a flavorful punch. Greens are topped with green goddess dressing, preserved lemon and pine nuts, with the option to add steak, chicken or shrimp. \$12; \$22 with protein. At Andaz Scottsdale, 6114 N. Scottsdale Road, Scottsdale; 480.214.4622; www.andazscottsdale.com.

Lollipop Kale

Gertrude's

Snack on this app, a hybrid of Brussels sprouts and kale that's flash-fried then tossed with black pepper feta cheese, ham, preserved lemon, and fermented chiles. \$10. At Desert Botanical Garden, 1201 N. Galvin Pkwy., Phoenix; 480.719.8600; www.gertrudesrestaurant.net.

Low Carb Breakfast

d' Lite Healthy on the Go

Have your greens for breakfast! A carb-conscious staple, this dish has organic mixed greens, a hash potato patty, two eggs, pepper jack cheese, tomatoes and avocado drizzled with pesto and balsamic vinaigrette. \$7.25. Multiple locations; www.dlitehealthyonthego.com.

Blackened Salmon

Blue Hound Kitchen & Cocktails

Salmon is blackened on the grill and then paired with luscious cauliflower puree, colored cauliflower, sunchoke, grapefruit segments and pickled Fresno peppers. \$30. At Kimpton Hotel Palomar Phoenix, 2 E. Jefferson St., Phoenix; 602.258.0231; www.bluehoundkitchen.com.

Mother Earth Bowl

Flower Child

Good-for-you ingredients are the key here, with ancient grains, sweet potatoes, Portobello mushrooms, avocado, cucumbers, broccoli pesto, charred onions, leafy greens, and red pepper miso vinaigrette sprinkled with hemp seeds. \$9. Multiple locations; www.iamflowerchild.com.

Pita Jungle



FARM & CRAFT

Farm & Craft combines healthy, sustainable food in a community-style atmosphere. Their wellness menu focuses on dishes that are created with gluten-free, organic and hormone-free ingredients. The Breaky Burrito makes for a hearty start to the morning while the kale pesto with chicken flatbread is a popular shareable dish. Enjoy their indoor-outdoor bar with a cold-pressed cocktail and eclectic kombucha drinks. Breakfast and lunch are served in a fast-casual setting Monday through Friday. But after 5 p.m. and all day on Saturday and Sunday, they are a full-service restaurant. 4302 N. Scottsdale Road, Scottsdale; 480.568.8980; www.ilovefarmandcraft.com; \$\$

BY RHEANA TECHAPINYAWAT



AMERICAN CAFE FORTE

Having been open in Scottsdale for over 20 years, loyal guests of Cafe Forte consider it a hidden gem. Chef Grace Rubel brings her sophisticated take on American fare with a healthy inspiration. Notable menu items include sweet potato enchiladas and pecan-crusted chicken breast with maple bourbon sauce. Vegan and gluten-free items available. Closed Sunday. 7032 E. Main St., Scottsdale; 480.994.1331; www.cafeforte.com; \$\$

CITIZEN PUBLIC HOUSE

Citizen Public House is a modern gastropub serving classic cocktails and hearty upscale dishes. Prop yourself in an intimate corner against the leather booth and mahogany accents and try The Original Chopped Salad, so popular it has its own Facebook page. Open daily from 4 to 11 p.m. and until midnight on Friday and Saturday. 7111 E. 5th Ave., Scottsdale; 480.398.4208; www.citizenpublichouse.com; \$\$

DREXYL MODERN AMERICAN

Drexyl is home to fine modern American cuisine with worldly influences. The menu is filled with seasonally inspired small plates as well as signature vintage cocktails. One of the most popular dishes is the heritage house smoked pork chop with grilled apple butter, truffle goat cheese pasta, candied bacon and seared Brussels sprouts. Open for dinner nightly starting at 3 p.m. with brunch on the weekend. At The Shops at Gainey Village, 8877 N. Scottsdale Road, Scottsdale; 480.840.1861; www.drexylusa.com; \$\$

FAMOUS 48

Newly opened Famous 48 serves a diverse menu of all-American classics with added flair. Items to look for include the fish and chips battered with Four Peaks Kilt Lifter beer and the short rib sandwich melt with provolone, candied jalapenos, and caramelized onions on sourdough. A kids menu is available as well. Open at 11 a.m. daily. 4218 N. Scottsdale Road, Scottsdale; 480.758.4994; www.famous48.com; \$\$

RANCHO PINOT

For 23 years, chef Chrysa Robertson has provided seasonally inspired cooking to the Scottsdale area. The menu is a blend of her northern Italian roots and regional Southwest flavor, such as the ricotta gnocchi with rustic lamb Bolognese and the grilled flatiron steak with chimichurri sauce. Dinner served

Tuesday through Saturday, 5:30 to 9 p.m. 6208 N. Scottsdale Road, Scottsdale; 480.367.8030; www.ranchopinot.com; \$\$\$

WEFT & WARP ART BAR + KITCHEN

Enjoy breakfast, lunch or dinner in a unique, glass-enclosed, living room-style environment with view of Camelback Mountain. Highlights of the menu include sharable small plates and handcrafted cocktails inspired by the Sonoran Desert. At Andaz Scottsdale Resort & Spa, 6114 N. Scottsdale Road, Scottsdale; 480.214.4622; www.scottsdale.andaz.hyatt.com; \$\$\$

ASIAN BEI

Bei is an affordable, neighborhood sushi spot with lunch and happy hour specials. In addition to sushi, Bei serves a variety of Asian cuisine like Japanese entrees, Korean barbecue, ramen and rice bowls. They also have a full bar featuring sake bombers and soju cocktails. Vegetarian friendly. Happy hour is every day from 4:30 to 7 p.m. and from 9 to 11 p.m. 2200 N. Scottsdale Road, Scottsdale; 480.471.6609; www.beisushi.com; \$\$

SUH NOI - THE LITTLE THAIGER

As the little sister of the *Diner, Drive-Ins and Dives*-featured Wild Thaiger in Central Phoenix, Suh Noi shares a similar menu. Fan favorites like the Dragon Eggz dumplings and Mu Yang pork skewers make an appearance on the menu. The Thaiger Ribs are also a must-try with an ice-cold imported Thai beer. Gluten-free and vegetarian friendly. 7150 E. Thomas Road, Scottsdale; 480.941.7210; www.wildthaiger.com; \$\$

SUSHI KO

Japanese native Dai Hayashi previously worked under world-renowned sushi chef Nobu Matsuhisa before opening Sushi Ko in 1995. He has been serving the Valley since with high-quality sushi and traditional Japanese dishes. Group dining is also made entertaining with Japanese tableside cooking, such as sukiyaki and shabu-shabu. 9301 E. Shea Blvd., Scottsdale; 480.860.2960; www.sushikoscottsdale.com; \$\$\$

BREAKFAST

BREAKFAST KITCHEN BAR

Wake up to a redefined idea of breakfast because at Breakfast Kitchen Bar, they have reimaged some rich ways to start the day. The kitchen offers a savory shrimp scampi omelet stuffed with goat cheese and basil

pesto as well as morning sweets like a churro waffle. Salad, burgers and sandwiches are also alternatives to breakfast. Gluten-free and vegetarian menus are available. Open daily for breakfast, lunch and brunch from 7 a.m. to 2:30 p.m. Happy hour/tapas starts at 1:30 p.m. and goes until close. At Scottsdale Quarter, 15147 N. Scottsdale Road, Scottsdale; 480.361.6698; www.breakfastkitchenbar.com; \$\$

LO-LO'S CHICKEN & WAFFLES

What originally started in a small home in south Phoenix has now expanded to three locations across the Valley. Lo-Lo's is famous for their Southern fried chicken and fluffy waffles that have gotten the attention of celebrities and locals alike. Soul food favorites like fried catfish and shrimp and grits are hearty alternatives to the all-day breakfast menu. 3133 N. Scottsdale Road, Scottsdale; 480.945.1920; www.loloschickenandwaffles.com; \$\$

BREWERIES

FOUR PEAKS GRILL & TAP

Four Peaks Brewery has been a local craft beer favorite since its inception in 1994. Their Grill & Tap in North Scottsdale is a satellite pub that offers the same great selection of Four Peaks brews along with a beer-infused tavern menu. The Oatmeal Stout has hints of toffee and coffee which blends perfectly with malted vanilla bean ice cream to create their oatmeal stout shake dessert. At Sonora Village, 15745 N. Hayden Road, Scottsdale; 480.991.1795; www.fourpeaks.com; \$\$

O.H.S.O. BREWERY & DISTILLERY

O.H.S.O. (which stands for Outrageous Homebrewer's Social Outpost) has developed its reputation as a local-centric and dog-friendly social hot spot. It offers several nano-brews as well as cocktails made with vodka, rum and gin from their distillery. Join O.H.S.O. for a weekend beer brunch on Saturday and Sunday from 9 a.m. to 2 p.m. that includes a 10-ounce Arizona beer or mimosa with each entree. Three locations: Arcadia, North Scottsdale and Paradise Valley; www.ohsobrewery.com; \$\$

SCOTTSDALE BEER COMPANY

Scottsdale Beer Company (SBC) combines local craft brews with quality food and genuine hospitality. Head Brewer Brad Williams, an Arizona native and ASU graduate, directs the tap list that includes SBC's own brews as well as a special

Brad's Brewer Handle – a one-batch brew of whatever Brad wants. Head chef Justin Olsen, who hails from highly acclaimed Chef Kevin Binkley's kitchen, crafts the food menu. Every Wednesday is \$3 pint day. 8608 E. Shea Boulevard, Scottsdale; 480.219.1844; www.scottsdalebeercompany.com; \$\$

EUROPEAN CORNISH PASTY CO.

These hearty hand pies called pasties have taken the Valley by storm since Cornwall native Dean Thomas founded the original Tempe Cornish Pasty Co. in 2005. They serve pasties with dozens of filling and flavor combinations like the Tex-Mex inspired spicy asiago chicken and the Oggie, a traditional pasty with steak, potatoes, onions and rutabaga. Pasties can also be ordered partially baked to take home and cook at your leisure. Vegetarian friendly. Open 11 a.m. to midnight daily. 3800 N. Goldwater Blvd., Scottsdale; 480.945.1220; www.cornishpastyco.com; \$\$

LE SANS SOUCI

Le Sans Souci serves outstanding French cuisine in Cave Creek. Guests can choose a coursed dinner with soup, salad, a main course and dessert. Familiar French fare like trout meuniere and coq au vin are a few of the guest favorites. Happy hour Tuesday through Sunday from 3 to 5:30 p.m. Open for lunch, dinner and Sunday brunch. Closed Monday. 7030 E. Bella Vista Drive, Cave Creek; 480.488.2856; www.lesanssoucires-restaurant.com; \$\$\$

VOILA FRENCH BISTRO

At Voila French Bistro, chef Jean-Christophe serves traditional French cuisine with a modern elegance. On the menu, guests will find classic French fare like escargot, sole meuniere and duck foie gras. Succumb to temptation and order any of the timeless French desserts like creme brulee or soufflé. Open for lunch and dinner Tuesday through Saturday. 10135 E. Via Linda, Scottsdale; 480.614.5600; www.voilafrenchbistro.com; \$\$

ITALIAN CRAFT64

Craft64 specializes in artisan wood-fired pizza and housemade mozzarella. Thanks to the owners' collective experience with wine and beer, they carry an extensive wine list as well as 36 craft Arizona beers on tap. Happy hour daily from 4 to 7 p.m. Open from 11 a.m. to 11 p.m. daily. 6922 E. Main St., Scottsdale; 480.946.0542; www.craft64.com; \$\$

EVO

Recipes at this neighborhood eatery reflect the regional dishes of central and northern Italy, including risotto, ragu and carbonara. With a trendy yet comfortable ambience, EVO is perfect for a family supper or a romantic evening out. Daily happy hour from 4 to 7 p.m. Dinner served nightly from 4 p.m. to 1:30 a.m. 4175 N. Goldwater Blvd., Scottsdale; 480.265.9814; www.evoscottsdale.com; \$\$

PICAZZO'S HEALTHY ITALIAN KITCHEN

Picazzo's has long been a staple for those with food sensitivities as they have a near gluten-free, organic kitchen and dairy-free options. Fresh organic salads such as the award-winning Greek is tossed in one of their housemade dressings. Gluten-free items include hearty quinoa bowls and signature pizzas made in a dedicated gluten-free oven. 7325 E. Frank Lloyd Wright Blvd., Scottsdale; 480.990.2212; www.picazzos.com; \$\$

POMO PIZZERIA NAPOLETANA

The Pomo family specializes in authentic Neapolitan pizza baked in their hand-built, wood-fired ovens. Their time-tested recipe is certified by the Verace Pizza Napoletana and Associazione Pizzaiuoli Napoletani organizations, authenticating Pomo's true Italian pizzeria experience. Open daily for lunch and dinner service starting at 11 a.m. Gluten-free and vegan options available. 8977 N. Scottsdale Road, Scottsdale; 480.998.1366; www.pomopizzeria.com; \$\$

LATIN/MEXICAN

BLANCO TACOS + TEQUILA

Blanco serves Mexican dishes and cocktails in a bright, modern setting. Try the street-style carne asada tacos or the award-winning barbecue pork tacos with fresh sweet corn tomato salsa. Happy hour Monday through Friday from 3 to 6 p.m. There's also a DJ every Friday and Saturday night! At The Borgata, 6166 N. Scottsdale Road, Scottsdale; 480.305.6692; www.foxrc.com; \$\$

DIEGO POPS

Diego Pops is a fun, modern Mexican restaurant in Old Town Scottsdale with an ambience as electric as their neon sign. The tacos and burritos are packed with flavor, and the basket of six salsas presented with your order adds to the experience. The Brussels sprouts nachos are a must-try! Great for the gluten-free crowd. Happy hour daily from 3 to 6 p.m. and \$3 tacos all day every Monday. 4338 N. Scottsdale

Road, Scottsdale; 480.970.1007; www.diegopops.com; \$\$

OLD TOWN TORTILLA FACTORY

Built from a 75-year-old adobe home, Old Town Tortilla Factory cooks up fresh tortillas in the heart of Scottsdale's arts district. Their menu offers Southwestern cuisine with Mexican flair. Diners can enjoy one of their many specialty margaritas with the house-favorite red chile pork chop in the expansive garden patio during gorgeous Arizona evenings. Gluten-free and vegetarian options available. 6910 E. Main St., Scottsdale; 480.585.4848; www.oldtowntortillafactory.com; \$\$-\$\$\$

STEAKHOUSE BOURBON & BONES

A modern and upscale steakhouse located in the heart of Old Town Scottsdale, Bourbon & Bones specializes in top-quality, wet- and dry-aged steaks and fresh seafood. And as stated in their name, the bar is stocked with more than 75 high-end bourbons. The interior consists of studded leather and crystal lighting, perfect for an intimate evening. Slow-roasted prime rib is a Sunday and Monday special. Happy hour is in the bar Monday through Friday from 4 to 6 p.m. 4200 N. Scottsdale Road, Scottsdale; 480.629.4922; www.bourbonandbonesaz.com; \$\$\$

MASTRO'S CITY HALL STEAKHOUSE

Located in Scottsdale's epicenter for dining and shopping, Mastro's City Hall serves some of the best in steak and seafood with impeccable service. Notable menu favorites include the lobster cocktail and bone-in filet mignon with a choice from any of their savory sides like garlic mashed potatoes. Complete the dining experience with their infamous dry-ice martini. Open nightly at 5 p.m. 6991 E. Camelback Road, Scottsdale; 480.941.4700; www.mastrosrestaurants.com; \$\$\$\$

TALAVERA

Talavera is a modern spin on the classic steakhouse. Using the freshest ingredients and sourcing from boutique Arizona purveyors, the creative minds in the kitchen put together worldly steak and seafood pairings, seasonally inspired desserts, and inventive side dishes. For a unique taste, try the bacon-wrapped buffalo tenderloin with Oaxacan mole sauce and foie gras. At the Four Seasons Scottsdale, 10600 E. Crescent Moon Drive, Scottsdale; www.talaverarestaurant.com; \$\$\$\$

BENTLEY SCOTTSDALE POLO CHAMPIONSHIPS

The Bentley Scottsdale Polo Championships returned to WestWorld of Scottsdale for its seventh year. Guests reveled in polo tournaments, a fashion show, sneak peeks at the 2018 Scottsdale Arabian Horse Show and 2018 Barrett-Jackson Scottsdale Auction, and plenty of food and fanfare.

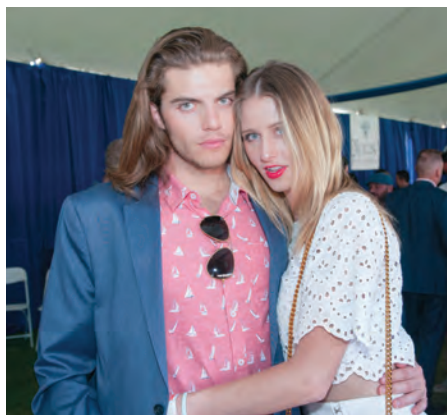
BY **ELIZABETH BARRY**



Veronica Alexander and Kimberly Bell



Jill Jungkeit and Geeny Hanjuko



Matt Kuebler and Holly Miller



Beth Eagan and Lori Anna Harrison



Jodi and Jeff Mastro



Johnathon and Cassandra de Young



Scott Grigg and Adrianna Baun



Rachel and Dodge Earnhardt



Nick Weiss and Jessica Holland



Jaime Cerreta and Cynthia Sassi

65 ROSES & WINE GALA

Held at The Scottsdale Plaza Resort, the 65 Roses & Wine Gala was an elegant evening of wine tasting, fine food, auction items and unique entertainment for an incredible cause: To help find a cure for cystic fibrosis.

BY ELIZABETH BARRY



Dana and Brad Remfrey



Brian and Becky DelGhiaccio



Bridget Ralston and Brian Ripple



Sophia Williams-Odle and Aliston Odle



Shannon Leonard and Carole Griego



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ARTRAGEOUS SCOTTSDALE ARTS GALA

Scottsdale Center for the Performing Arts brought art enthusiasts together for its annual gala benefiting Scottsdale Arts' education and outreach programs. The highlight of the evening was a photography exhibit by world-renowned photographer Ansel Adams paired with a symphonic work in tribute to Adams.

BY **BEVERLY SHUMWAY**



Councilman Guy and Cora Phillips



Debra Scott and Micheline Etkin



Kim Curry-Evans and Stan Boganey



Tish Brubeck and Adrienne Schiffner



Amy and Tony Bolazina



Debbie Bernstein and Tran Tran-Appell



Jim Thompson and Natalie Marsh



Rebecca and Anthony Salcito



Ann and Bill Barker



Julie Sasse and Linda Ballinger



Patti and Larry Deckard



Michael and Kathy Wills



Chris and Julie Henderson



Mira Stirrers and Nicole Curtin



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SO SCOTTSDALE!

PHOENIX KNUCKLEBALL

Athletes and celebrities joined Phoenicians at the Montelucia for a fun-filled philanthropic night in support of the Joe Niekro Foundation and neurological awareness. The black-tie affair was emceed by former NFL player Norris Thomas, and guests enjoyed a cocktail reception, dinner and special programming.

BY **ELIZABETH BARRY**



Alec and Sophia Merriman



Todd and Kristin James



Crystal Vasquez and Norris Thomas



Celeste Dickman and Verna Zabramski



Tara and Brian Norton



McKenzie Head and Christian Klein



Rhea Plamer and Patrick Hunter



Majid Jaber, Adina Weis and Michael Shupp



Kathy and Trey Miller



Lisa Barrick and Greg Norman

BARRETT-JACKSON 2018 KICKOFF PARTY

Held at Hangar One, this exclusive preview event celebrated Barrett-Jackson's 47th Annual Scottsdale Auction. Guests enjoyed wine, cocktails and signature tasting dishes from local chefs. Barrett-Jackson also showcased a special preview of collector cars heading to the 2018 Scottsdale auction. The event benefited TGen Cancer Research, and guests played casino games to raise money for this great cause.

PHOTOS COURTESY OF **BARRETT-JACKSON**



CeeLo Green, Shani James, Taylor and Greg Maldonado



Michael and Cassandra Ravenhill



Craig Jackson and Michael Bassoff

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MISSION 31: POSSIBLE

Arizona Cardinals' running back David Johnson hosted his first annual Mission 31: Possible, An Evening with David Johnson at Mountain Shadows. Guests mingled with Johnson and his Cardinals teammates as they indulged in an evening featuring a cocktail reception, cuisine and a live auction, with all proceeds benefiting Mission 31 Foundation.

BY BEVERLY SHUMWAY



Jaron and Ashley Brown



D.J. Foster and Ciera Liguori



David and Meghan Johnson



Troy and Chloe Niklas



Mary Turner and Diva Stevens



Dwight Barber and Stephanie Pierce



Brinsley Wachlin and Kerwynn Williams



James and Dr. Gwen Grimsby



Debbie and Bob Witte



Bob and Page Karber



Mike and Dawn Kennedy



Chandler Jones and Sahar Samad



Michael Bidwill and Kimberly Suciu



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A photograph of a very muscular man in black athletic shorts carrying a woman on his shoulders. The woman is wearing a black top and has her arms around his neck. Both are smiling.

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RUSS LYON SOTHEBY'S ANNUAL HOLIDAY PARTY

Russ Lyon Sotheby's International Realty hosted its annual holiday party and also celebrated its 70th anniversary at their newest corporate office in North Scottsdale. The soiree included wine tastings and food vendors.

BY **ELIZABETH BARRY**



Jim and Robin Lyon



Jane Blacker and Patty Sapp



Mary Kamel and Tony Babu



Connie Swenson and Kevin Gonzales



Laura Lucky and Sean Wohland



Saydi Kelly and Derek Zieder



Mary Beth Cline and Ciara Cline

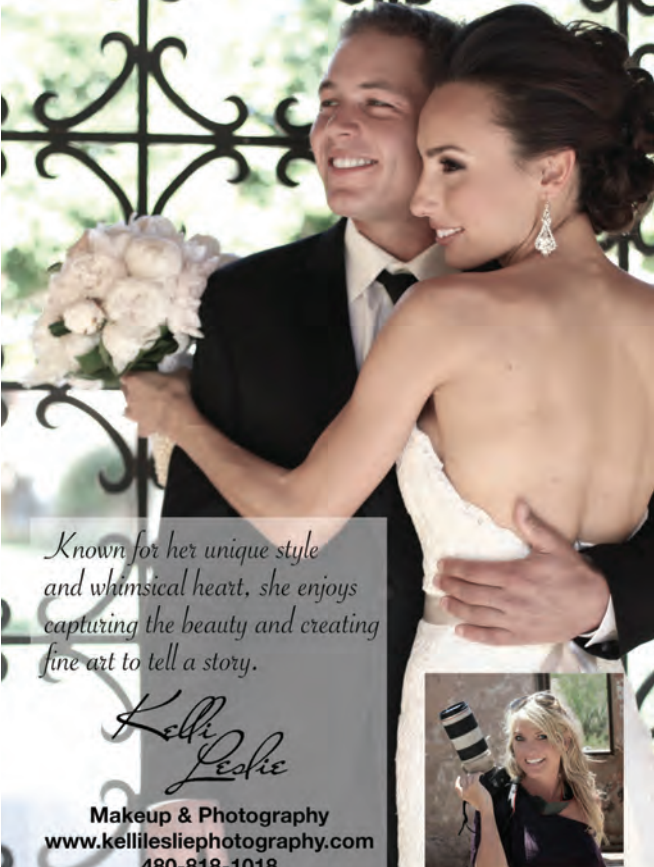


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PRETTY AT PROSE

Pamper yourself at Scottsdale's newest nail boutique

BY **CHELSEA YOUNG** / PHOTOS COURTESY OF **PROSE**



PROSE nail boutique is in the business of nourishing, renewing and inspiring their customers through the simple, yet powerful, art of tending to the hands and feet. The locally based boutique is opening at Shea Scottsdale Center this month, and it opened its doors at Uptown Plaza last month.

After frequenting nail salons with his family, founder Dave Crisalli felt that the overall experience could be more thoughtful and healthier, and he set out to offer a new kind of nail-pampering place.

"People love getting manicures and pedicures; they just haven't totally loved the experience," Crisalli says. "We have innovated and transformed every element of the traditional nail salon into an inspired boutique experience where our PROSE Artists expertly deliver our premium manicures and pedicures."

One noticeable difference is PROSE's simplicity. "We have simplified the very complex menus that have existed in salons for decades. The result is a simple product menu of two premium services: a manicure or pedicure," says Crisalli, noting that these luxury services are tailored for different clientele, including women, men and children.

Along with this elegant simplicity, PROSE has prioritized health by using medical-grade sterilization machines. The boutique also sources high-quality, healthy-for-you products from around the globe including nourishing lotions from London, soaks from Germany, and a variety of 7-free polishes (meaning the polishes are nontoxic and free from seven typical nail polish chemicals).

The space itself is sleek and sophisticated, with a welcoming interior of neutral tones, wood accents and plush oversized pedicure seating. Emphasizing a personalized experience, the boutique soothes more than hands and feet – included with each visit are complimentary beverages of premium purified water, crisp sparkling water, and a healthy citrus botanical blended especially for PROSE.

At the heart of it all, though, are PROSE's Artists and Curators. The Artists, known as nail technicians elsewhere, are expertly trained to deliver top-level care and beauty, while the Curators help personalize each visit, working together to deliver an unparalleled experience.

"I have always appreciated the wonderful people who perform this important work, so I set out to design and create an inspiring space for these Artists to be more valued," Crisalli says. "I listened and learned from countless customers and employees, and PROSE is the embodiment of that journey."

First-time guests can receive a premium manicure and pedicure for \$50. Plus, the pampering hot spot offers a monthly membership with discounted perks for \$105 per month and a mobile app for easy booking, check-in and check-out (though walk-ins are also welcome).

For guests' convenience, PROSE is open late – from 9 a.m. until 9 p.m. Monday through Saturday and from 9 a.m. to 6 p.m. on Sunday.

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